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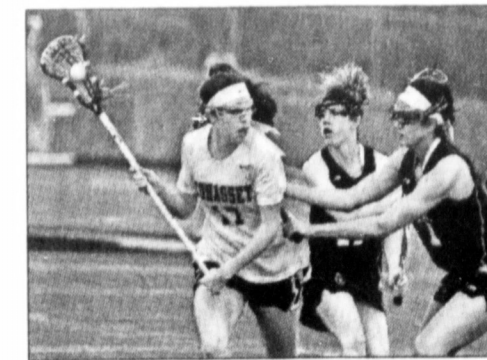
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SPORTS
GIRLS LACROSSE
PAGE B1

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COHASSET MARINER

Friday, April 14, 2017

Cohasset.WickedLocal.com

Vol. 39, No. 17 ■ \$2

WHAT'S INSIDE

GOVERNMENT

Lining up for renewed Harbor Committee

PHOTOS, A4



By Amanda C. Thompson
athompson@wickedlocal.com

The up-and-coming Harbor Committee may be the coolest committee in town, at least if the 15 applications received by selectmen are any indicator. There are only three seats available for

citizens-at-large. The rest of the board will be populated by representatives from related groups and committees including the Recreation Commission, the Yacht and Sailing Clubs, the harbor master, and commercial fishermen.

Selectmen Diane Kennedy and Jack Kenley, who

comprise the subcommittee that's fielding applications, have their work cut out for them. Both said they would rather not bring all 15 candidates in to be interviewed at a televised meeting, feeling that it would put applicants in an uncomfortable position to have the board

deliberate on their merits on local cable TV. Kenley and Kennedy said they would prefer to whittle down the applicant pool and bring a six-person shortlist before the rest of the board by mid-May, after the excitement of Town Meeting and local elections have died down.

Appointments will be made at the selectmen's meeting on May 16. After that, the Harbor Committee will have to get straight to work. Cohasset was awarded an \$80,000 grant to conduct a Harbor Planning Study from the

SEE HARBOR, A13

PANTRY PALOOZA

MEET BINGO, A8



MEET BINGO

READING, B4



ALL ABOARD

OPINION, A10

Business case against high stakes testing

COMING IN PRINT

NEWS: More on Town Meeting articles

WICKED LOCAL.com

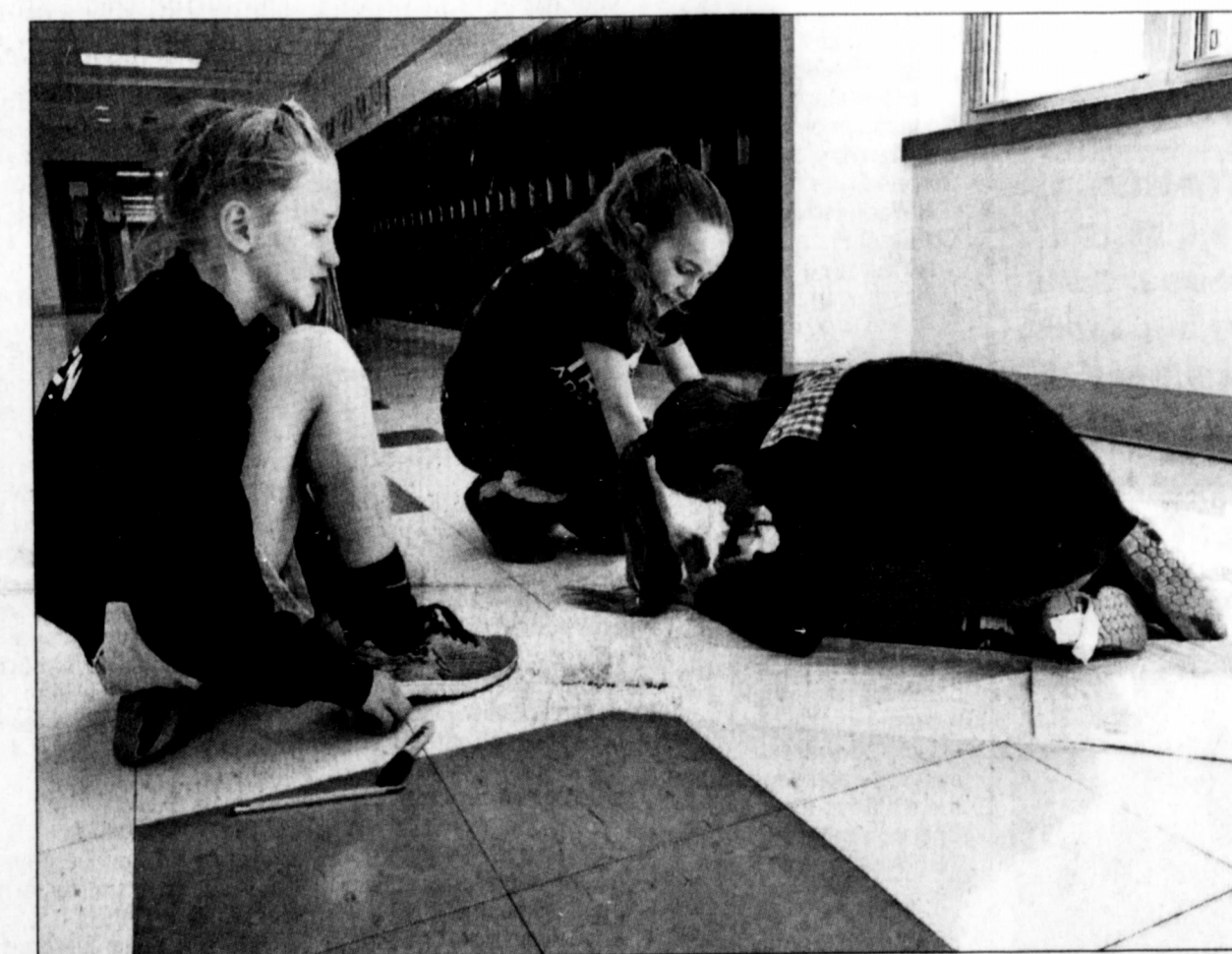
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DEER HILL



Reese Hansen, Sadie Coffey and Sophie Grudinskas work together to plot the lines and angles of a triangular path for their Sphero to follow. [WICKED LOCAL STAFF PHOTO / AMANDA C. THOMPSON]

Robotics lessons roll along with Sphero

By Amanda C. Thompson
athompson@wickedlocal.com

Half a dozen yellow sheets line the entry hallway of Deer Hill School. Suzi Corkum's fourth-grade students

swarm around them, marking out the lines and angles of triangles. In a few minutes, each team will take a small robotic ball from the cart and program it to follow the path they've drawn out.

The robots, called "Spheros," were provided through a grant

from the Cohasset Education Foundation (CEF). Corkum asked for them last year, and they've been a huge hit so far. Her students are having so much fun that it doesn't even feel like learning. Children

SEE SPHERO, A13

LOCAL AUTHOR

Strong sisterhood stars in 'Fill the Sky'

By Amanda C. Thompson
athompson@wickedlocal.com

For most of her life, Kathy Sherbrooke wanted to be a writer, but she didn't think she had anything to say. Then, five years ago, a trip to Ecuador changed her mind and her path.

"It struck me as a great setting," said Sherbrooke. "I

the story progresses, the friends learn that, cancer or no, they all need healing in their own ways. "It's less about cancer than anything else," said Sherbrooke. "That's just the inciting incident. What it's really about are the unexpected personal journeys that they all end up taking, the things they end up

learning. They're all equally in need of healing." Each of the characters is in her middle years, struggling with the issues faced by women everywhere: the realities of having kids, or the challenges of having career, health, or marital issues.

SEE AUTHOR, A13



Local author Kathy Sherbrooke and her book collection [COURTESY PHOTO]

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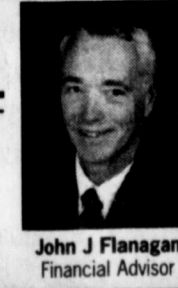
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PICTURE THIS

Danielle Picot

Name: Danielle Picot.

Best movie: "Forest Gump."

Occupation: High school senior, Hingham Rec employee, soon to be summer camp counselor.

Best TV show: "Friends" and "The Office."

Best day of your life: My birthday last year, where I got to spend it in Tennessee with my ASP family and group.

Favorite song: "Blackbird," by the Beatles.

Best vacation: Laguna Beach, California last summer with my friend Cora.

Pet peeve: People who are inconsiderate and people who chew loudly.

Favorite season: Summer!

Person you'd most like to meet: I've always wanted to go back in time and go to a Michael Jackson concert (if that counts).

Favorite holiday: Halloween.

Favorite snack: Pretzel crisps.

Best book: "The Great Gatsby."

Biggest worry: The environment in the future.

Senior Scene

Poetry Workshop focuses on Robert Frost

All events take place at Willcutt Commons, 91 Sohler Street, unless noted. Call for reservations: 781-383-9112.

WEEKLY LUNCHES: Lunches are served at noon Tuesdays, Wednesdays, and Thursdays. Reservations are required no less than 24 hours in advance.

NEW PROGRAM: QI GONG, TUESDAYS, 4:30-5:15. Qi Gong is an ancient method for cultivating and moving energy through the body. The practice is said help practitioners to maintain health, heal their bodies, calm their minds, and reconnect with their spirit.

FINANCIAL FOUNDATION PRESENTATION, TUESDAY, APRIL 18, 4:30 p.m. Featuring Investment Advisor Representative Kelly Shanahan. Data says we are living longer. Are you prepared? Whether you're just starting to think about retirement or are in the middle of it, there are choices, trade-offs and opportunity costs. Have your questions answered. This is a free program, but RSVP is required. Refreshments served.

WELCOME SPRING WITH THE COMMUNITY GARDEN CLUB OF COHASSET, THURSDAY, APRIL 20, 1:30 p.m. Make a beautiful planting to enjoy at home. \$3. RSVP required.

BOSTON SYMPHONY ORCHESTRA OPEN REHEARSAL, THURSDAY, APRIL 20, 8:30 a.m. This trip is in collaboration with Hingham Council on Aging. Listen to the sounds of Mozart. \$20 covers transportation. Open Rehearsal tickets to be purchased on your own at the box office. Pickup is at South Shore Country Club.

LUNCH-N-LEARN WITH ROBIN PUTNAM OF THE OFFICE OF CONSUMER AFFAIRS, THURSDAY, APRIL 20, 12 p.m. Robin will present a talk about credit card skimming devices. She will cover tips on how to spot skimming devices found at gas stations and ATMs. \$3. Lunch reservations required at least 24 hours in advance.

POETRY WORKSHOP WITH STEPHEN COLLINS, TUESDAYS, APRIL 25 - MAY 30 1:30 to 2:30 p.m. This interactive seminar will focus on the works of Robert Frost, a poet who doesn't fit easily into any preconceived category. This workshop will include the study of some of his better known poems and others that receive less attention. Registration required. \$60 advance payment for the 6-week session, or \$13 per drop in class.

YOGA & ACUPUNCTURE: AN IMMUNE BOOSTING COMBINATION, WEDNESDAY, APRIL 26, 9 to 10:15 a.m. Learn about the therapeutic effects of yoga and acupuncture. Instructors Amy Di Lillo, registered yoga therapist and Carolyn Moody, Doctor of Acupuncture and Oriental medicine will discuss the immune-boosting qualities and benefits of yoga and acupuncture combined. Evidence-based research shows acupuncture can be a clinically effective approach for many age related health problems. Participants may receive acupuncture treatment if interested. \$45. Limited seating. RSVP early.



The Mariner caught up with Danielle Picot this week. Danielle is a member of the National Honor Society and volunteered at the Pantry Palooza last Saturday. For more about the Palooza see Connor Curran's Life at CHS column on A6 and photos on A4. If you see Danielle around town, be sure to tell her you saw her in Picture This! [WICKED LOCAL PHOTO BY MARY FORD]

LUNCH AT HARBORVIEW, NURSING AND REHAB, WEDNESDAY, APRIL 26, 12 p.m. Delicious lunch and entertainment. Enjoy a fun day out. Reservations required.

Regularly Scheduled Activities

COHASSET CAFÉ: Mondays, 9 to 11 a.m. Drop in for coffee, conversation and fresh baked treats provided by The Friends of Cohasset Elder Affairs. \$3.

FRENCH CONVERSATION: Mondays, 10 a.m. Looking to improve your French? Informal gatherings for those less-than-expert. Drop in.

ZUMBA GOLD: Fridays, 10 to 11 a.m. Ditch the work out! Join the party! Zumba Gold workout incorporates dance/fitness routines set to Latin and international rhythms but is performed at a lower intensity than regular Zumba. Great for cardio, range of motion and balance. Drop in. \$5.

YOGA CLASSES: Gentle Yoga: Tuesdays at 9:30 a.m. Instructor, Amy DiLillo. Drop in \$5. Mary's Yoga: Tuesdays at 4:30 p.m. Instructor, Mary Ernst.

Chair Yoga: Wednesdays, 1 p.m. Instructor, Amy DiLillo. Drop in \$5. Qi Gong: Tuesdays, 4:30-5:15 p.m.

VETERAN'S SERVICES HOURS: Tuesdays, Wednesdays and Thursdays, 9:00 am - Noon.

BRIDGE: Wednesdays, 1 to 4 p.m. Bring your own foursome.

STRETCH AND BALANCE CONDITIONING: Mondays 2:30 p.m. 3:30 Low impact class focusing on balance and flexibility.

STRENGTH AND CONDITIONING CLASS

THURSDAYS, 10:30 to 11:30 a.m. Follow the instruction of an exercise therapist to improve upper and lower body strength, endurance, and flexibility. \$5 per class.

BOOK CLUB: Second Friday of the month, 10 a.m.

HEARING CLINIC: Second Friday of the month, 10 a.m. to 12 p.m., by appt.

KNITTING: Drop in. Fridays from 11 to 12:30 p.m. Learners welcome.

TRANSPORTATION: Door-to-door van service space permitting, first come first served, to the following: (Out of town trips, \$5 Round Trip).

MEDICAL APPOINTMENTS: within a 15-mile radius of Cohasset by appointment.

FISH: Medical rides to out of town appointments in volunteers' cars. Not wheelchair accessible.

AROUND TOWN: Route 3A, Mondays, 1 to 3 p.m.

SHAWES: Tuesdays: 1:00 p.m.

COHASSET TRAIN STATION: Wednesdays: 9:04 am inbound. 3:08 return.

AROUND TOWN: (Downtown Cohasset), Thursdays: 9:30 am-10:30 am.

STOP AND SHOP: Fridays: 9:30 am.

WALMART/HANOVER MALL: 2nd Wednesday of the month at 9:30 am.

TRADER JOES/MARSHALLS: 2nd Friday of the month: 9:30 am.

DERBY STREET SHOPS: 3rd Friday of the month: 9:30 am.

CHRISTMAS TREE SHOP: 4th Friday of the month: 9:30 am.

POLICE BEAT

Norwell man facing charges in hit and run crash

By Mary Ford
mford@wickedlocal.com

Hit & run

A Jerusalem Road resident who was working in his garage around 7:53 a.m. on Sunday (April 9), heard a crash and saw a blue Jeep Grand Cherokee reverse direction and travel at a high rate of speed back toward Black Rock Beach.

Police said the Jeep struck a Comcast cable box, a wall and sign before going up onto the lawn near 377 Jerusalem Road.

There were pieces of blue Jeep left at the scene. The witness provided the plate number that was traced to a 23-year-old Norwell man, who was uncooperative when contacted by police.

His Jeep was later located by Hull police on Gunrock Avenue; the parts at the accident scene matched that Jeep.

The Norwell man is being summonsed to Quincy District Court on the charges of leaving the scene of an accident after causing property damage; negligent operation, failure to drive in marked lanes and speeding, police said.

Police said the man claimed to have blown a tire that caused him to veer off the roadway.

ID theft

A 63-year-old Cohasset man went to the police station last week to report that his credit card bill was going to an address in Colorado. He needed to file a police report for the bank and credit bureau. No money was taken, police said.

ID theft

A 47-year-old Cohasset woman reported to police last week that

someone had fraudulently opened an Amazon store credit card in her name and charged \$4771. She had never opened such an account and needed a police report documenting the incident.

ID theft

A 57-year-old Cohasset man reported to police last week that someone had fraudulently filed income taxes in his name, using his social security number. He had not filed his taxes yet. He was given an identity theft packet and advised to contact the IRS directly.

MV crash

There was a rear-end crash on King Street (Route 3A) in front of Avalon last Wednesday around 6:48 a.m. A 2017 Volvo, operated by a 51-year-old Cohasset man, who was headed north

had stopped for a school bus that had its red lights flashing when hit from behind by a 2016 Audi, driven by a 45-year-old Scituate woman.

The Audi was towed; there were no injuries but the Scituate woman was cited for following too closely on a state highway, police said.

Craig's List

A 17-year-old girl and her mother went to the police last week to report a scam. They had advertised wicker furniture for sale on Craig's List and heard from a potential buyer.

The buyer agreed to the \$600 price but sent a check for \$2,000 asking them to deposit it, and send him the difference. They recognized this as a scam and reported it to police.

Warrant

An officer on patrol recognized a gray Chevrolet, which he had stopped before and ran the plate while traveling on Chief Justice Cushing Highway near Pond Street around 5:23 p.m. on Friday (April 7).

The computer showed the registered owner had a warrant out of Quincy District Court for the Cohasset police for operating an uninsured motor vehicle and operating with suspended registration.

The officer pulled the car over and arrested Katelyn M. Spedden, 26, of 817 Country Way, Scituate, on the warrant.

Deer put down

A severely injured deer had to be put down by police on Sunday (April 9) around 1:12 a.m. Police had to block Forest Avenue in both directions while the deer was destroyed and moved to the side of the road. The town contracts with a removal service through the Board of Health which came and took the carcass.

MVA

There was a two-car accident near Starbuck's on Chief Justice Cushing Highway on Saturday (April 8) around 3:43 p.m. Police said a 1996 Saturn, driven by a 26-year-old Marshfield woman, was

SCHOOLS

Teacher issue handled with students in mind

By Amanda C. Thompson
athompson@wickedlocal.com

As reported in last week's police log, a male teacher at Cohasset Middle-High School was released to custody of his wife after coming to work intoxicated.

The superintendent and principal called in the report after observing

classic signs of intoxication, including glassy eyes, slurred speech, and odor of alcohol. The School Resource Officer stood by while the administration handled the situation.

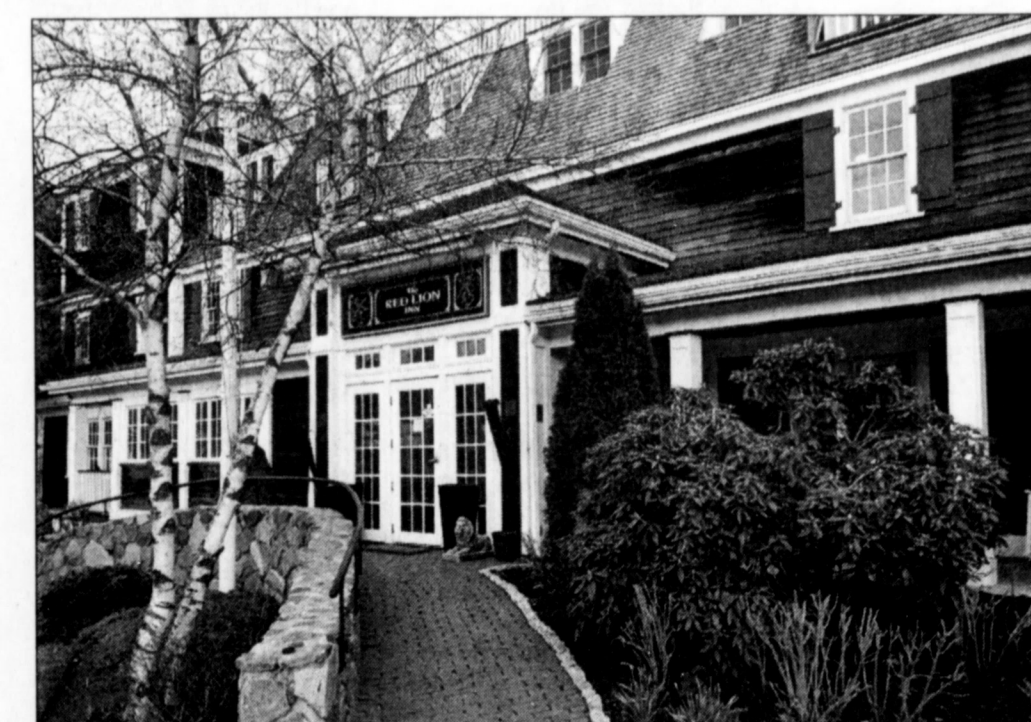
Police did not offer further comments. "It's a school issue," said Chief Bill Quigley. "The School Resource Officer assisted the school

administration with a personnel matter."

Superintendent Louise Demas said she's not at liberty to discuss personnel issues.

"It has been addressed," said Demas, adding that the incident had been handled with the same attitude applied to all personnel matters: "What is good for the children."

UPDATE



Management has been in flux at the Red Lion Inn for several months. [WICKED LOCAL STAFF PHOTO]

New Red Lion manager application submitted

By Amanda C. Thompson
athompson@wickedlocal.com

Red Lion Inn management has been in flux since the fall, but the establishment now seems to be moving toward a resolution.

Town Manager Chris Senior reported Tuesday night, April 11 that a complete application packet had been received from Joanne Nardo, and police had completed the standard background check. After Town Counsel has a chance

palpable across the board. Selectmen said they were "very concerned," and Chairman Kevin McCarthy said the board needed to revisit how it's responding to these issues; taking this long to resolve it is "not acceptable."

General Manager Heinrich Lutjens was out on an extended leave of absence starting in October. Then, on Feb. 28, the Inn's lawyer reported that the acting manager approved by selectmen and background-checked by police had left town due to a death in the family and was not planning to return.

The frustration was

to review the application, selectmen will review it at their April 25 meeting.

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BRIEFLY

Assessors to conduct property inspections

In accordance with Department of Revenue guidelines, the Assessors are required to re-inspect all properties at least once every nine years. The Cohasset Board of Assessors' Office will be performing the necessary

inspections throughout town as they prepare for Fiscal Year 2018 recertification by the Department of Revenue. The Assessors will be able to produce proper identification. The Assessors will inspect the property and

verify the data on the property record card is up to date and accurate. The entire inspection will take just a few minutes.

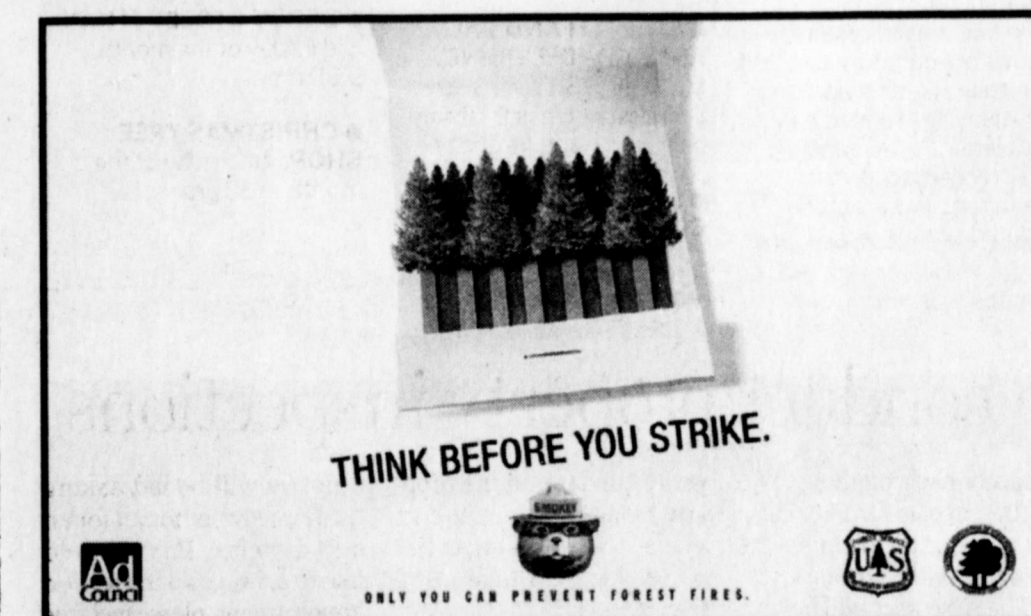
If the homeowner or a person over 18 years of age is not at home on the first call,

a notice will be left asking the homeowner to call for an appointment. If you would like to arrange an inspection appointment, please feel free to contact our office at (781) 383-4114 X124.

South Shore Tide Chart
COHASSET HARBOR (WHITE HEAD)

		HIGH			LOW			SUNRISE	SUNSET
		AM	HGT.	PM	HGT.	PM	HGT.		
Thursday	13	1:18	9.5	1:45	9.0	7:25	-0.1	7:39	0.6
Friday	14	1:55	9.4	2:24	8.7	8:05	0.1	8:18	0.8
Saturday	15	2:33	9.2	3:06	8.4	8:46	0.3	9:00	1.1
Sunday	16	3:15	8.9	3:50	8.2	9:30	0.6	9:44	1.4
Monday	17	3:59	8.7	4:37	7.9	10:15	0.8	10:31	1.6
Tuesday	18	4:47	8.5	5:28	7.8	11:05	1.1	11:22	1.8
Wednesday	19	5:39	8.4	6:21	7.8	11:58	1.2		
Thursday	20	6:35	8.4	7:16	7.9	12:17	1.8	12:53	1.1

Please be aware that all tide charts are really just predictions and assume average weather conditions. Usually, onshore winds or low barometric pressure will produce higher tides than predicted and vice-versa.

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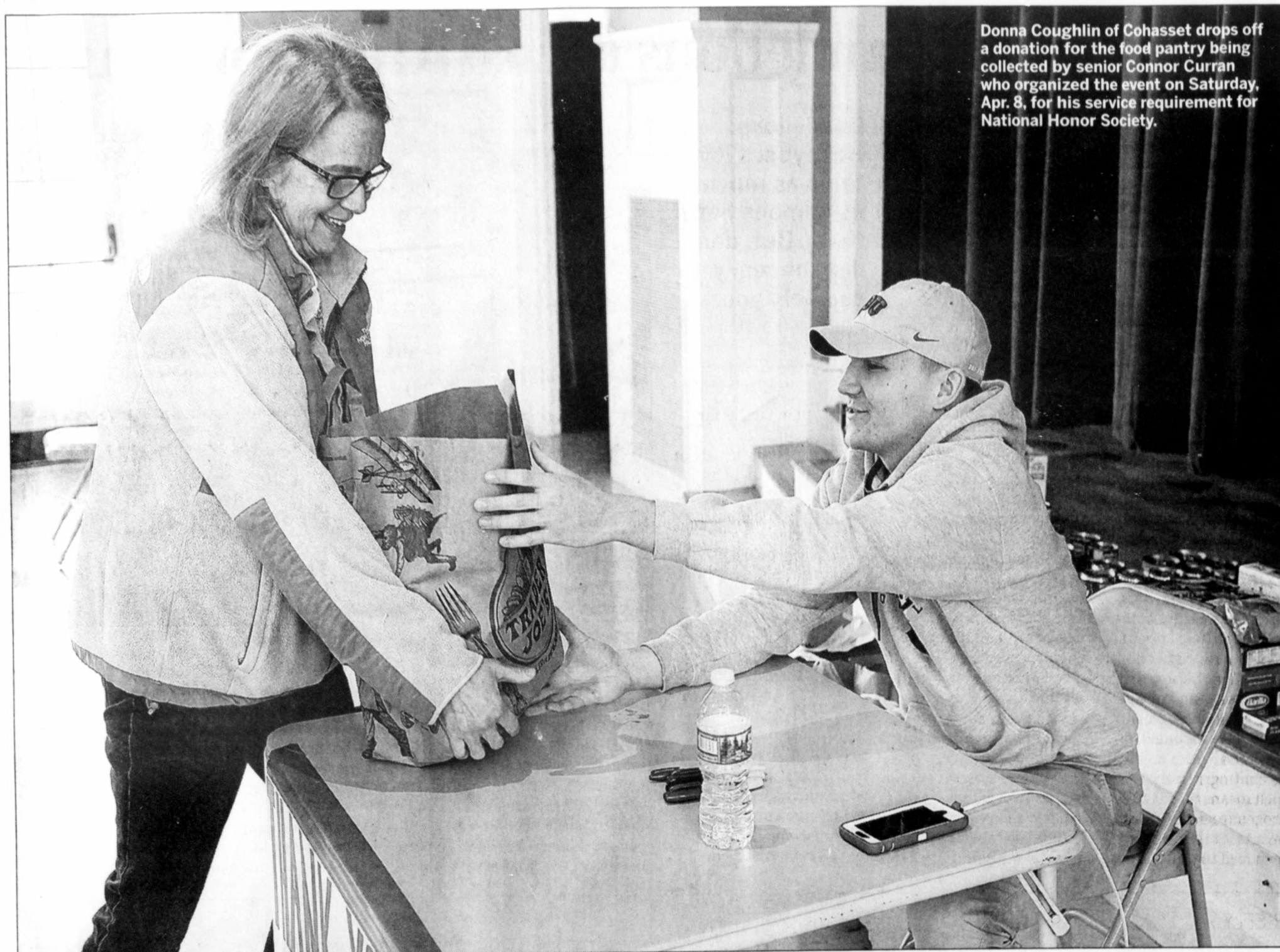
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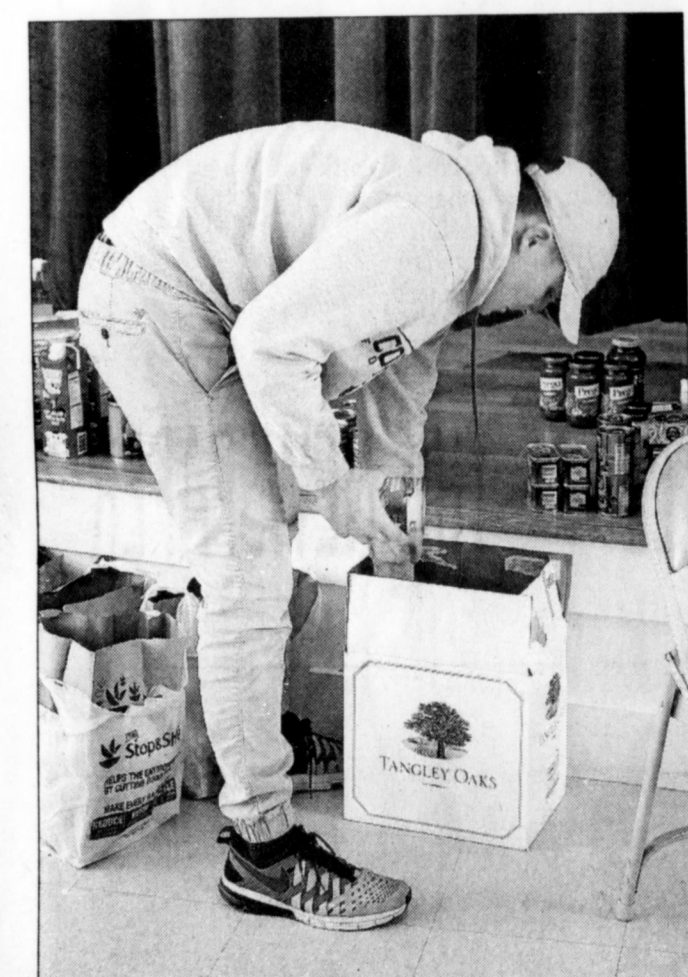
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"I'm a customer, you should be, too!"
- Dan Rea



Donna Coughlin of Cohasset drops off a donation for the food pantry being collected by senior Connor Curran who organized the event on Saturday, Apr. 8, for his service requirement for National Honor Society.



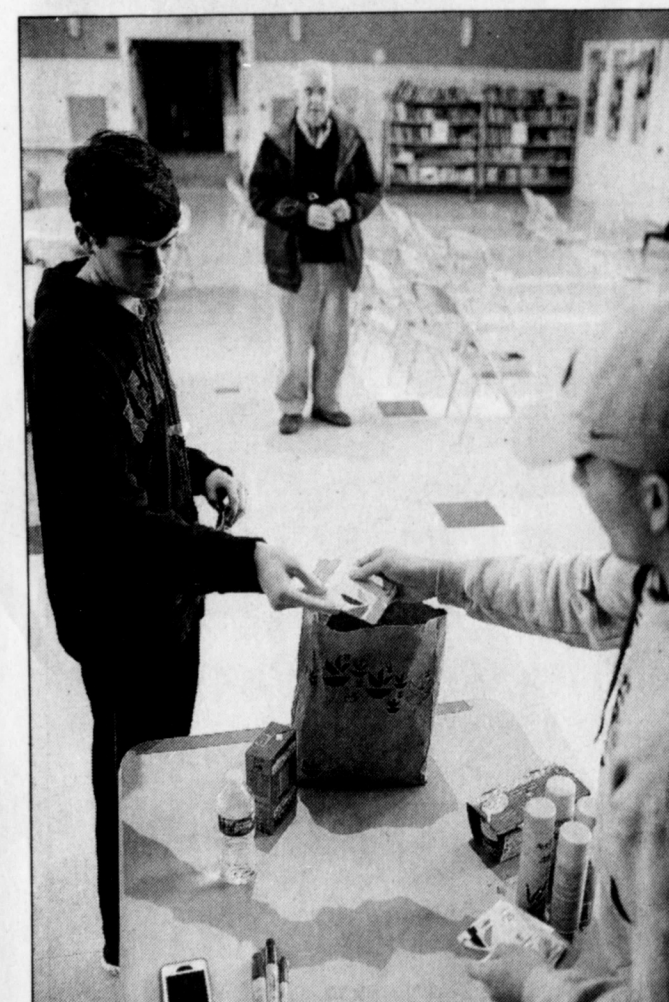
Senior Connor Curran starts packing empty boxes with donated items for the food pantry.

PANTRY PALOOZA Food Drive

Staff photos by Robin Chan



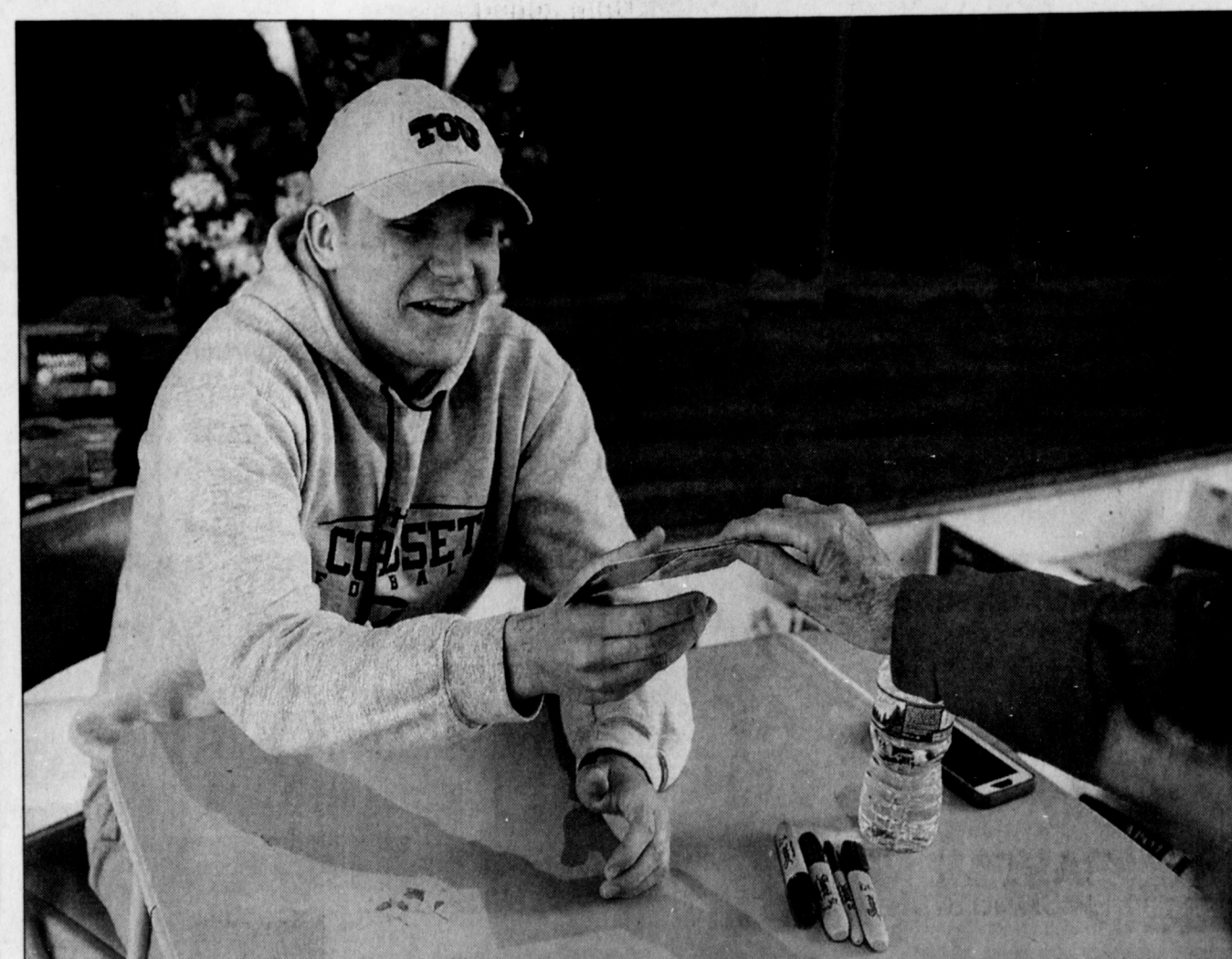
Senior Madeline Littlejohn and Danielle Picot look for the expiration dates on the donated canned goods and mark them so it would be easier for the volunteers of the food pantry to read while helping Connor out at Pantry Palooza.



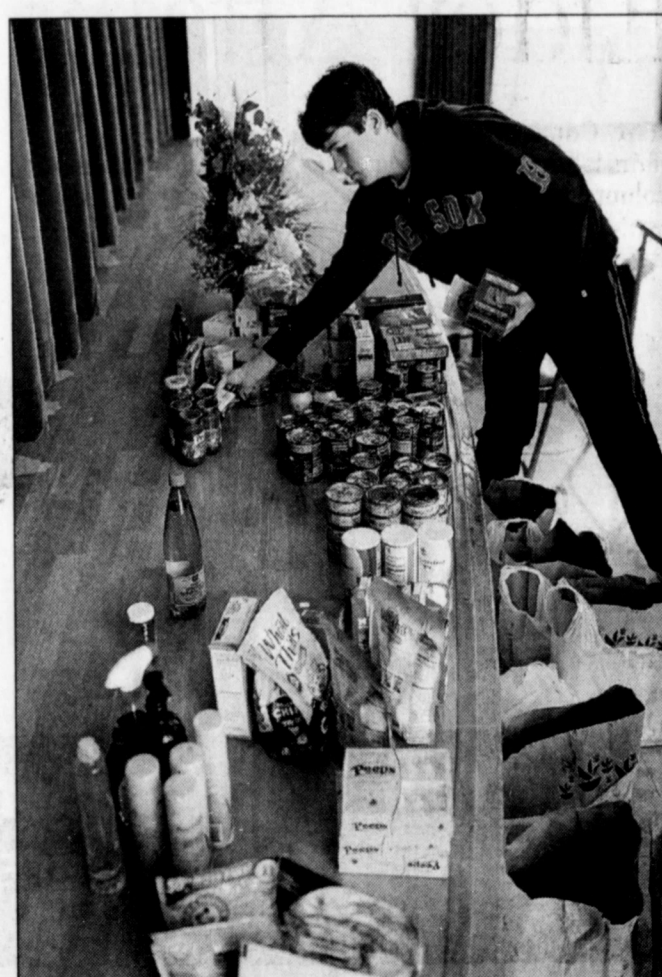
Sophomore Andrew McSheffrey donates gift cards to the food pantry before helping out Connor Curran at the Pantry Palooza. Andrew and Connor are both Mariner columnists. Andrew writes the Pantry Corner and Connor writes Life at CHS.



Household items like laundry detergent, cleaning supplies, and shampoo are some of the more important items that need to be donated to the food pantry because most people think of donating food.



Senior Connor Curran receives a gift card donation from his grandmother while collecting money and items for the food pantry.



Sophomore Andrew McSheffrey organizes the donated items after it was dropped off at St. Anthony's Parish Hall while helping out at Pantry Palooza on Saturday.



Seniors Madeline Littlejohn and Danielle Picot help make signs to post outside St. Anthony's so more people know about Pantry Palooza.

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WILD COHASSET

Good weeds: Dandelions are good for your yard

Ralph Waldo Emerson said, "a weed is a plant whose virtue hasn't been discovered." I realize that trying to get hard-core grass lovers to embrace weeds is a hard sell, but before you yank that weed, please consider the following ways that "uninvited guests" can keep your garden beautiful and your environment healthy. (And even if I don't convince you, please consider attacking an offensive weed by dousing it with boiling water from a narrow teapot spout instead of spraying it with Round Up, which has been linked to cancer and is very toxic to wildlife).

■ **Clover:** It feeds bees, and you've heard that they need all the help they can get right now, right? But you might not know that clover is so good at helping fertilize the soil that it used to be included in commercial grass mixes. It is a nitrogen fixer, which means that it pulls nitrogen from the air and converts it to substances which feed the soil. Clover

attracts earthworms, which provide beneficial little tunnels of air and moisture around your plants' roots. It retains more moisture than it uses, acting like green mulch. And finally, rabbits love clover, so they will often nibble on it instead of on your more prized plants.

■ **Dandelions:** Honeybees love them as much as humans hate them. But, dandelions really can help your lawn. First, their roots given off grass-enriching minerals and nitrogen into the soil. Then, as these long roots break up hard soil deep into the ground, they allow easier access to those nutrients to all the other plants around them. Dandelions also repel army-worm caterpillars



LISEY GOOD

Dandelions: Honeybees love them as much as humans hate them. But, dandelions really can help your lawn.

(now found in Massachusetts, and in fact, as far north as Quebec) a pest that will devour just about everything green in its path. To limit them from completely taking over, now often to keep them from going to seed.

■ **Mugwort:** Don't know if you have this in your yard? Trust me, you do. This plant is like an environmental clean-up crew, absorbing heavy metals that have found their way into your lawn via automobile exhaust, polluted air, road runoff or pesticide use. Mugwort repels leaf-eating moths from your garden, replenishes soil that is lacking nutrients, and is great to prevent



Mugwort cleans the soil and has attractive pink flowers. [COURTESY PHOTO]

erosion on steep slopes.

These plants prove that a 'weed' is actually just a value judgement. However, there is one plant that I absolutely do recommend rooting out:

■ **Garlic Mustard:** Garlic Mustard harms our native plants and is such a threat to Cohasset's wild spaces

that we're dedicating one day this spring to trying to combat it. For more information about the May 7th event, which will station volunteer weeders for 1-2 hour shifts at sites like Holly Hill Farm, Wheelwright Park and in our own village center, please go to WildCohasset.org.

—Lisey Good is a Cohasset resident and one of the founders of Wild Cohasset, an environmental group of volunteers dedicated to keeping the wild spaces of Cohasset beautiful and healthy, with a major focus on rooting out non-native plants.

BRIEFLY

Elder Affairs associate member sought

The Council of Elder Affairs is currently offering a volunteer opportunity to a member of our community as an associate member of

the Board of Directors. This person will fully participate in the growth and development of the CEA's mission, programs, and future for

seniors here in Cohasset. The candidate will bring fresh ideas, focused energy, and a sense of humor to our group. Some experience in

media and communications is desirable but not required.

Applications can be obtained on line (www.cohassetma.org, click Forms and Permits, click Cohasset Committee application). They must be submitted by May 15th to the Selectmen's

office at Town Hall.

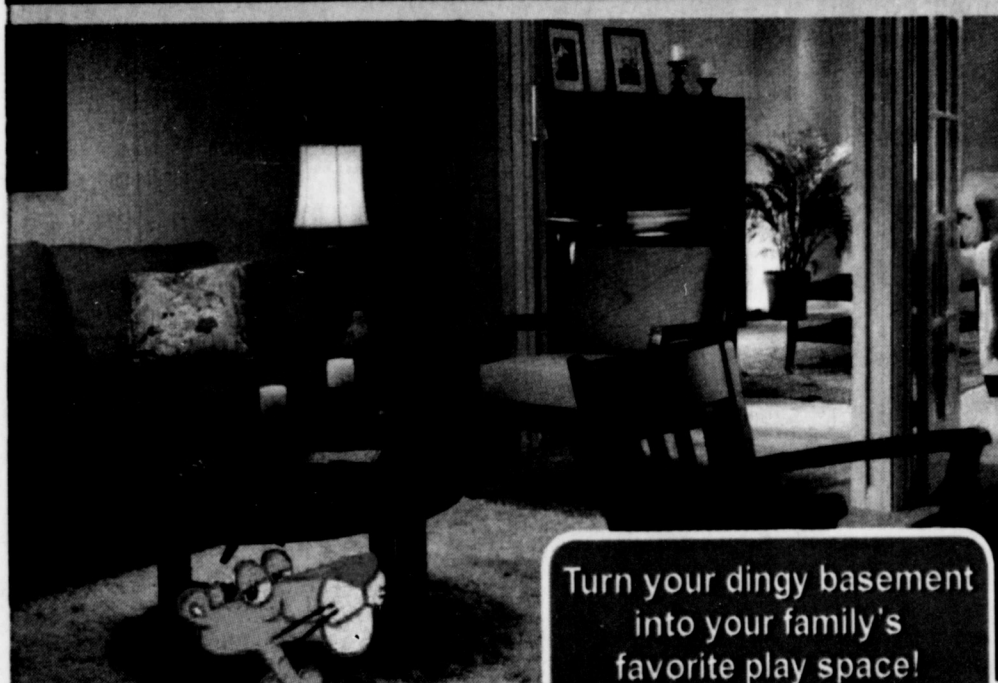
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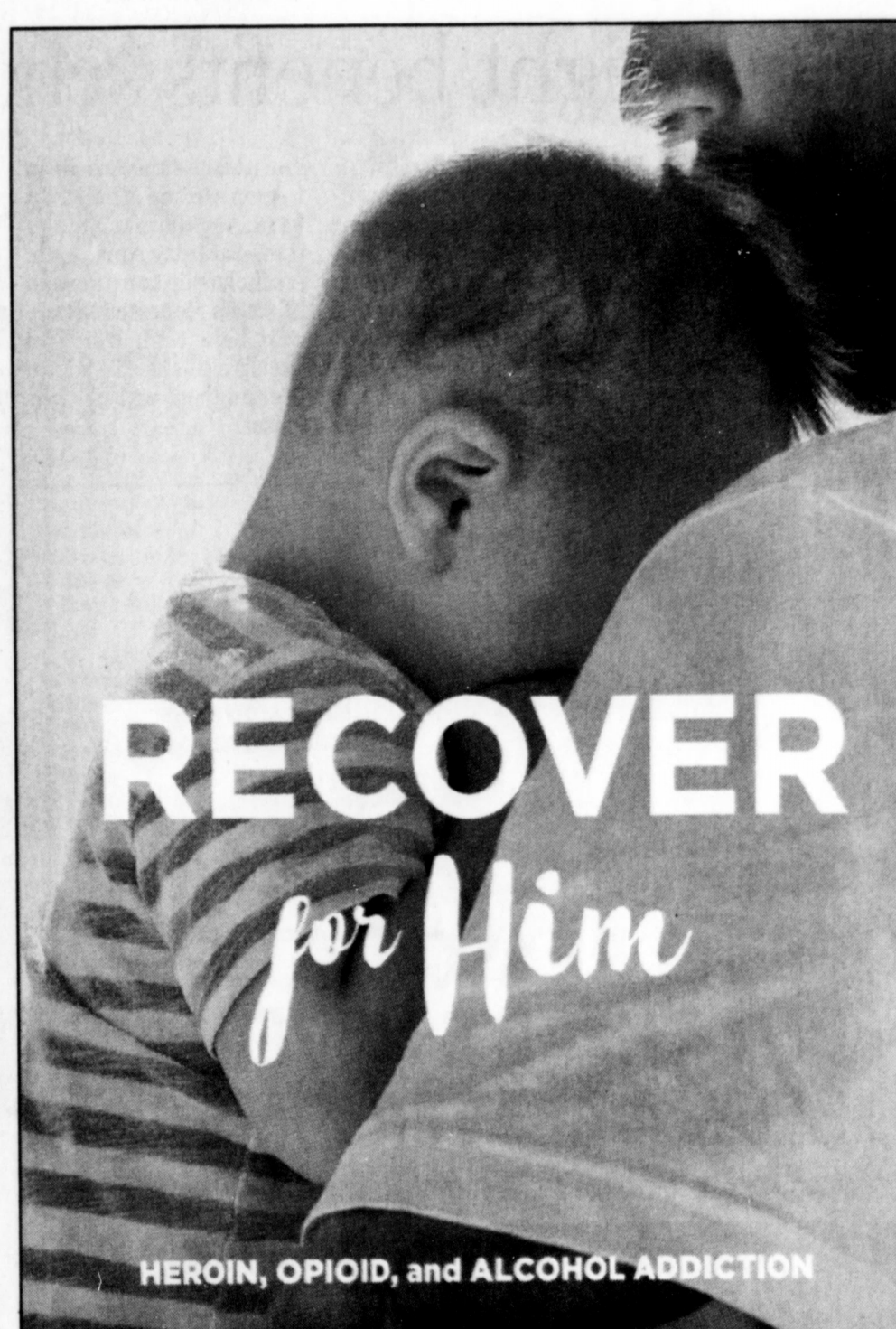
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AROUND TOWN

Quests, honor rolls, art and baseball

Happy Easter

Hi there Cohasset, I would like to wish you all a Happy and joyous Easter weekend in whatever way you and your families choose to celebrate. The weather is slowly starting to cooperate, flowers are blooming and although it looks a bit cooler in the future than the past few days, as long as the sun peeks out, life will be OK.

We are also heading into a school vacation for most of the schools on the South Shore if not all and it begins with not only Easter on Sunday but on Monday, we have the Boston Marathon taking place, bringing a huge release of feelings for many reasons. Good luck to all who are running, working, cheering and behind the scenes! Be safe and enjoy the day!

Quests at Holly Hill

Houray, the New South



JENNIFER PIEPENBRINK

Shore Quests are here and one of the Quests is Hiking Holly Hill Farm! The Quest season begins April 15th and runs through November 15th. Questing is an educational treasure hunt and a series of clues to find a hidden box where you sign the guest book, leave your comments and an imprint of your personal stamp (if you have one).

South Shore Quests are a great way to enjoy nature by turning a walk into a treasure hunt. Get your exercise while exploring wildlife and plants, learn a bit of geology and/or history in the bargain!

Allow one hour to complete the Holly Hill Farm Quest through the farmyards and trails of surrounding woods. Quest books cost \$5 and maps of the farm for \$3 are available for purchase in the Friends of Holly Hill Farm Office at 236 Jerusalem Road. Boots are suggested and you can call 781-383-6565 with questions. A full list of other quest locations can be found on: southshore-quests.org.

Favorites 2017

Deer Hill School will be hosting its annual Gala Art Opening, Thursday, April 27 at 7 p.m. This Art Show entitled, "Favorites 2017", represents the artwork of all Deer Hill students. Each student has chosen his/her favorite artwork of the year to be included in this exhibit. There will be refreshments and music. All are invited to attend. Admission is free. In addition to this year's

annual Art Show, Deer Hill will be celebrating the grand unveiling of a very special permanent clay installation created by Deer Hill fifth grade students. This should be a very exciting night! For additional information on this event please contact: Deer Hill School, Ann Berman, Art Teacher at (781) 383-6115.

Baseball

Hey there...a spring Tune-up Camp is heading this way on an upcoming half-day for kids in Grades 1-6 on May 10th from 2:30 to 4 p.m. This extremely popular baseball program has limited space so to reserve your spot, email Rosemary Kierce at rekiere@yahoo.com with your child's name and age. Each child needs a labeled glove and registration will start at the Barnes Field at 2 p.m. The cost is \$35 and is run by the Cohasset High School Baseball Team with all funds

going to support the team. Great day for an all-American sport!

Archies honors

Hats off to the following Cohasset students on making the honor roll at Archbishop Williams High School for the third term.

Fiona Mensching, grade 9, made the Principal's List, meaning she had all grades of 90 and above. Making First Honors (all grades of 85 and above) are: **Lindsay Steljes**, grade 12, and **Paige Roche**, grade 12. Making Second Honors (all grades of 80 and above) are: **Kaylee Walsh**, grade 11, and **Timothy Chase**, grade 12.

NDA honors

Congratulations to the following Cohasset residents who were named to the second-term honor roll at Notre Dame Academy:

President's list: Madison Ahern, Ashley Antico, Megan Bowen, Clara Carlyle, Morgan Galvin, Samantha Hughes and Camerin Rawson.

Principal's list: Emma Cifirno, Caroline Cooper, Lily Dandrow, Elizabeth Griffin, Ava Lee and Anne Pyne.

Honor roll: Leah Cook, Elizabeth Desjourdy, Elizabeth Donahue, Elizabeth Faherty, Mary Griffin, Emma Montefusco, Lillian Patos, Katherine Pyne and Katherine Welsh.

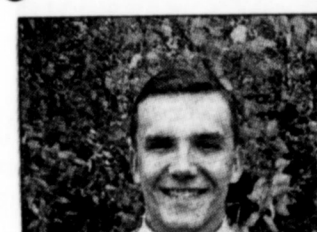
— *That is all Cohasset! Happy Easter, enjoy the vacation week and for all going through a hard or difficult time right now, please know my thoughts are with you. Send in any news you may have by Tuesdays at 5 pm for the upcoming weeks copy.* EMAIL: aroundtowncohasset@yahoo.com

LIFE AT CHS

Pantry Palooza was a huge success!

Finally it truly feels like springtime in New England! With CHS students racing their cars out of the student parking lot to grab a prime spot at the beach, it seems as though the weather will continue this way until summer, give or take a few showers and cold spells.

Seniors recently broken out the outdoor seating in the courtyard in which we can utilize during lunch and break. Permitted by the warm weather, only a certain amount of tables exist



CONNOR CURRAN

outside the walls of CHS and so there is a daily senior frenzy to get seats before they fill up. This is just one of the few things from which seniors benefit within our finite existence at Cohasset High and the mere days

left on every senior's mental countdown to freedom.

I am pleased to report that Pantry Palooza this past Saturday was an incredible success. With the help of the generous and always reliable citizens of Cohasset, we were able to collect massive amounts of food filling 22 wine case boxes of canned goods and desperately needed supplies.

I'd like to point out that I collected those boxes at Curtis Liquors since they are free to take, not because my family hasn't been to the

dump in a while. These boxes were filled to the brim and the Cohasset Food Pantry is now stocked with a variety of goods from which many in need will benefit.

I would like to specially thank Danielle Picot, Madeline Littlejohn, and Andrew McSheffrey for volunteering their Saturday morning to help collect and organize donated goods. Also a huge thank you again to Father Muehll for letting us use the Parish Center.

To all of my readers of this column that made the

effort to donate last weekend, the Cohasset Food Pantry and Cohasset community are truly grateful. There are many more people I would like to thank that had critical roles in the success of Pantry Palooza but then I would be over my word count for the column so I must continue.

Lastly, Boy's Lacrosse had an impressive showing Monday night playing Catholic Memorial at the Skipper Dome. CM broke away with a 7-1 lead over our boys in blue, but the Skippers slowly clawed their way back to win

an exciting 14-13 final score. This game not only sets the tone for the rest of the season but also establishes Cohasset as ranked 13th in the state. Keep up the good work men.

With that, the end of the week has finally arrived and our hard working, selfless CHS scholars can have a much-deserved week off as spring break begins April 14th.

— *Connor Curran is a senior at Cohasset High and a regular columnist.*

DON'T MISS THIS

Trivia night benefits scholarship

As it has for the past many years, the Cohasset Democratic Town Committee will again award the Joseph F. Walsh III Memorial Scholarship to a deserving student. Please join them and show your smarts for a Cohasset graduating senior at our

scholarship fundraiser. This scholarship is available to a Cohasset student attending any school, private or public. This evening of fun and conviviality will be led by trivia maven and Cohasset resident, Charlotte Reel as quiz master. Create your own team or

join a team at the American Legion, George Mealy Post #118, 98 Summer St. at 7 p.m., Saturday April 29th. A scholarship contribution of \$20 is requested. There will be a cash bar and snacks available. To add to the fun there will be door prizes!

Tickets can be purchased at the door or call John Chapman at 781-383-1565, or Peter Pescatore 781-383-2660. Please come for what has been a fun and entertaining evening with a chance to make some new acquaintances.

DON'T MISS THIS

Social Service League scholarship

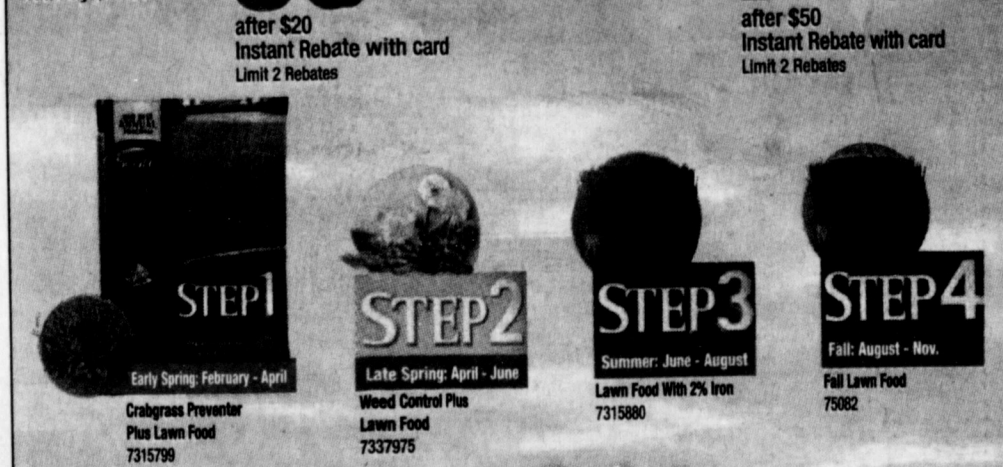
The Social Service League of Cohasset is offering a \$1000 scholarship to any Cohasset senior interested in pursuing a career in community service. The disciplines include, but are not limited to, social work, psychology, community organization, medicine, nursing, etc.

Please contact either Elinore Barrett, ekb424@aol.com or Tana Carlson, Tcarlson1@aol.com and an application will be sent to you. This award is need blind and applications must be submitted no later than May 1.

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COHASSET WEDDING



Skylar Clark Ralston and Jayro Antonio Mendieta Gutierrez were married in March. (COURTESY PHOTO)

Ralston — Mendieta

Mr. and Mrs. Robert Ralston announce the marriage of their daughter, Skylar Clark Ralston, to Jayro Antonio Mendieta Gutierrez, son of Lia Gutierrez and Jose Mendieta of Panama City, Panama.

Skylar Ralston attended Cohasset schools and graduated from Tabor Academy in 2002. She graduated from Northeastern University in 2008 with an

International Business degree, major in Marketing and minor in Spanish. She now works as the International Sales Manager for the Trump International Hotel & Tower Panama.

Jayro Mendieta graduated from Latina University Panama in 2004 with a degree in IT Engineering. He continued his education with a Masters in Business Administration from

Lindenwood University in Missouri in 2007. He works in Panama for BAC Credomatic Bank as the Head of the IT Project Management Office.

Skylar and Jayro were married in a beautiful beach-side wedding in Panama on March 11, 2017.

SAVE THE DATES

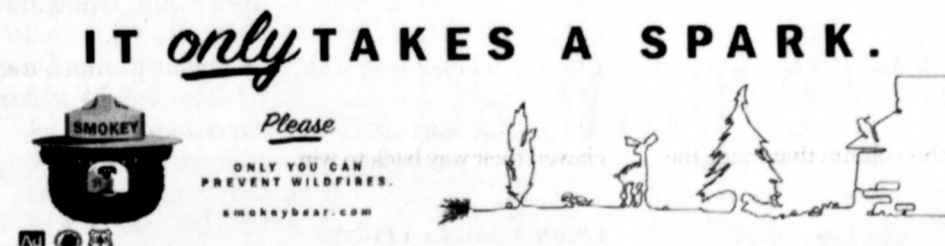
History in Bloom coming to Cohasset

On May 5th and 6th the Community Garden Club of Cohasset and the Cohasset Historical Society will present "History in Bloom" at the Historical Society's headquarters at 106 South Main St. Similar to "Art in Bloom"

at the MFA, floral arrangements will reflect artifacts chosen from the Historical Society's collection. Members of the Community Garden Club will strive to mimic the shapes, colors and textures that each of the 15 objects present, closely adhering to

the principles of floral design. The resulting floral arrangements will mirror the artists' conceptions of the historical pieces.

The community is invited to view the exhibit from 10 a.m. to 2 p.m. on Friday and Saturday.



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BRIEFLY

Committee asks: Is open space important?

Cohasset's newly convened Open Space and Recreation Committee has a question for town residents: what matters to you regarding open space and recreational facilities in your town?

The question will be posed this spring via an on-line survey to town residents. Indeed, the information gathering is just one of the tasks that the new committee plans to undertake in order to revise the town's soon-to-expire Open Space Plan, last updated in 2010.

Open Space plans are tools that forward-thinking communities use to protect undeveloped space for crucial wildlife habitat, and to plan and actively steward neighborhood parks and recreation areas. The plans also enable towns to compete for land acquisition grants and other environmental funding.

The Commonwealth of Massachusetts actively encourages such plans on its Mass.gov website, arguing that without planning, "the appearance of a community, the lifestyle of the residents, and the natural resources can be dramatically altered in a short period of time."

The site goes on to say that Massachusetts' development boom of



Ingram Park off Norman Todd Lane is a large parcel of open space. (COURTESY PHOTO)

recent decades resulted in a dramatic increase in small town populations that strained infrastructure and local resources, degrading the quality of life that attracted residents to those communities in the first place.

The new Open Space Committee members met recently with Beals and

Thomas, the South-Shore based civil engineering firm hired by the town to update its existing Open Space plan. The Committee, chaired by Peter Pescatore, will be looking for input from town residents with a survey to be circulated later this spring.

STOP THE TEXTS. STOP THE WRECKS.



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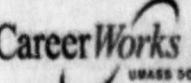
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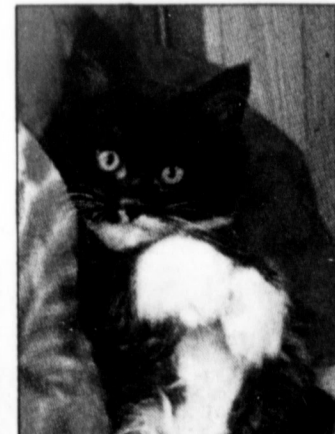
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Bingo is an adorable little furball! (COURTESY PHOTOS)



Roberta is a sweet, young mother looking for a home, with her son, Bingo.

Dynamic duo full of purr-sonality!

By Jamie Baranow

Roberta and Bingo are a mother and son duo who is looking for their forever home. They will be spayed, neutered, up to date on shots and ready to go. Roberta is a one-and-a-half-year-old shorthaired tabby with grey and beige fur, a white chest, and striking green eyes. She has just finished weaning her kitten, Bingo and they are currently soaking up love in a foster home while waiting for their forever home.

Roberta comes right up to you and gives you chirps and purrs. She is playful and confident and you will love her when you meet her. This adorable, loving pair was abandoned leaving Roberta to fend for herself and little Bingo.

Bingo is an 8-week-old longhaired tuxedo cat with a wonderful temperament and personality. He is playful and curious and

he loves playing, napping, and snuggling. This little fluff-ball will win you over the second you meet him.

This dynamic duo is looking to find their forever home together and will be the perfect addition to any home. Could yours be the forever home that they are desperately waiting for? You can learn more about Roberta, Bingo, and our other adoptable cats by visiting us online at www.hsar.org. If you are interested in this pair, call 781-534-4902.

Hull Seaside Animal Rescue is a no-kill cat shelter that relies solely on donations, grants, and fundraising. We have cool t-shirts and hats for sale, participate in Amazon Smile, accept donations on hsar.org, by mail or at open hours, and gladly accept returnable can and bottle donations. Check out our website for details on how you can help.

Shout-out

Also, a huge shout-out to Tyler Casey and Paula Young, who go above and beyond for the shelter and its furry residents. Their hard work and dedication makes a world of difference. They take care of, and donate their time and supplies to keep our shelter blooming and thriving. Tyler planted and maintains the flowers at HSAR while Paula is constantly spending time with each and every cat. To these ladies and to all of our supporters; THANK YOU!

—Jamie Baranow is a volunteer with Hull Seaside Animal Rescue.

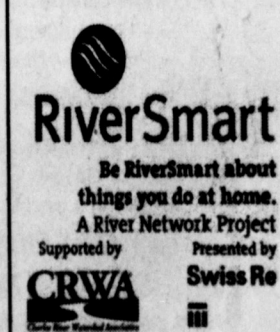


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LOCAL GEM

'Restart' program helps overall health

By Amanda C. Thompson
athompson@wickedlocal.com

You may have started spring cleaning in your house or yard, but what about in your body? Starting April 25, Hingham resident Sara Gordon will leading a five-week "Restart" program at Gigi's Crafty Place to help locals kick off a healthy summer.

For many, this time of year is about getting that "bikini body" ready, and Restart can help with that, but weight loss isn't the focus, said Gordon. It's about practicing moderation, beginning with a sugar detox, and learning how to be holistically healthy, not just skinny.

"It's a lot of work to stay healthy," said Gordon. "The way society is structured is working against you in a lot of ways. You have to be your own advocate."

During the first three weeks, members of the class



Sara Gordon is certified as a nutritional therapy practitioner and is one of 430 certified Restart instructors worldwide. (COURTESY PHOTO BY ALISSA COLE PHOTOGRAPHY)

will cut out sugar – both artificial and natural – as they learn how digestion works from head to stomach, including the importance of resting and eating in a peaceful state. They'll learn about blood

"It's sustainable because you can apply and adapt it. My hope is that they feel so great doing it these five weeks that they want to do it forever."

Sara Gordon

sugar regulation and how the body's inability to process the amount of sugar in the American diet can lead to diabetes. After detoxing, said Gordon, a little sugar starts to go a long way. A few bites of dessert will be more than enough, and a Granny Smith apple, known for its tart flavor, will taste much more sweet.

As the group starts to reintroduce natural and unprocessed sugars in weeks four and five, they'll learn about fats and carbs. Did you know that some fats are

good for you? Gordon compared fats to logs on a fire. Sure, you can keep throwing kindling (carbs) into the flames, but you'll get a better, longer-lasting burn if you add something more substantial, and that's fats.

Restart is a lifestyle approach, not a diet. There are no pills, shakes, or meal replacements. According to Gordon, that's why it works in the long run.

"It's all just about real food," said Gordon. "It's sustainable because you can apply and adapt it. My hope is that they feel so great doing it these five weeks that they want to do it forever."

Gordon is a nutritional therapy practitioner – a prerequisite for leading a Restart class. There are 430 certified Restart instructors worldwide (mostly in the U.S.), all of them professionally certified. Restart was created by a former colleague of Gordon's. Gordon was always

interested in food, but she didn't pursue nutrition as a career until 2012, when she went back to school and completed her certification through the Nutritional Therapy Association.

After that, she lived in Pennsylvania for a few years, which gave her an up-close view of where her food was coming from and how it was getting to her plate. She joined a local co-op to learn more.

Shortly after moving to Hingham, Gordon found out she had Lyme disease and spent a long time recovering from that. She's also been learning to navigate her young daughter's food sensitivities. But, eventually, Gordon felt ready to get back out there.

That's when she launched her website, GreenKangarooWellness.com, and got into Restart. She offers other wellness services including pantry purging, meal

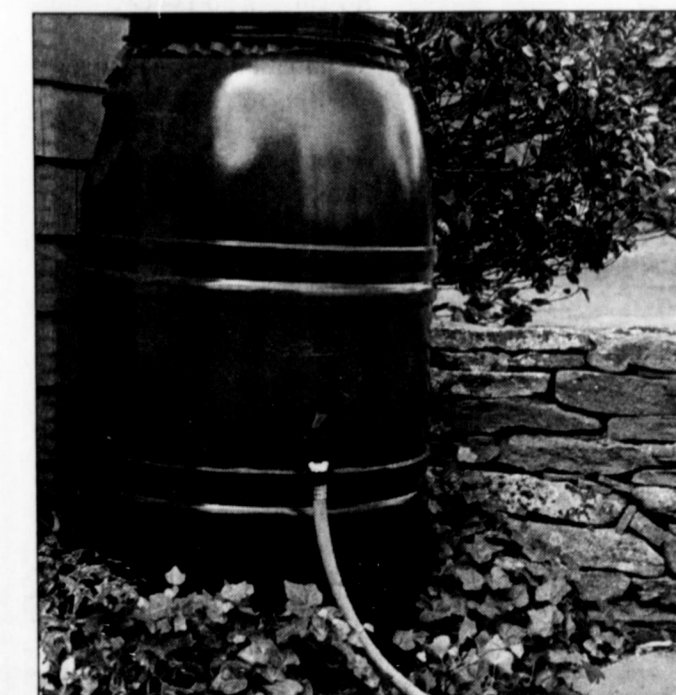
planning, environmental care, and options for cleaning and skincare.

Learn more or register for the five-week Restart program at GreenKangarooWellness.com. \$250 gets you five sessions, hosted out of Gigi's Crafty Place on Tuesdays between Easter and Memorial Day; printed materials and a recipe cookbook; and a lifelong virtual support group on Facebook where members of the class can continue to cheer each other on through their wellness journeys.

The class will be capped at 10 students, but don't worry if you miss out this time – Gordon hopes to offer plenty more. She'll be running a concurrent program on Wednesdays at Lido Juice in Hingham.

—Follow Amanda on Twitter for updates: @MarinerAmandaT

5 THINGS TO DO THIS WEEK



Aquarion Water Company is offering recycled rain barrels at a discounted rate to North Cohasset residents. (COURTESY PHOTO)

1 ORDER RAIN BARRELS: To help save and conserve water, Aquarion Water Company is offering recycled rain barrels at a discounted rate to North Cohasset residents, who may place an order for rain barrels through April 29 at 5 p.m. and may pick the barrels up on May 6, at 10 a.m. at Aquarion Water Company, 900 Main St. To take advantage of this special rate visit: aquarion.com/MA and click on the 2016 Rain Barrel Promotion on the lower left hand corner of the page, or call 800-251-2352 by April 29. The rain barrels are available in three colors: Forest Green, Earth Brown or Nantucket Gray and cost \$75.

2 APRIL VACATION WEEK – SPRING FARM FUN: From 9 a.m. to noon April 18-20, Holly Hill will soak up the sights and sounds of all that is awakening on the Farm. They will visit the animals, sow seeds, explore the woods and even make compost. You will have a chance to participate in the beginning of a new growing season on the organic farm. The event is for ages 6-10. Cost: \$40 per day for members, \$52 per day for nonmembers. For all three days, \$120 for members, \$156 for nonmembers. Register by calling the farm at 781-383-6565 or emailing Jon Belber: jbelberhollyhill@hotmail.com.

3 COPING TECHNIQUES: noon April 18 at Bridges by Epoch, 1 Sgt. William B. Terry Drive, Hingham. Discover helpful tips for developing coping techniques for difficulties

met when caring for a loved one with memory loss. This presentation will be led by Alicia Seaver, certified memory impairment specialist and director of memory care at Bridges by Epoch. Participants can bring their loved one to enjoy a meal during the presentation. For information or to RSVP: 781-749-7114.

4 TRIVIA NIGHT TICKETS: This evening of fun will be led by trivia maven, Charlotte Reel, as quiz master. Create your own team or join a team at the American Legion, George Mealy Post #118, 98 Summer St. at 7 p.m., Saturday April 29th. A scholarship contribution of \$20 is requested for the Joseph F. Walsh III Memorial Scholarship for a deserving graduating senior. There will be a cash bar and snacks. To add to the fun there will be door prizes! Tickets can be purchased at the door or call John Chapman at 781-383-1565, or Peter Pescatore 781-383-2660.

5 GOOD FRIDAY WALK: April 14th, walkers will have the option of walking anywhere from 2.5 miles to 15 miles through Hingham and primarily Wompatuck State Park. The 45 previous routes covered 20 miles. Walkers will start from the Plymouth River School off High Street in Hingham beginning at 7:20 a.m. until 9:20 a.m. Sponsor forms may be obtained by contacting Doherty at Sharing, Inc.: 781-843-1676. More information is available via the Walk website: WalkingOnGoodFriday.org.

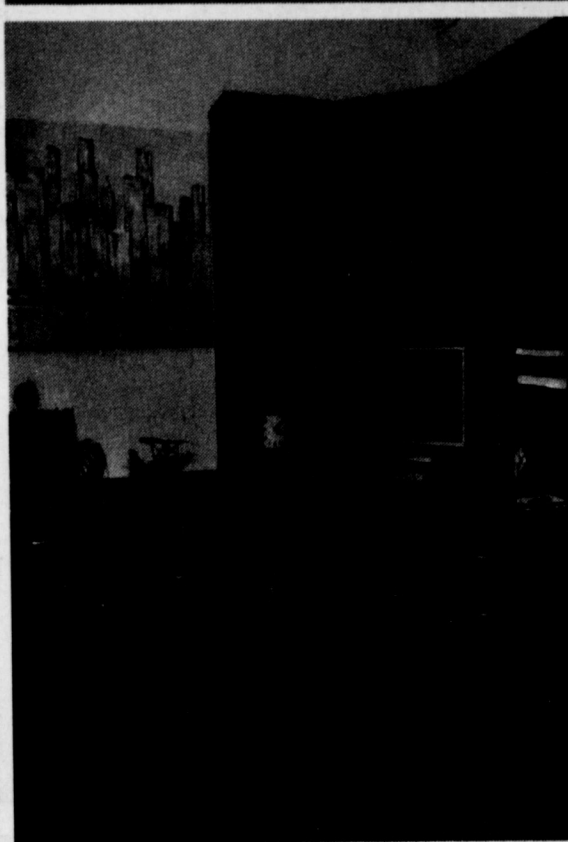
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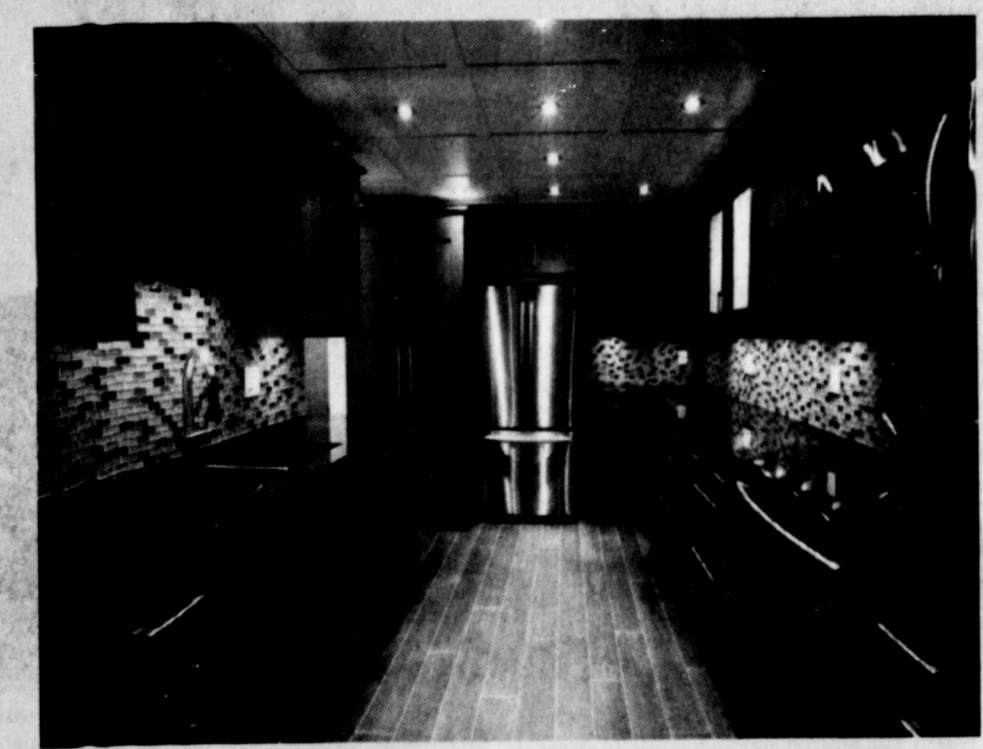
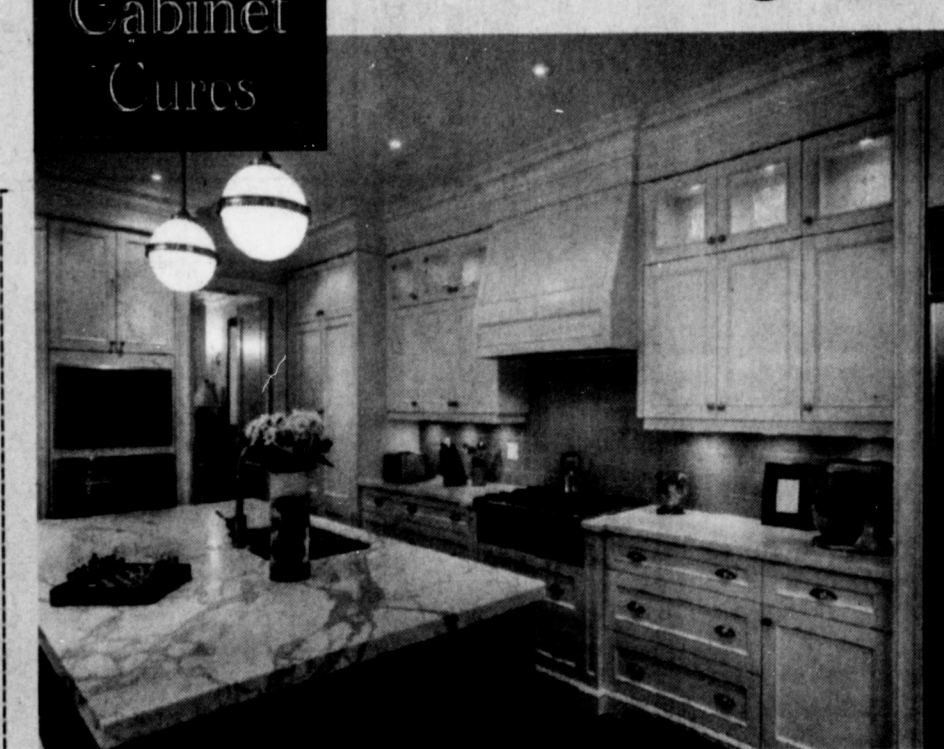
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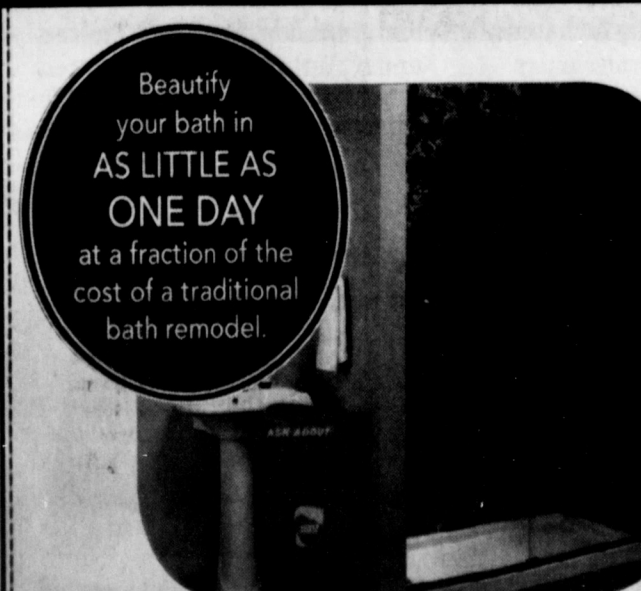
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OPINION

HOW TO SUBMIT

Letters must be original and signed. Include the writer's address and phone number for verification. Letters may be edited. Send letters to Mary Ford, 73 South St., Hingham, MA 02043, cohasset@wickedlocal.com, or fax to 781-741-2931.

QUESTIONS? Contact Editor Mary Ford at 781-741-2933 or mford@wickedlocal.com.

OUR VIEW

Charity runners are special breed

Next Monday, 30,000 athletes will line up around 10 a.m. in Hopkinton and begin a 26.2-mile journey to the finish line of the 121st Boston Marathon on Boylston Street, adjacent to the Boston Public Library.

The elite marathoners, those who blast through a single mile in a 4:40 clip, will likely arrive at the finish in a little over two hours. The qualifiers will follow in 2-½, three or four hours, and the charity runners, many running their first marathon, could struggle for five, six hours or more.

One of the beauties of the Boston Marathon is that it's one of the few, if not the only, athletic endeavor where amateurs and professionals compete on the same course at the same time.

Thanks to the marathon's charity program, now entering its 29th year, ordinary Joes—around 6,000 runners—who dream of competing in this famed event have the opportunity to do so, while raising millions of dollars for several worthwhile causes.

Last year, the charity program surpassed the \$193.5 million mark in total funds raised since

its inception in 1989 and this year it is expected to exceed the \$200 million milestone.

Charity runners are a special breed who not only must put in the hours to train during the winter, but they also spend months raising a minimum of \$5,000. Some organizations ask runners to raise at least \$10,000. This may come easy for some and be more difficult for others. With three weeks to go, no doubt some are still chipping away at that fundraising goal. We encourage you to help out.

The profiles of runners provide information on how to donate. Also, Crowdrise has a micro-site dedicated to those running the marathon: crowdrise.com/2017bos-tonmarathon. You can find the list of 32 official charities at the Boston Athletic Association site, baa.org.

The runners, the crowd, the whole spectacle of the Boston Marathon is unique and special. It's sort of the people's race where everyone plays a part and enjoys the camaraderie. If you can't donate, at the very least on April 17 line up along the route and cheer on the runners.

BRIEFLY

Closed for the holiday

The Recycling Transfer Facility will be closed on Sunday, April 16th, in observance of Easter.

Cohasset Mariner

73 South St., Hingham, MA 02043
cohasset@wickedlocal.com

Mary Ford Editor
Questions about news coverage or our Wicked Local website?
Call 781-741-2933 or email cohasset@wickedlocal.com.

Amanda Thompson Multimedia Journalist
Got a news tip?
Call Amanda at 781-741-2935 or email athompson@wickedlocal.com.

William Wassersug Sports Editor
Questions about sports coverage?
Call Will at 781-837-4577 or email wassersug@wickedlocal.com.

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Maribeth Kane Real Estate Advertising Specialist
Questions about real estate advertising?
Call Maribeth at 781-837-4561 or email mkane@wickedlocal.com.

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COMMENTARY

Business case against high stakes testing

By Diane Danielson

Thank you Bob Erlandsen (Cohasset teacher) for speaking up about high stakes testing and the importance of having an open dialogue (Cohasset Mariner, 4-7-17). I'd like to participate in that dialogue, as both a parent and an employer.

High stakes testing does not prepare our children for employment.

Employment in the next decade will look very different than today. Routine jobs will be automated. This will go far beyond manufacturing to include underwriting, accounting, financial analysis, legal work, and many other traditionally well-paid professions. If it can be outsourced, then it will be automated. What skills will remain in demand?

What skills will remain in demand? Critical thinking, communication, and the ability to adapt to constant change.

Critical thinking, communication, and the ability to adapt to constant change. Teaching to the test is teaching our kids nothing more than to follow a pre-defined set of rules. Yet, machines today already learn, process and follow rules with more accuracy and at faster speeds than any human. Successful employees will be those who can communicate and act when rules are not clearly defined, do not exist, or no longer apply. We need employees who create the rules that can then be automated, and to work alongside automation and artificial intelligence as it develops.

Just this week, I sat in a meeting with

Representative Joe Kennedy III and business leaders from Massachusetts about developing a center for excellence in off-shore wind energy on the South Coast of Massachusetts. This is an uncharted path to new jobs and a whole new industry that currently does not exist in the United States. Will some of these jobs be automated? Of course. But the ones to be gained will require critical thinking, communication and adaptability to change.

Mr. Erlandsen nailed it when he said "standardized testing hurts all students by de-emphasizing the learning process (which includes failure) and valuing only the

result." (Mariner 4-7-17) Teaching to the test is rote memorization and repetition for reward, in other words, automation. Failure, by contrast, is an essential element of critical thinking, adaptability, resiliency and grit.

Cohasset schools do a terrific job with teaching communication skills, and this is an advantage our students take with them into the workforce. But, all of us (students, teachers, parents, employers and the Commonwealth of Massachusetts) would benefit far more if we could incorporate a curriculum that allows teachers and students the freedom to think outside of the checkbox.

—Diane K. Danielson is Chief Operating Officer, SVN International Corp., 38 Jerusalem Road.

LIBRARY CORNER

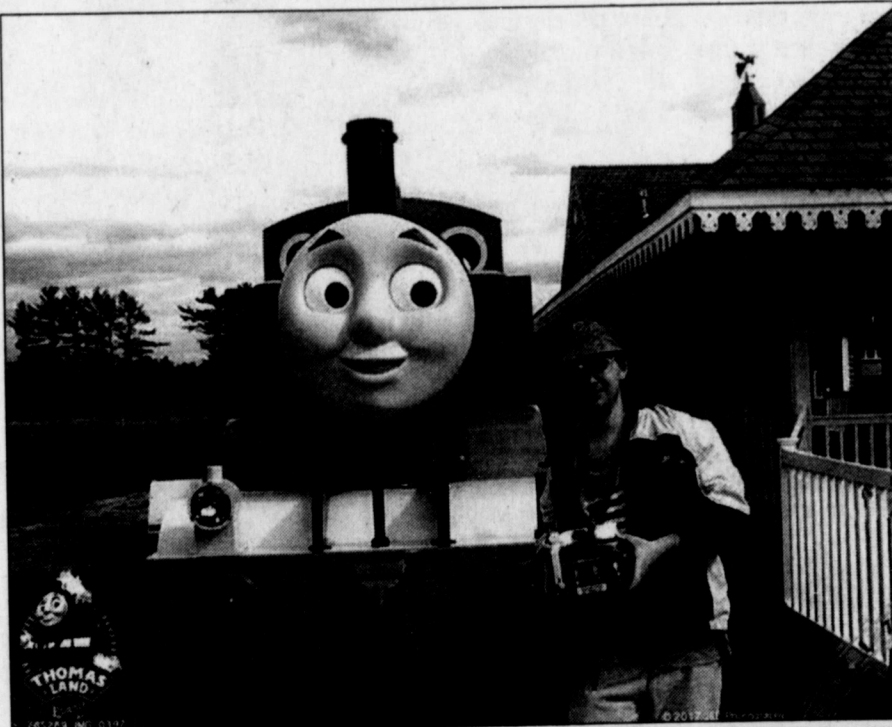
Observing National Autism Awareness Month

Paul Pratt Memorial Library, 35 Ripley Road. Call 781-383-1348 for more information or visit our website at www.cohassetlibrary.org.

April is National Autism Awareness Month: The library will celebrate National Autism Awareness Month with a screening of the documentary "Bluebirds Fly: Love and Hope on the Autism Spectrum" on Thursday, April 20th at 6:30 p.m. The film follows three families, each with a child on the spectrum, as they navigate the health care and school systems and their daily lives. "Bluebirds Fly" leaves audiences with a better understanding of autism, along with a newfound awareness of what can be done to help individuals with autism live happier, more productive lives. Run time is 70 minutes. Free admission.

Also, Chris Hall, founder and CEO of Computers for the Autistic Foundation, will give a talk at noon on Saturday, April 29th at the library. Chris, who has autism, created a career for himself from his love of computers. Meet Chris and listen to his story! All are welcome.

Library Book Group: Join us for coffee and discussion of Colm Toibin's book "Brooklyn" on Wednesday, April 26, at 10 a.m. All are welcome! All Aboard Greenbush! Ed Perry, founder of WATD radio station in



Chris Hall, founder and CEO of Computers for the Autistic Foundation, will give a talk at noon on Saturday, April 29th at the library. [COURTESY PHOTO]

Marshfield and train enthusiast, will give a talk about the history of the Greenbush railroad on the South Shore of Massachusetts on Thursday, April 27, at 7 p.m. Free admission. This program is sponsored in part by the Massachusetts Board of Library Commissioners and the Institute for Museum and Library Services.

Sunday Author Talks: Our last

author of the 2016-17 Sunday Author Talks season will be Juliet B. Schor on Sunday, May 7th at 4 p.m. Ms. Schor will give a talk about her book "True Wealth." A wine & cheese reception will follow the talk. Free admission. Seating is limited. Sunday Author Talks is sponsored by Dean & Hamilton Realtors, Goshaw Insurance, and A Taste For Wine & Spirits.

Tickets are \$50 per

person or \$45 if reserved before April 20. Mail checks to NCRP/PAC, P.O. Box 69081, Quincy, MA 02269, RSVP: Richard.Pilla@gmail.com; <http://NorfolkCountyRepublicans.com>.

POLITICAL EVENT

Norfolk County Republicans to honor volunteers

The Norfolk County Republican Committee will honor the 2017 volunteers from 6 to 9 p.m. April 27 at Lombardo's, 6 Billings St., Randolph. Keynote speaker for the event will be Paul Craney,

executive director of Mass Fiscal Alliance, with additional guest speakers soon to be announced. In addition to the award ceremony, the event will feature a dinner buffet,

cash bar, silent auction and entertainment. Every city/town in Norfolk County will be represented, and the committee welcomes any additional guests. Tickets are \$50 per

ART CENTER

Program is a big draw for schoolchildren

By Constance Gorfinkle

The kids tumble into the South Shore Art Center in Cohasset, all fired up for their art lesson with the center's artist-in-residence, Lisa Goren. The 40 third-grade youngsters — accompanied by their teachers — are from the close-by Deer Hill School. Eventually, in this two-hour program, they're going to put brush to paper. But first they're going to listen to a talk from Goren, which will range from a discussion about geography in the coldest parts of the world to how to make paint float on its own across a canvas.

These kids are lucky because Goren is more than an artist. She's an amateur scientist, who — by her own words — long ago fell in love with ice, with its formation, its watery coldness, its wild variety of colors. So, naturally, she eventually had to go where there's more ice than anywhere else. That would be Antarctica, in 1998, and years later, the Arctic, Iceland and Alaska.

Soon, one is aware that this talk is about a lifetime

Since it was established in 2004, roughly 12,000 students, from South Shore schools, in grades ranging from third to 12, have been able to learn from and work with artists in all media.

adventure for Goren, who has managed to combine art and science into beautiful watercolors and an ongoing relationship with the most remote — and currently most vulnerable — parts of the world, due to climate change. She wears her concern about that crisis on her sweater, a little white snowflake.

Holding a globe, upon which she points out the areas under discussion, Goren quickly involves the youngsters in conversation, during which they display impressive knowledge about the Poles — their vastly different geographies, plant-life and animal-life. With total self-assurance, one boy contributes: "Polar bears are only found in the Arctic and penguins only in the Antarctic," news to this writer, who also learned during this exchange that the Arctic region is basically a frozen ocean, while Antarctica is a continent in itself, based

on bedrock and various landforms, such as mountains, valleys and lakes, all surrounded by the ocean.

The stunning landscapes Goren has confronted on her travels have been transformed by her into lovely abstract watercolors, pictures of which she shows on a screen to inspire the youngsters when they are dispersed throughout the center's two galleries. There, on numerous tables are all the tools they'll need to create their own works.

Following Goren's directions, they use pencils to divide their sheets of paper into separate areas so that there will be room for white spaces to remain on the page. Then, before they apply paint to each of these areas, they prime them with water, which becomes a conduit for the paint to flow naturally into different shapes, not unlike what actually happens when water hardens into ice. After an hour



Artist-in-Residence, Lisa Goren, at the South Shore Art Center in Cohasset, displays some of her watercolors depicting ice formations in the coldest parts of the world, to a class of South Shore third graders. [COURTESY PHOTO]

with artists in all media.

To an observer, this program works on many levels. It brings children into a place where art is created and on display; it gives them the opportunity to learn directly from an artist how his or her particular art developed, and through that person's enthusiasm and self-knowledge, find out how talent and inspiration can become a lifetime's

fulfilling pursuit.

The Artist in Residence Program is made possible by the generosity of many, among them the South Shore Music Circus, Pilgrim Bank, George Washington Toma, the Artist Resource Trust and the Hingham Institution for Savings.

—Constance Gorfinkle is a regular contributor and columnist.

SAVE THE DATE

Straits Pond annual cleanup coming

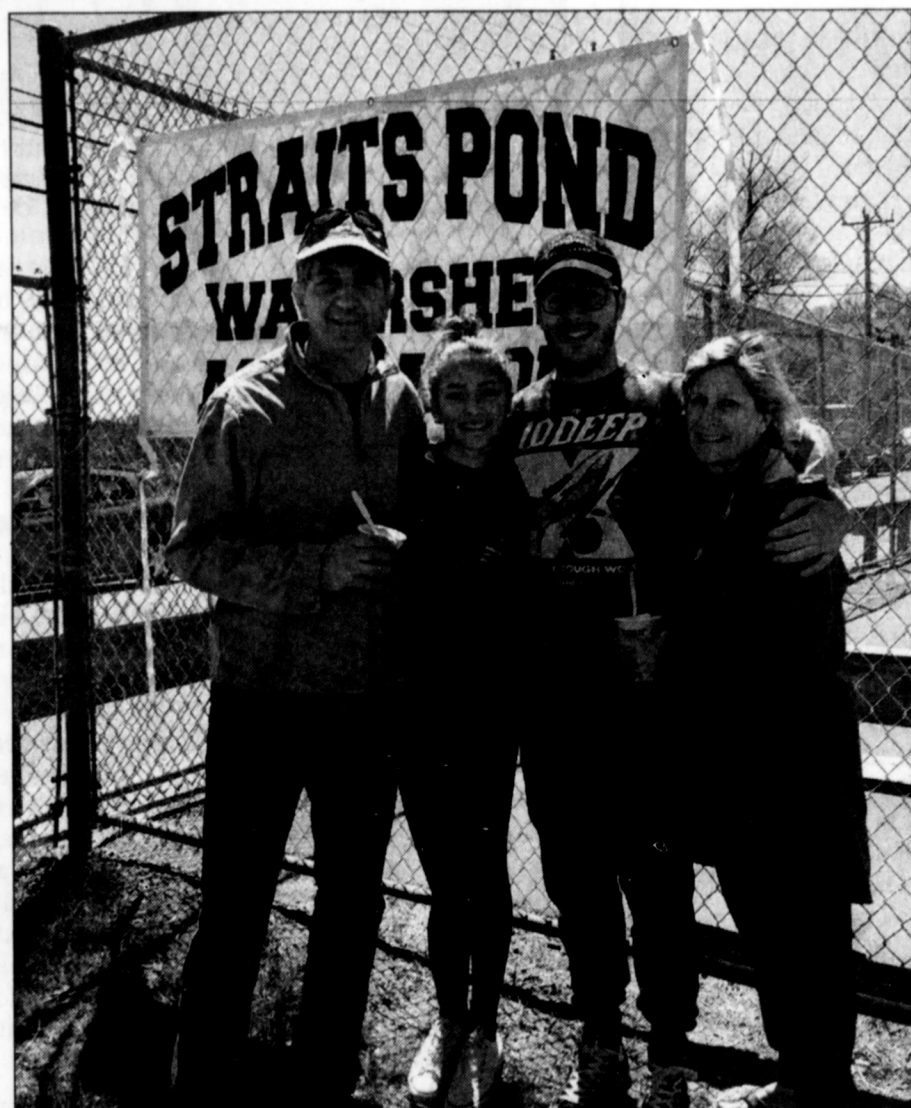
Join Straits Pond Watershed Association (SPWA) for the annual spring cleanup from 10 a.m. to noon on April 29th beginning at both Wadleigh Park, located at Forest Avenue and Jerusalem Road in Cohasset across from Black Rock Beach, and also starting at 150 Atlantic Ave. in Hull.

Volunteers will clear litter and winter storm debris from the shorelines of Black Rock Beach, Straits Pond and the Weir River Estuary, which feeds into the pond. Work gloves, long pants and long sleeves are recommended. Trash bags will be provided.

Following the cleanup and beginning at noon, volunteers will be treated to a complimentary picnic that includes Nona's ice cream. The gathering will take place at the playground on Atlantic Avenue in Hull, across from the pond.

The Straits Pond Watershed Association's mission is to provide community input to government committees and agencies and facilitate efforts to maintain and improve the environmental quality and beauty of Straits Pond, a 100-acre salt pond and state-designated area of critical environmental concern that abuts encircles Cohasset, Hull and Hingham.

For information about the cleanup or to learn more about the Straits Pond Watershed Association, visit straitspond.org. Like them on Facebook!



Vinna, Eleanor, Patrick and Katie Dunn of Cohasset enjoy Nona's ice cream after the 2016 Straits Pond Clean Up. [COURTESY PHOTO]

SPONSOR A FLAG

Field of Honor returns for 11th Year

What: Once again The Sons of the American Legion, Squadron 118 of Cohasset, will post hundreds of United States Flags in a poignant display honoring local veterans. The Field of Honor recognizes the veterans who have so valiantly served our country to protect and preserve our freedom.

When: For the 11th straight year, the flags will fly from the lawn facing the Veterans Memorial which itself will be encircled by the flags of

the 50 states. Residents of Cohasset and the surrounding area will experience this inspiring display of flags from May 20th to June 4th, as the Stars and Stripes flutter proudly atop eight-foot poles set in ordered lines. This touching memorial is free to the public. The Healing Field dedication and Wreath Placement Ceremony will be at 1 p.m. on Saturday, May 27th.

How to take part: Starting at \$30, individual flags may

be sponsored in memory of family or friends honored. Checks should be made payable to the Sons of the American Legion with a note on the memo line of the check indicating Field of Honor. Sponsored flags can be retained as mementos of this year's Field of Honor which can be then be displayed from home or business.

For more information: To find more information or to sponsor a flag online,

visit: www.healingfield.org/cohasset17. For details on becoming an event sponsor or to obtain applications for field flags, please contact the American Legion Post at telephone 781-383-9657 or stop by at the Post at 98 Summer St., anytime weekdays after 3 p.m., on Saturdays after 10 a.m. or on Sundays after 12 p.m.

—All proceeds will go to veterans programs of the Sons of the American Legion of Cohasset.

ENVIRONMENT

Spring hazardous waste collections scheduled

South Shore Recycling Cooperative towns will host six household hazardous waste collections this spring. All will take place from 9 a.m. to 1 p.m. as follows:

■ April 8: Weymouth DPW, 120 Winter St.

■ April 15: Plymouth DPW, 169 Camelot Dr.

■ April 29: Hanover "Transfer Station, 118 Rockland St. (Rt. 139)." ■ May 13: Kingston/Duxbury, Kingston Highway Dept., 32 Evergreen

St. ■ June 10: Hingham, Plymouth River School, 200 High St.

■ June 17: Scituate/Cohasset **, Scituate Highway Dept., 68 Capt. Pierce Rd. **

** Latex paint will only be accepted at these two events, and must be in usable condition. It will be recycled into new paint by The Paint Exchange of Rockland.

Residents of host and co-host towns may attend their own town's collection at no charge, with proof of residency. Rockland and Weymouth allow their residents to attend all SSRC collections at the town's expense, with proof of residency.

Residents of host towns listed, and of the SSRC Member towns of Abington, Hanson, Norwell, and Whitman may attend any collection with a signed authorization form from their town's responsible department (Board of

Health, DPW, or Marine and Environment Dept.). Towns may limit subsidized quantities.

Residents from any town without authorization, and commercial generators, may attend with a check made out to Stericycle Environmental.

For details, including acceptable materials, please go to srccoop.info and click on "Hazardous Waste", go to your Town Hall for a flyer, or call 781-329-8318.

GROWING ON THE FARM

Happy Earth Month for planting, growing

April 22nd is Earth Day. The week of April 17th is Earth Week. April is the green month for planting and growing. Spring is the time for cleaning out clutter and maybe having a yard sale.

The greenhouses at Holly Hill Farm are burgeoning with growth and seedlings. Hope is in the air. Baseball is back in the Fens.

What a month to be aware and care for the environment, even if the climate is considered to not be changing by advocates in the nation's capital, where extreme cold frosted 80 percent of the cherry blossoms. The cherry blossoms were an international gift, when it was lovely to see beyond our borders. And to think, how could the poet T.S. Eliot state that April is the cruellest month?

March was fairly cruel in its cold, grey days and frosty nights. The longer days of sunlight only yielded frost bitten garlic stems and shocked tulips. But farmers plod on.

We grow plants for nourishment. We seek organic seeds to sow. We stoke the fire at night to keep a semblance of warmth for the seedlings. We can place seeds in pots on our porch for nearby growth. We can ignore the onslaught of chemical solutions for a chemical green lawn.

We do not know if brown will again be the new green and if a drought will come to our shores. But we can consider water-saving strategies now. We can install rain barrels under down-spouts. We can learn to read our water meters and make good choices. And we can turn the cruel month of April into a month of hope for the whole year. There are 11 other months waiting to be the new month of hope.

If hope is the thing with feathers, muses Emily Dickinson, then I would like to flap and fly, in the face of adversity, extreme weather and cruelty of the times. Like the seed perched down in the soil, waiting to germinate, we can also wait and prepare to emerge.

—Jon Belber is education director at Holly Hill Farm; he can be reached via email at: jbelberhollyhill@hotmail.com



JON BELBER

We grow plants for nourishment. We seek organic seeds to sow. We stoke the fire at night to keep a semblance of warmth for the seedlings.

UPDATE

Harbor Inn license renewed with warning

By Amanda C. Thompson
athompson@wicklocal.com

On March 7, selectmen deliberated and found that Cohasset Harbor Inn had committed two entertainment license violations during a series of incidents on Sept. 25, 2016.

Members voted 3-2 that the first incident of the night had been addressed and did not constitute a violation. The majority agreed, however, that the second two incidents represented an ongoing issue that was never actually resolved at any point in the night.

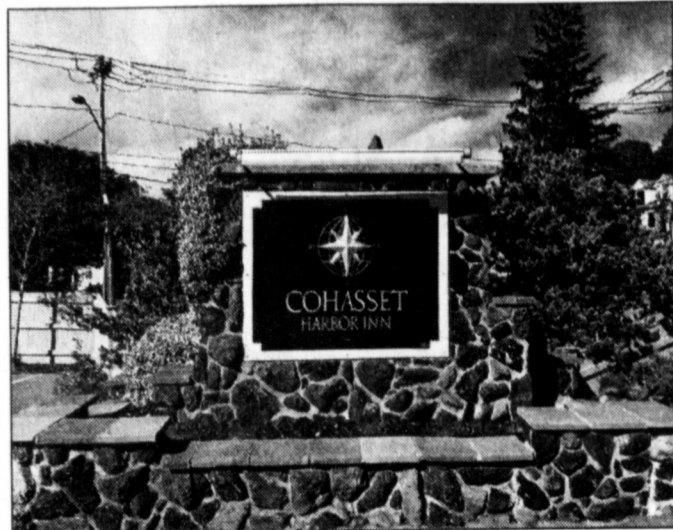
The board voted Wednesday, April 12 to renew the Inn's entertainment license through the end of the calendar year, but with a few caveats.

The board will be issuing a reprimand and warning to the licensee, notifying the

establishment that any further violations will be met with administrative action. Some changes were made to the license to clarify the Town's expectations and the rights of neighbors who stand to be affected by noise at the inn.

First, the names and cell phone numbers of all managers are to be listed and distributed to the Town, police, and area residents and posted at key locations around the establishment. Employees are expected to respond to all calls concerning issues promptly and courteously, working with area residents and public safety to address noise and other issues.

Second, due to the venue's location in a residential area, management is instructed to remind hosts and guests of this fact, particularly as they leaving the



After much deliberation, selectmen found that two noise violations had been committed at Cohasset Harbor Inn on Sept. 25, 2016. The consequences were determined at a hearing on Wednesday, April 12. (WICKED LOCAL STAFF PHOTO)

establishment, urging them to exercise good judgment with regard to noise.

As for the patio area (formerly the tapas restaurant Brisa), there is to be no amplified music at any time.

All non-amplified music must cease by 10 p.m. The patio is a dining venue, not a dance floor.

That doesn't mean that a music can't be played at a higher volume inside, either

before or after 10 p.m. It just means music which could disrupt abutters must be contained. Windows and doors must be closed by 8 p.m. to facilitate this, and an employee should be designated to ensure this happens each night.

The board did not wish to prescribe measures such as the placement of sound-absorbing barriers, such as trees, around the venue, or to dictate which direction speakers should be facing. Members felt that getting involved in such details would be an overreach on their part.

"We're making clear what we want as an end result in terms of noise," said Chairman Kevin McCarthy.

Members said that the previous owners had been able to manage noise in a way that was "harmonious to the neighborhood" without

the installation of sound barriers, so requiring such an installation shouldn't be necessary. Keeping noise to a reasonable level beyond the lot lines comes down to management.

Neighbors are more than ready for this whole ordeal to be over. It's been over a dozen hours of hearings and deliberations, which some said had been a "waste of everybody's time." Abutters feel the solution is very simple: just close the windows and doors if there's music. Closing the clear glass doors wouldn't even impede the view, let alone sink the business, as had been previously suggested.

"We're just asking him to be reasonable," said one neighbor.

Follow Amanda on Twitter for updates: @MarinerAmandaT

UPDATE

Cheers! Simply Smith's now serves wine, beer

By Amanda C. Thompson
athompson@wicklocal.com

Did you know you can now enjoy a glass of wine at Simply Smith's? Cohasset's new upscale deli, located at 1 Pleasant Street, received its malt liquor license last month, allowing it to serve beer and wine with dinner.

Selectmen voted on Jan. 24 to approve the license, and the state gave its approval on March 7. The restaurant celebrated its new license by offering Guinness with corned beef dinners on St. Patrick's Day.

Owner and Manager Jean Sullivan went before selectmen in February to explain that the deli wasn't getting the business it wanted at dinnertime because it was only able to serve soda and water.

Sullivan said she had not held a liquor license before, but had taken the appropriate classes and hired three TIPS-certified wait staff, so there would always be someone on site who knew the regulations inside and out. She added that wine and beer would only be offered via table service; there is no bar.



Jean Sullivan, owner, and partner Greg Smith opened Simply Smith's at One Pleasant in Cohasset Village in January. (WICKED LOCAL STAFF PHOTO)

"People like a glass of wine to accompany their prime rib dinner," said Sullivan. "It would bring more to the community."

The board was on her side. "We want our businesses to be successful," said Chairman Kevin McCarthy.

Simply Smith's is an old-fashioned dine-in deli service. That means it serves more than just subs and sandwiches. The deli also has a range of offerings from brunch to steak and lobster dinners. Everything is served by well-trained, multi-certified wait staff,

and dressings and flowers on every table create an upscale ambience.

The deli is open for lunch and dinner, 11 a.m. to 9 p.m., during the week. It's open until 10:00 p.m. on Friday and Saturday, with breakfast also available Saturday morning starting at 8 a.m. Breakfast and lunch are served from 8 a.m. to 3 p.m. on Sunday.

Follow "Simply Smith's at One Pleasant" on Facebook for more information and photos of menu items.

Follow Amanda on Twitter for updates: @MarinerAmandaT



The Board of Selectmen is still waiting for input from other boards and committees before making final recommendations on Warrant articles. Left to right: Diane Kennedy, Jack Kenley, Kevin McCarthy, Paul Schubert, Steve Gaumer. (WICKED LOCAL STAFF PHOTO)

WARRANT

From Page A1

rate increase would facilitate that.

Ten percent might sound like a lot, they said, but it's a difference of about \$10 per month per household, and it will save the Town from having to bond the project in 2021. Paying up-front versus paying back a bond over time will cost around 25 percent less, they said.

Advisory Committee members Paul Carlson and George Chamilland reported that their board was split and had yet to formally vote on the issue.

Chamilland spoke in favor of the increase, considering that the Town will likely be bonding other major

projects in 2021, including the public safety buildings and the new or renovated Town Hall. Bundling in another large project could have a negative impact on the Town's bond rating, he said.

Carlson spoke against the increase, feeling that the new membrane should be paid for by those who will be using it - that is, residents living in Cohasset between 2021 and 2031.

"Users today are paying for the one they've got," he said. "For me, it's a matter of equity that the people who are using it should pay for it."

He added that keeping the rate at \$9.51 in the coming years would enable the Town to pay for future membrane replacements without bonding.

Selectmen wondered if a compromise might be possible. Could the sewer rate go up by a smaller amount, or in increments, allowing the department to set aside part of the funds and bond the rest?

Board members felt the increase made sense to do, but would be a tough sell on the Annual Town Meeting floor. They'll make their recommendation on this and the land alteration bylaw on April 27, after Advisory Committee and Planning Board have weighed in.

Regardless of their recommendations, voters will have the final say at Annual Town Meeting on Monday, May 1.

Follow Amanda on Twitter for updates: @MarinerAmandaT

Beacon Hill Roll Call

By Bob Katzen bob@beaconhillrollcall.com

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If you have any questions about this week's report, e-mail bob@beaconhillrollcall.com or call 617-720-1562.

Y = Yes; N = No, NV = No Vote (President rarely votes) * Not every item is voted on by both House and Senate

THE HOUSE AND SENATE: Beacon Hill Roll Call records the votes of local senators on the only roll call from the week of April 3-7. There were no roll calls in the House last week.	Volume 41 - Report No. 14 April 3-7, 2017	Senator Patrick O'Connor (D-Weymouth) 617-722-1646 Room 520	Representative Joan Macchione (D-Hall) 617-722-2425 Room 437
\$400 MILLION FOR LOCAL ROADS AND BRIDGES (H 798) Senate 37-0, approved a bill authorizing \$400 million (\$200 million per year for two years) in funding for the maintenance and repair of local roads and bridges in cities and towns across the state. The \$400 million would be borrowed by the state through the sale of bonds. The bill differs from a version approved by the House. The main difference is that the House bill only provides \$200 million for one year. Supporters said that the money will be delivered to communities early in the construction season and allow many vital municipal road projects to quickly move forward. They argued that this would help cities and towns keep their roads and bridges safe. A House-Senate conference committee was appointed to draft a new compromise version that is acceptable to both branches. (A "Yes" vote is for the \$400 million.)	SPENDING MONEY FROM RAINY DAY FUND (S 16) - The State Administration and Regulatory Oversight Committee held a hearing on a proposed constitutional amendment that would require a two-thirds, instead of a majority vote of the Legislature, in order to spend money from the state's Rainy Day Fund. The fund is a stabilization fund established by the Legislature to ensure that money is put aside in case of an economic downturn. The money can only be spent to make up for revenue shortfalls or federal funding reductions and when events threaten the health, safety or welfare of citizens. Supporters said that the two-thirds requirement would ensure that the money is used only when absolutely necessary. They note that the higher hurdle would make it difficult to find the fund unless there is a real emergency and overwhelming legislative support. Opponents say that a two-thirds requirement is too strict and nearly impossible to obtain. They note that it only takes a majority vote to place money into the fund and argued that it should take the same majority to spend it.	SENATORS Sen. Michael Brady Yes Sen. Vinny deMacedo Yes Sen. John Keenan Yes Sen. Mark Montgomery Yes Sen. Patrick O'Connor Yes Sen. Marc Pacheco Yes Sen. Michael Rodrigues Yes Sen. Walter Timilty Yes	PRO-WORKERS' LEGISLATION - The Labor and Workforce Development Committee held a hearing on legislation that would prohibit employers from obtaining the credit reports of potential employees except in certain circumstances including hiring for a position that requires national security clearance (H 2372). Other bills on the agenda would establish the Pregnant Workers Fairness Act preventing discrimination based on pregnancy (S 1023); prohibit employers and employment agencies from discriminating against any job applicant who is currently unemployed (S 1027); and expand health and safety protections to cover state employees (H 3149). The Occupational Safety and Health Act (OSHA) covers private employees but 26 states have exercised the act's option of extending the OSHA protections to public workers.
ABOLISH TAX ON HOSTELS (S 1601 and H 3303) - Also on the Revenue Committee's agenda was a bill that would abolish the current 5.7 percent occupancy tax on overnight stays in hostels. "Hostels provide an alternative to more traditional and expensive means of accommodation that enables students and other travelers to experience the world where cost would often be a prohibitive obstacle," testified Russ Hodge, President of American Youth Hostels.	INCREASE PENALTIES FOR ASSAULT ON POLICE OFFICERS (No bill number yet) - Gov. Baker filed a bill that would increase penalties for anyone charged with assaulting a police officer. The measure elevates the crime from a misdemeanor to a felony when causing serious bodily harm. "Under current law, sufficient penalties do not exist for individuals who assault police officers and cause serious harm," said Gov. Baker. "The absence of such penalties makes the job of law enforcement that much harder and the punishment can meet such an offense." "Our system should have the ability to respond strongly if an individual at-	8,306 APPLICANTS FAILED A BACKGROUND CHECK TO DRIVE FOR UBER AND LYFT - The Baker Administration released the results of the state's background check on applicants who applied to drive for Uber and Lyft since the Legislature approved a law regulating the application-based ride services. There were 70,789 drivers who applied and 8,306 (or 12 percent) of those were rejected. Applications were rejected for many reasons including 152 convictions for drunken driving, sex offenses (403), violent crimes (1,559) and habitual traffic offenses (425). "Public safety is a top priority for this administration and we are pleased to have completed this first round of in depth background checks a year ahead of schedule," said Gov. Baker. "Massachusetts has set a national standard for driver safety and we look forward to future partnerships with Uber, Lyft and others to grow this innovative industry and support more jobs and economic opportunities for all."	
HOW LONG WAS LAST WEEK'S SESSION? Beacon Hill Roll Call tracks the length of time that the House and Senate were in session each week. Many legislators say that legislative sessions are only one session of the Legislature's job and that a lot of important work is done outside of the House and Senate chambers. They note that their jobs also involve committee work, research, constituent work and other matters that are important to their districts. Critics say that the Legislature does not meet regularly or long enough to debate and vote in public view on the thousands of pieces of legislation that have been filed. They note that the infrequency and brief length of sessions are misguided and lead to irresponsible late night sessions and a mad rush to act on dozens of bills in the days immediately preceding the end of an annual session. During the week of April 3-7, the House met for a total of five hours and 20 minutes and the Senate met for a total of five hours and 13 minutes.	Conway INSURANCE AGENCY, INC. Compare & Save Up to 24% on your Home & Auto Coverage! Call us for details. HANOVER 879 Washington St. (781) 826-3804 SCITUATE 80 Front St. (781) 545-6110 WHITMAN 715 Bedford St. (781) 447-0961 www.conwayins.com	BAY WINDOW SPRING CLEARANCE SALE Many Sizes From \$625 Builders Surplus 708 R Washington Street, Rt 53 Pembroke, Massachusetts 781-829-6774 Mon - Fri 9-5 Sat 9-4	

SPHERO

From Page A1

passing in the hallway can be heard whispering to each other, "I wish I was in that math class!"

"It's a way to add an element of excitement to math," said Corkum. "It's a more hands-on approach. And it has real-life applications: It teaches the design process for engineering. It integrates math, science and writing through coding."

All of these, said Corkum, are important for students' future careers - especially girls, as the technology sector looks to add more women to its ranks.

Right now, Corkum's students are using the robots to learn about geometry. On their maps, they must scale up a drawing made in their notebooks, identify which kind of triangle they've drawn - equilateral, isosceles, or scalene - and measure each of the lines and angles.

They can then enter these values into Sphero's touchscreen remote and direct the robot along the lines they've drawn by coding a new program. They'll tell the robot how long to roll and in which direction, when to stop, and which way to go next.

"They become the teacher," said Corkum. "They don't need me."

Of course, the class didn't start out writing its own programs.

Students first followed an existing program within the Lightning Lab software,

"It's a more hands-on approach. And it has real-life applications: It teaches the design process for engineering. It integrates math, science and writing through coding."

Suzi Corkum, teacher

guiding the Sphero around a simple square. There are a lot of variables involved, said Corkum, so it's important for kids to learn the idea of programming first before trying to design their own.

The class has now moved beyond squares to create original programs. Some students have even moved beyond geometric shapes entirely and are exploring Sphero's abilities at home.

One student, Topher Comerford, likes to program Sphero to navigate around objects in his house. He's also started experimenting with other materials, using Sphero as a motor to move a hamster ball along a wire or push a salad bowl through water like a boat.

He didn't know it before, but now that he's spent so much time working with Sphero, Topher has decided to be a mechanical engineer when he grows up.

Corkum and the Deer Hill School are grateful to the CEF for providing this opportunity for students like Topher. Without their help,



Molly Campbell and Darbi Carmody map out a path for their robot to follow. (WICKED LOCAL STAFF PHOTO / AMANDA C. THOMPSON)

Topher Comerford (left) programs his Sphero to follow a line he's mapped out while classmate Nathan Askjaer (right) works on calculations. (WICKED LOCAL STAFF PHOTO / AMANDA C. THOMPSON)



Sphero would not have been in the budget.

Follow Amanda on Twitter for updates: @MarinerAmandaT

AUTHOR

From Page A1

But whereas Joline plans the trip, believing the shaman can help Ellie get better, Tess is the skeptic who only goes along to be a good friend. The ladies have known each other since they were college roommates and Tess, a biotech engineer, chooses to be supportive even though she thinks Joline's plan might be a bad idea.

The story is told through alternating points of view, making it easier for readers to find a foothold whether they side more with Joline or Tess, or even Ellie.

"Everyone can relate," said Sherbrooke. "The three characters are pretty different, so people can latch on to one or the other, or have a friend who's just like one of them. The characters seem to really resonate with readers; they see themselves in them."

One reader told Sherbrooke how the book had helped her be a better friend to a loved one who was struggling with a similar issue. For a long time, the

reader hadn't known how to be a good friend to that person, but the book helped her see the situation from another perspective.

"That's the best part," Sherbrooke said. The author has visited a number of book groups, and that reader's story was far from unique. Many have seen themselves and their loved ones in the book, while others have simply had rich, powerful discussions about the difficult issues of life.

"Fill the Sky" was released by Boston independent publisher 617 Books in October, 2016. Getting there was a journey of its own. The writing process took three years. It took a year to sell it, and another year to push it through the publication process.

It seems like an extraordinarily long time, Sherbrooke admitted.

Shortly before the book's formal release, Sherbrooke was featured at "Breakfast with the Author" at Cohasset's own Buttonwood Books and Toys, and her publisher made copies of the book available two



"Fill the Sky" tells the story of three friends who travel to Ecuador in search of a shaman who can heal one of them from cancer. Along the way, they learn that they all need healing in their own ways. (COURTESY PHOTO)

weeks early for guests of the local event.

The author also had a launch party in Boston and made a few national tour stops in places where she had friends and family to help organize and drum up a crowd. According to Sherbrooke, new authors can't just expect folks to show up to signings; they have



Kathy Sherbrooke's local book group was the first of many book groups to read "Fill the Sky." Left to right: Helen Arnold, Carolyn Coffey, Nora Speer, Kathy Sherbrooke, Cindy Swartwood, Nancy Whelan, Joy Schiffman, Judy Stavits. (COURTESY PHOTO)

to bring their own crowd. That's how she wound up traveling to Denver and Boulder, Colorado, and to Oregon last November.

Closer to home, readers can find "Fill the Sky" at Buttonwood, the Paul Pratt Library, and at a handful of

other area booksellers, or visit KASherbrooke.com to order a copy.

Sherbrooke moved to Cohasset with her husband, who had grown up a summer resident, in 1998. They were frequent visitors but they hadn't really thought about

Cohasset being a year-round community. Once they realized they could live in town and commute to Boston, "We were sold."

Follow Amanda on Twitter for updates: @MarinerAmandaT

HARBOR

From Page A1

Massachusetts Seaport Economic Council (MSEC), and there are certain tasks that must be tackled to comply with it.

The grant, one of only 15 awarded by the Council in this grant cycle, will fund a comprehensive review of Cohasset Harbor's infrastructure needs, as well as support the development of harbor management policies to support local business and public access.

The first order of business will be to assess the needs of different parties who work and play in and around the harbor, including businesses that

Cohasset was awarded an \$80,000 grant to conduct a Harbor Planning Study from the Mass. Seaport Economic Council, and there are certain tasks that must be tackled to comply with it.

surround the harbor. Once this preliminary work is done, the formal study can commence.

Selectmen were thrilled to be resurrecting the defunct harbor committee, feeling that it had been a long time coming. Most of Cohasset's neighbors already have harbor committees that meet regularly and offer guidance to town leadership similar to the Advisory Committee.

"That's where we should be pushing the Harbor

Committee to go," said Kenley.

Chairman Kevin McCarthy agreed. "I would think it'd be pretty vibrant in our community," he said.

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Caregiver Support Group | Wednesday, April 26 | 12 p.m. & 5 p.m.
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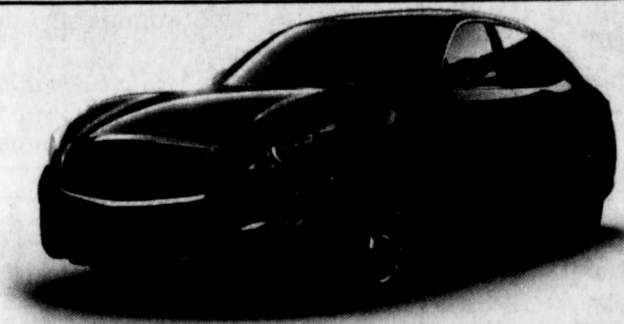
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SPORTS

QUESTIONS? Contact Sports Editor William Wassersug at 781-837-4577 or wwassersug@wickedlocal.com.

SPORTS NOTES

Send your stuff

The Cohasset Mariner sports department is always looking for a little extra hand.

Please send your story ideas, stories and photos to wwassersug@wickedlocal.com and follow him on Twitter @scifisportguy

BASEBALL

Cohasset American Legion

Cohasset American Legion Post 118 will hold tryouts April 30 at 3 p.m. at Scituate High School.

All who plan to play must attend. Junior and Senior League will both be one tryout.

Call Scott Arnold @ 781-985-1896 for any questions

BASEBALL

Spring Tune-up Camp

The Cohasset varsity baseball team will hold a Spring Tune-up Camp Wednesday May 10, an early release day, from 2:30 p.m. to 4 p.m. at Barnes Baseball Complex.

The camp is open to boys and girls grades 1-6 with registration beginning at 2 p.m.

The cost is \$35 with all funds supporting the CHS baseball program.

Boys and girls will be organized into groups by grade and rotate to different stations, including calisthenics/stretching, warm up throwing, infield and outfield drills, batting practice, base running instruction and more.

Space is limited. For more information or to reserve a spot, email Roberta Kierce at rkierce@yahoo.com with name and grade of your child.

Please bring a labeled glove to the clinic.

SPORTS ROUNDUP

The Cohasset boys tennis team improved to 2-0 as Mitty Hill won at first singles, 6-0, 6-0, for Cohasset as the Skippers beat Middleboro in South Shore League action Tuesday.

Also on Tuesday, the Cohasset baseball team lost its opener 5-1 to Middleboro.

Xander Schubert pitched a solid game, going six innings while allowing just two earned runs.

The girls gold team opened its season with a 2-0 record, including a 6-0 win over Mt. Alvernia on Tuesday.

Registration is open for Scituate/Cohasset Youth Football & Cheerleading.

Visit ScituateFootball.com to register and for more information

Scituate Youth Football

SEE NOTES, B2

BOYS LACROSSE

Laxmen off to a strong start

Boys improve to 3-1
By Shaun Galvin

The Cohasset boys lacrosse team is off to a solid start, notching a 3-1 record

after four games, most recently a 16-3 home win over Mashpee Wednesday April 12.

April 5 the boys Lacrosse opened the season against the Hull Pirates in style

with an 18-5 victory. Junior Ryan Donovan led the way with four goals.

Freshmen Gray Thomas and junior Noah Froio had hat tricks.

Juniors Jay Frederick

and Kyle Mcfetridge each scored twice and scoring single goals were seniors Jimmy Farren and Thomas Durkin along with junior Will Thomas as the Skip-

pers cruised to the win.

Next up on the schedule was Rockland April 6, but the weather got the best of the teams and the game was postponed to Wednesday

SEE LAXMEN, B2

GIRLS LACROSSE

Finding their place

Laxwomen edged by Canada's Hill Academy

By William Wassersug
wwassersug@wickedlocal.com

The Cohasset girls lacrosse team got a bit of a look at where they stand when they hosted The Hill Academy, a top tier team from Toronto, Canada.

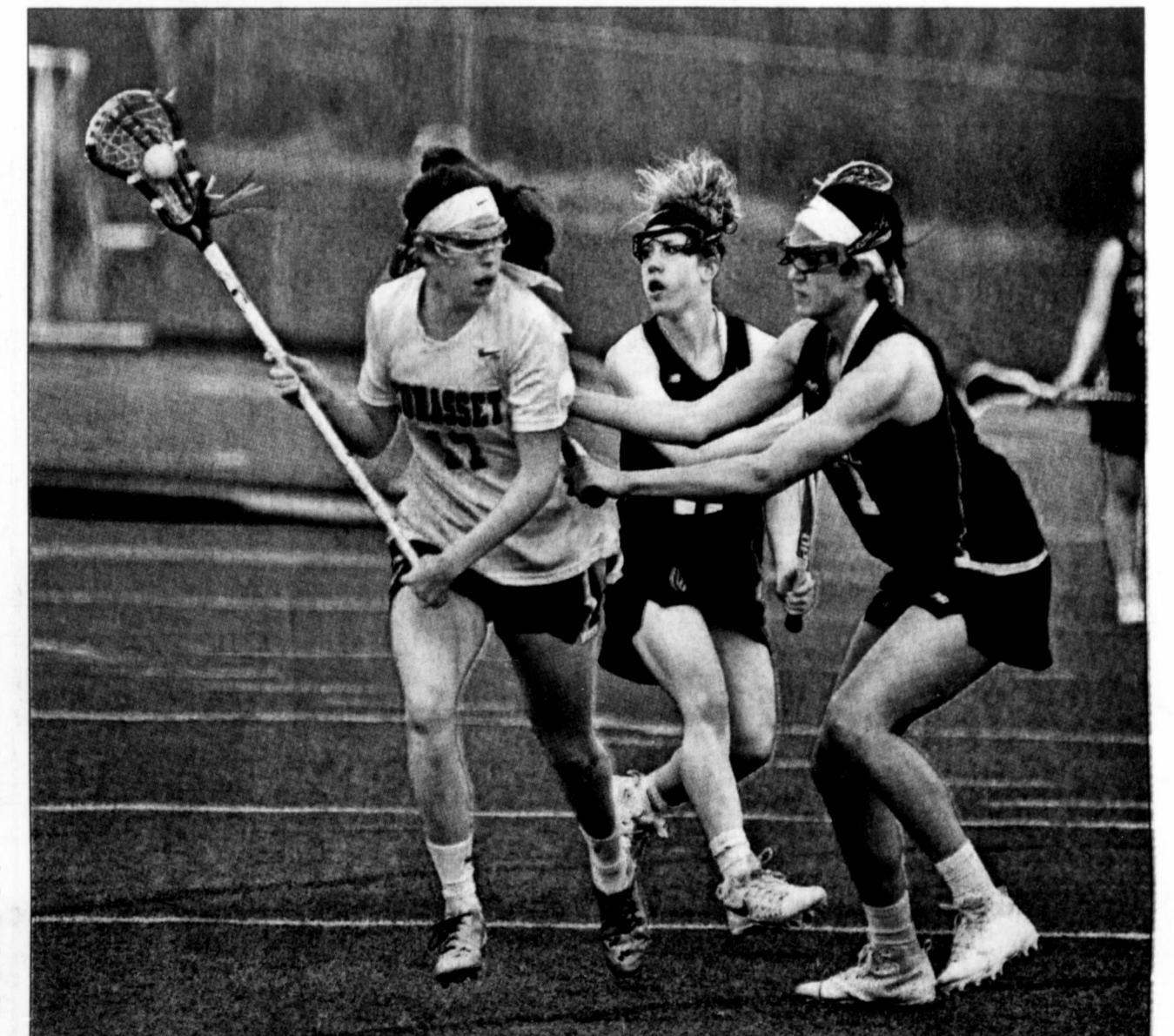
Cohasset ended up losing 10-7, but Cohasset coach Kully Reardon was pleased with the way her charges played.

"It was a really good game, I mean that's a Division 1 college team," Reardon said. "To play as hard as we did speaks volumes to the leadership and the underclassmen because they rise to the occasion."

Reardon pointed out a number of players who played strong games.

Lauren Cunningham played the backer in our zone and she ran all over the place," Reardon said.

SEE LAXWOMEN, B3



Cohasset's Marina Longo works the ball against Canada's The Hill Academy Friday April 7 at Cohasset High School. [WICKED LOCAL PHOTO/WILLIAM WASSERSUG]

Skippers honored with postseason awards



Cohasset hockey year-end honors were given to the following players - Left to Right: Conor Joslin (Soph, South Shore League All Star, Mass/ CT Underclass All Star game participant); Jimmy Farren (Sr, Capt, South Shore League All Star (2nd award), Shriner's Classic game participant); Aidan McHugh (Sr, Capt, South Shore League All Star (2nd award); Michael Cohen (Sr, Capt, South Shore League All Star (3rd award), South Shore League Player of the Year, Patriot Ledger All Scholastic, Mass/ CT Senior All Star game participant); Joe Campedelli (Sr, Capt, Hobey Baker Character Award winner, Boston Bruins/ MIAA Sportsmanship Award, Finalist Mass state All Academic team) [COURTESY PHOTO]

LACROSSE

Fab Four rankings

Through April 9

By Chris McDaniel
CMcDaniel@wickedlocal.com

The weather has not been very cooperative so far this spring.

But that is about to change with some great forecasts this week meaning we should learn a lot more about the local lacrosse teams in the next few weeks.

On the boys' side, not much has changed outside of Scituate taking Norwell's place in the top four.

On the girls' side, Norwell has cemented itself as a contender again despite some key graduations. Scituate makes a big jump after nabbing a pair of nice wins.

Record as of Sunday and last week's ranking are in parenthesis.

Boys

1 Hingham (1-0, 1) - The Harbormen rallied from a 7-2 deficit to defeat Saint John's Prep on Saturday

with a 12-3 run in the season opener.

2 Marshfield (2-0, 3) - The Rams opened the season with Atlantic Coast League wins over Sandwich (13-3) and Nauset (16-4).

3 Cohasset (1-1, 4) - The Skippers split their first two games of the season with a win over Hull and a loss against Newton North. Nearly a third of Cohasset's games this season will come against teams from Division 1.

4 Scituate (1-0, NR) - The Sailors opened the season with a 15-3 win over Milton. Scituate will learn more about itself this week with three games in four days against the likes of Canton, Plymouth South and Hingham.

On the bubble: Plymouth North (1-0), Norwell (1-0)

Players of the week

Justin Richard and Matt Dalton, Srs., Abington: The duo scored five goals apiece while handing out two assists in a 14-9 win

SEE RANKINGS, B2

Allergies?
Headaches?
Excess Dust?
Musty Odors?
Dust Mites?

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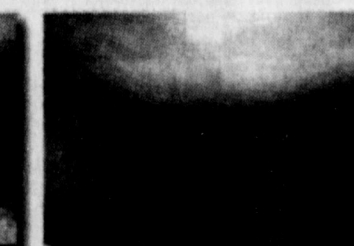
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YOUTH HOCKEY

Drew Karlovits selected for Junior Bruins

The Cohasset Mariner

Drew Karlovits, 8, of Cohasset has been selected to play for the 2008 Elite Boston Junior Bruins. Drew will be traveling to Toronto Canada May 11th-14th representing the team as a Goalie in the Pro Hockey Bauer Spring Shoot Out Tournament.

The Junior Bruins started their season in early April. In addition to many training weekends, Drew will also be participating in two additional tournaments in preparation for the travel

to Canada.

These tournaments will feature some of the top teams from the North America AAA Elite level. Karlovits Jr. Bruins team is made up of players from all over New England, as well as New York, New Jersey and other hail as far as Michigan.

You can follow the team's progress all season long at www.bostonjuniorbruins.com.

During the regular season, Drew plays for the Boston Advantage Hockey Club.

LAXMEN

From Page B1

May 17 at 5:30 p.m.

Saturday April 8 the Skippers traveled to Newton North to face the Tigers in a battle of teams that have fought great battles the past couple of years.

Will Thomas, Froio, and McFetridge each had hat tricks and Junior Ryan Donovan scored one goal but it was not enough as the Skippers fell to the tigers 16-10.

Monday April 10 the Skippers hosted the Knights of Catholic Memorial in a thriller that ended with a 14-13 come-from-behind

victory.

Junior Will Thomas led the way with five goals.

Juniors Froio, Sam Sullivan and Donovan scored two goals apiece and scoring single goals were McFetridge, sophomore Chris Longo and Gray Thomas as the Skippers came back from being down 7-4 at halftime to beat the Knights.

The Skippers will be busy over school vacation week the Skippers will play at Pinkerton Academy in Derry New Hampshire on Saturday April 15 at 11 a.m. and will play two games in the Weston Tournament on April 20th against Ipswich and a second game April 22.

RANKINGS

From Page B1

over Whitman-Hanson on March 31.

Shawn Rice, Jr., Weymouth: Rice scored six goals in Weymouth's 15-0 win over Quincy/North Quincy on April 5.

Thomas Graves, Jr., Cohasset: The freshman made his debut with a four-goal performance in a win over Hull.

On the bubble: Braintree (1-0), Silver Lake (1-0)

Players of the week

Chase Henriquez, Jr., Norwell: Henriquez stopped 10 shots in Norwell's 6-3 win over Division 1 contender Wellesley on April 3. Henriquez also posted shutout efforts against Abington and Hull.

Murphy McDonough, Jr., Norwell: McDonough netted five goals in a 15-0 win over Hull on Friday.

Game of the week

Hingham at Cohasset on April 18 at 3 p.m. - Hingham and Cohasset are both looking to prove they belong in the elite ranks of their respective divisions. The Harborwomen want to crack into the Division 1 powerhouses while the Skippers are hoping to knock off Norwell in Division 2. This one will be a good measuring stick for both squads.

The Fab Four Lacrosse Power Rankings are decided with the help of several factors: record, strength of schedule, performance against teams and margin of victory. The public schools in our coverage area include: Abington, Braintree, Cohasset, Hanover, Hingham, Marshfield, Norwell, Pembroke, Plymouth South, Rockland, Scituate, Silver Lake, and Weymouth. Send nominations for players of the week to cmcdaniel@wickedlocal.com or reach him on Twitter @ChrisMcDaniel88.

NOTES

From Page B1

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No refunds after August 10
Cheerleading
Open to grades 2-8 (Sept 2017)
Early registration March 20 - April 15 \$150
Regular registration April 16 - May 15 \$200
Late registration May 16 - June 30 \$250
Competition fee (if participating) \$150
Refund policy: Prior to June 30 100% (less \$50 processing fee)
No refunds after June 30

GIRLS LACROSSE

A look at the week's action

By Shaun Galvin

In girls lacrosse action Wednesday April 5 the Cohasset Lady Skippers hosted the Hull Lady Pirates.

Sophomore Jane Hansen led the way with a hat trick to lead a balanced attack in an 18-1 victory.

Scoring two goals each were juniors Elle Hansen

and Olivia Coveney, senior Marina Longo, sophomore Julia Placek and freshmen Lauren Farren.

Scoring single goals were junior Lauren Cuning, sophomore Emma Stephens, senior Jenny Wolfe and freshmen Molly Greer and Maddy Donovan.

The game against Rockland scheduled for Thursday April 6 was postponed to

Monday May 8 at 4 p.m. due to weather, giving the team an extra day to prepare for The Hill Academy, a top team from Toronto.

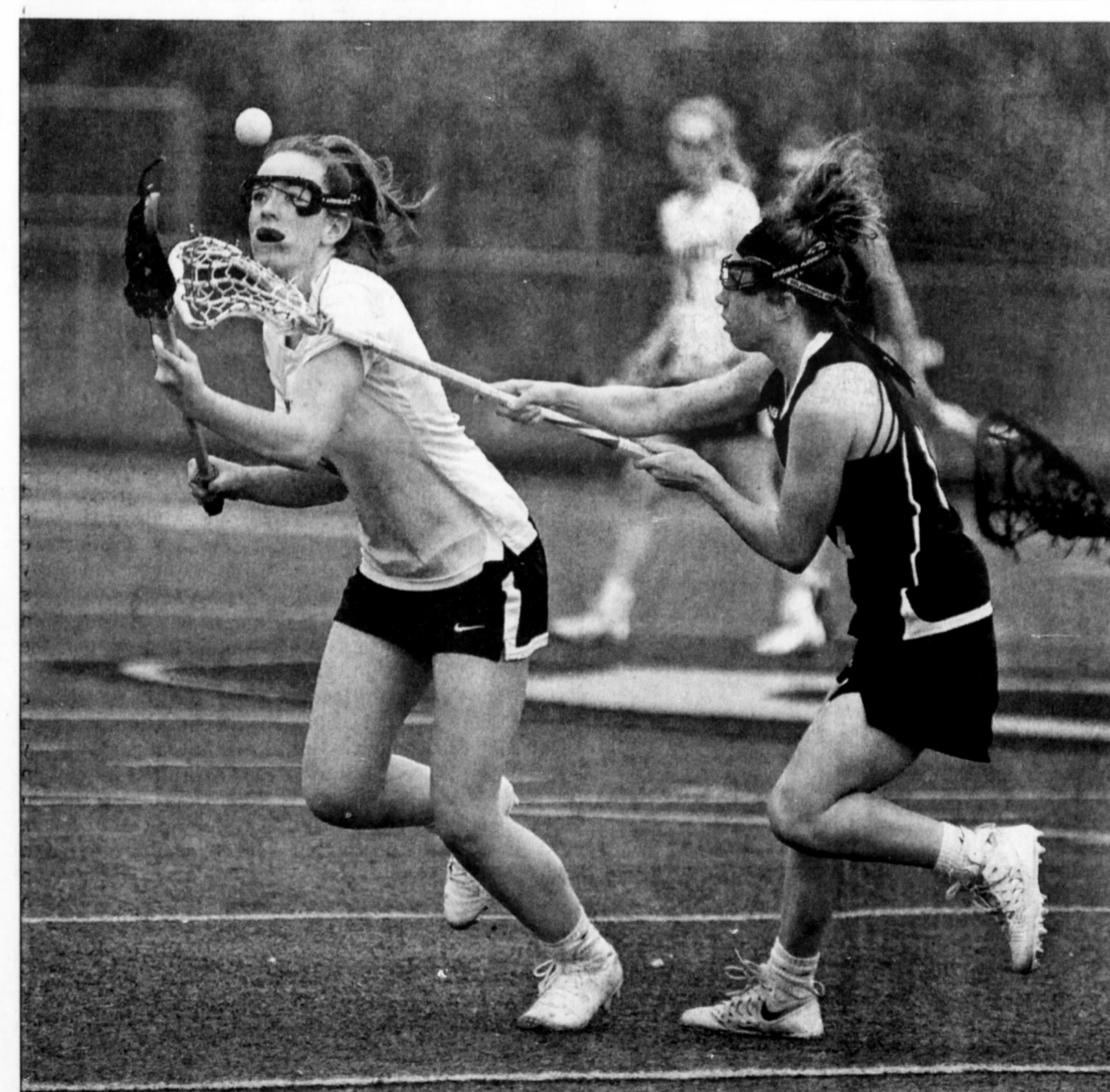
In the game against The Hill Academy, Elle Hansen and Jane Hansen each had a hat trick, Placek scored one goal but it was not enough as the girls lost 10-7.

Wednesday April 12 girls played at Mashpee and

notched a 19-4 victory.

With the Mashpee win, the girls are 2-1 overall and 2-0 in South Shore League Play.

Over school vacation week Cohasset will host Hingham on Tuesday April 18 in a 3 p.m. start and will host the Lady Sachems of Winchester on Wednesday April 19 in a 4 p.m. start.



Cohasset's Lauren Cuning keeps her eye on the ball against Canada's The Hill Academy April 7 at Cohasset High School. [WICKED LOCAL PHOTO/WILLIAM WASSERSUG]

LAXWOMEN

From Page B1

"She did a hell of a job. Elle and Jane Hansen probably ran about seven miles (and scored three goals each). They're willing to do the extra. They're willing

to break their back. That makes the biggest difference in the midfield."

Last year the two teams tied, while the year before it wasn't a close game.

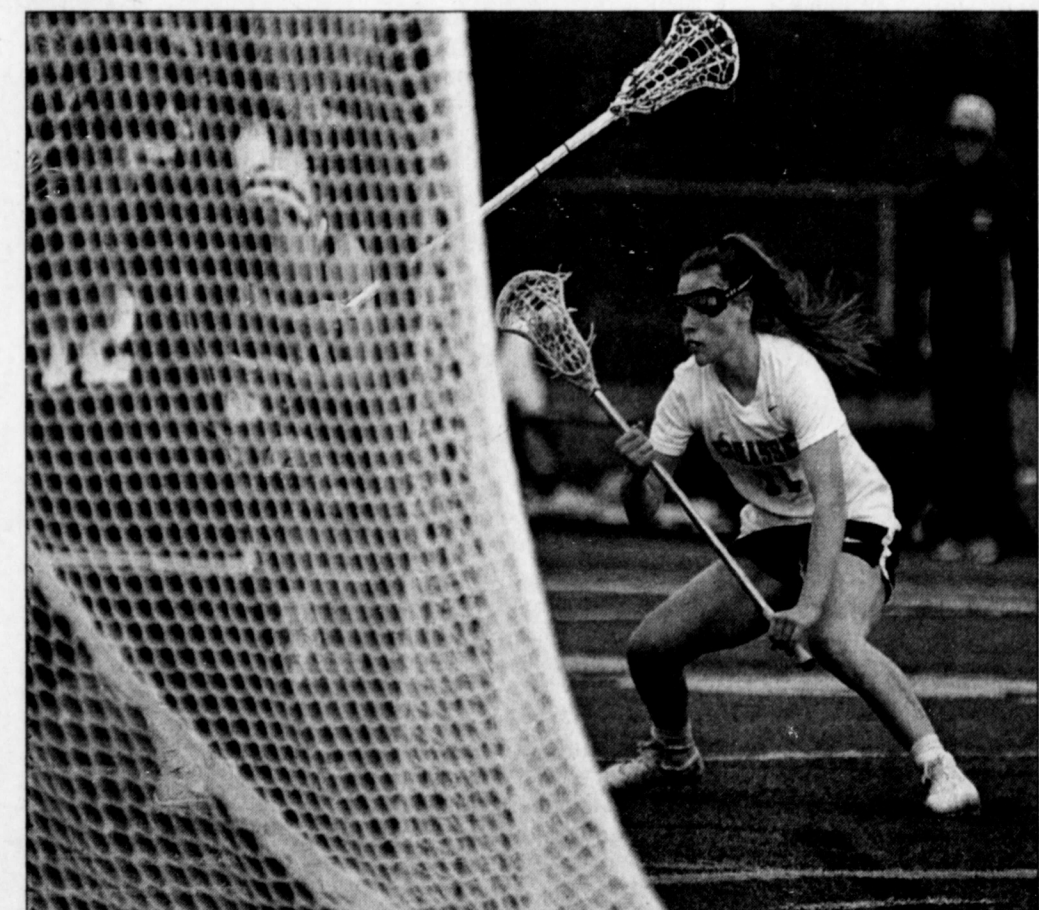
"I'm really proud of them," Reardon said. "This is a collegiate team. They're all PG's. I think it was a hell

of an effort. I'm extremely proud of them."

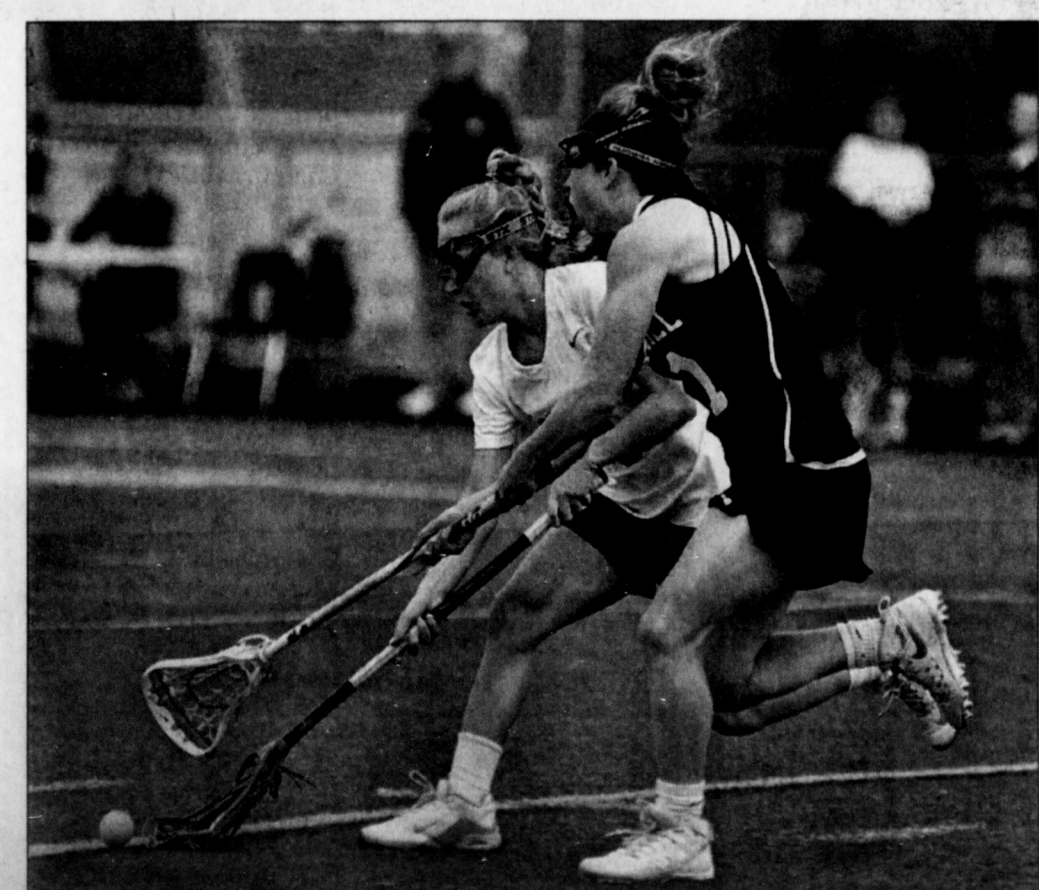
Reardon said she feels her team is ahead of where they normally are at this point in the season.

"They're really comfortable with the defense," she said. "They've got a really good goalie who

communicates with them in Jane Cavanaro. That helps a lot."



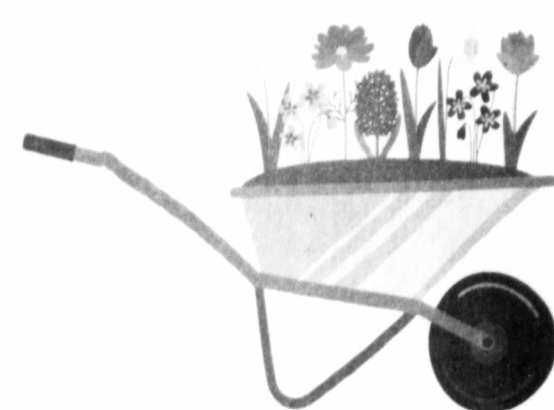
Cohasset's Elle Hansen looks for the shot against The Hill Academy April 7 at Cohasset High School. [WICKED LOCAL PHOTO/WILLIAM WASSERSUG]



Cohasset's Jane Hansen battles against Canada's The Hill Academy April 7 at Cohasset High School. [WICKED LOCAL PHOTO/WILLIAM WASSERSUG]

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CAMP, SCHOOL AND ACTIVITIES DIRECTORY

CAMPS OFFER STEM/STEAM CURRICULA IN UNIQUE SETTING!

By Bette Bussell, Executive Director, American Camp Association, New England

STEM - Science, Technology, Engineering and Math. Add in the Arts and you have STEAM. The words may be new, but camps have been teaching STEM and STEAM concepts for decades!

Day and overnight camps provide a perfect environment for teaching Science experientially, especially Ecology and Environmental Science. Astronomy and Planetary Science, Biology and Botany, and Chemistry and Physics. Camps foster discovery and that is what scientists do! Camps teach the science that surrounds the camps—what's growing, what's chirping, what's shimmering, and, not surprisingly, what weather is happening.

Technology can be a strong part of camp programming. At computer specialty camps campers can learn about advanced software, gaming, and video editing, among other things. Minecraft sessions allow campers to explore building just about anything.

Engineering at camp looks like designing and building something from scratch in the woods, with Legos or with computer programs like Minecraft. Like many specialty camps, engineering camps are often at engineering schools. So, it's important to make sure these programs are properly regulated by their states and employ staff who know about camper development in addition to engineering.

Art at camp is a huge program area and can be very integrated with Science and Math at camp. Campers are inspired to paint, draw or create renditions of the natural world, to create natural dyes from flowers and leaves, and to discover simple "experiments" such as making Gloop by mixing corn flour and water. Any arts that require measuring, timed procedures (like a hot air balloon), or counting involve Math.

Camp Math is so fun, some campers don't recognize it as Math. Campers learn to "count off" sewing and woodworking require Math, especially when measuring and cutting fabric or wood. Culinary arts programs integrate Math as campers learn to read recipes and how to measure carefully. If one hungry person eats a certain amount of pasta, how much will 8 hungry people eat? Reading a compass when orienteering means calculating degree. Math specialty camps tend to be hosted by schools and colleges, like engineering camps.

Day and overnight camps make STEAM and STEAM programs fun and interesting. They provide trained staff who are qualified to teach the curricula. The spectacular settings of camps in New England make teaching STEAM/STEAM a snap. Campers get to explore meadows, sand dunes, tidepools, mountain vegetation and ocean creatures—all of which is scientific. Even day camps that are not in a natural setting, but instead are housed at independent schools, often offer access to science labs used by middle and high school students during the school year. Camp-based STEAM and STEAM programs are inspiring countless scientists of all ages!

The American Camp Association, New England—the region's hub for all things summer camp—supports camp experiences, educates camp professionals & staff, consults on camp best practices and advocates for camp quality. For additional camp information and resources in CT, MA, ME, NH, RI & VT, visit www.scoenewengland.org or call (781) 541-6080.

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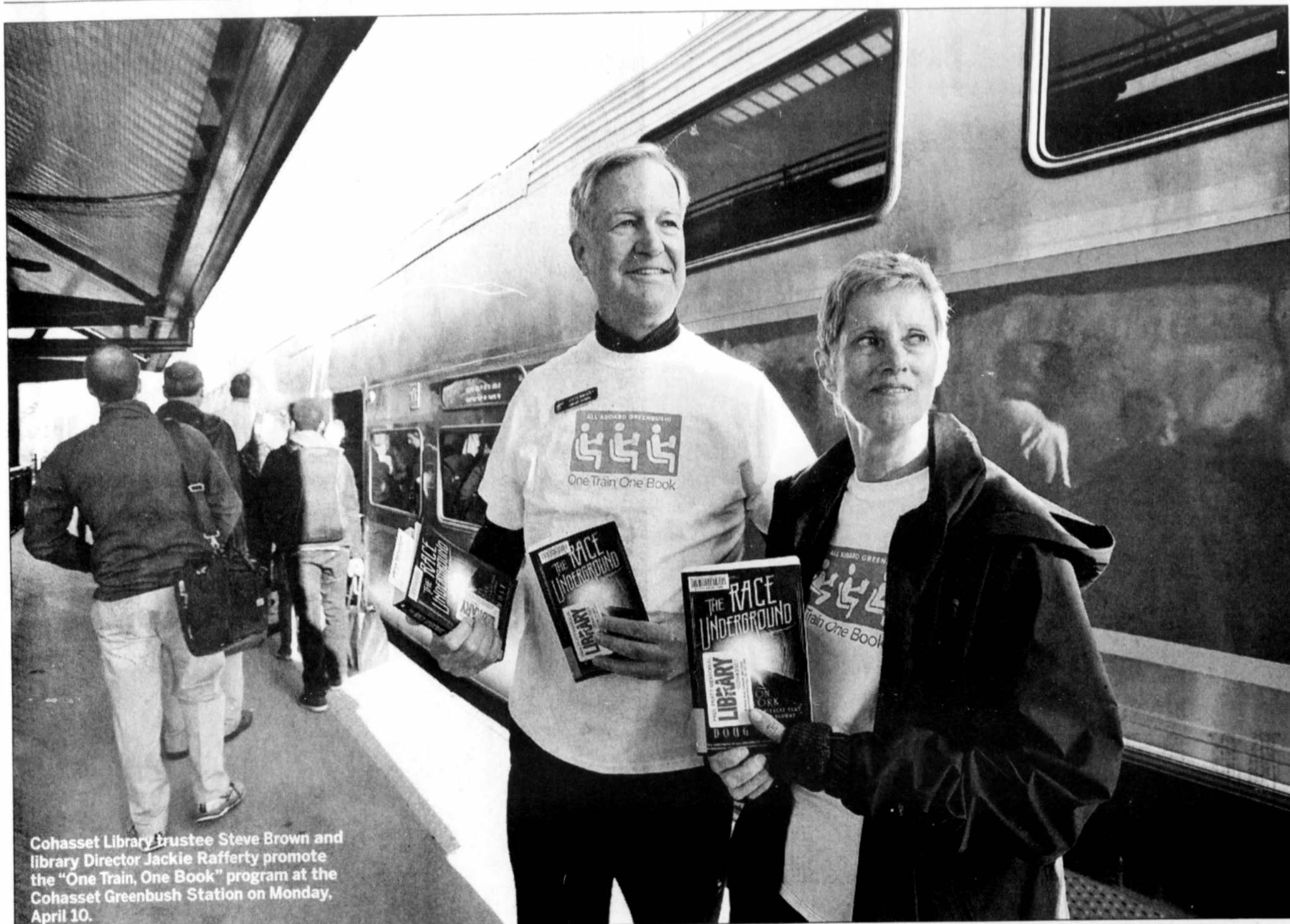
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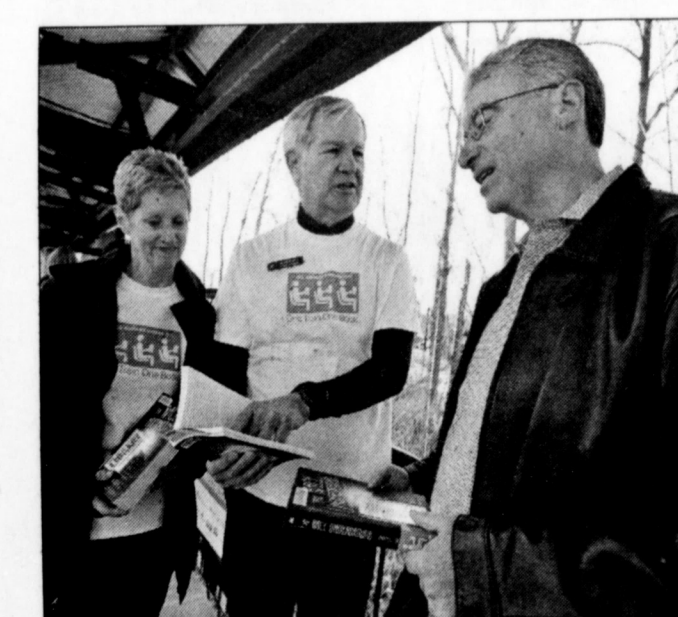
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Cohasset Library trustee Steve Brown and library Director Jackie Rafferty promote the "One Train, One Book" program at the Cohasset Greenbush Station on Monday, April 10.



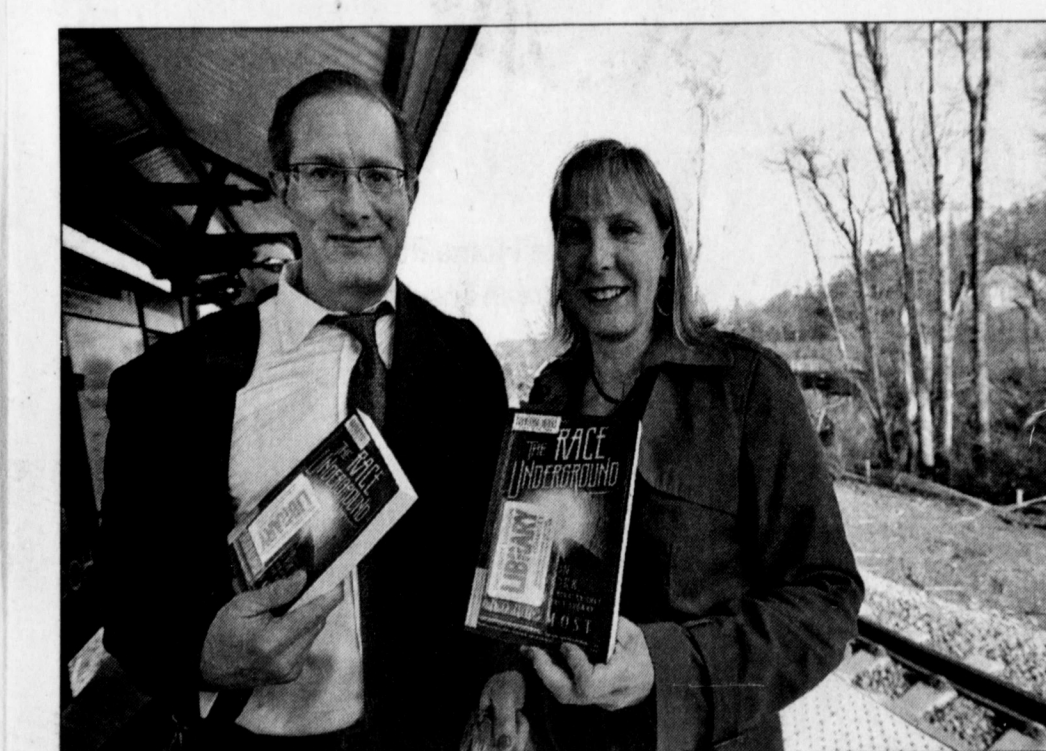
Kelly Kane of Scituate, left, takes "The Race Underground" book from Cohasset Library trustee Sarah Pease during the "One Train, One Book" promotion at the Cohasset Greenbush Station on Monday.



Mark DeGiacomo of Cohasset, right, discusses the "One Train, One Book" program with Cohasset Library Director Jackie Rafferty, left, and library trustee Steve Brown.



Gail Otis of Cohasset, left, discusses the "One Train, One Book" program with Cohasset Library trustee Sarah Pease, Rep. Joan Meschito and Friends of the Cohasset Library member Sandra Perry.



John Schneider of Scituate and Margie Koenig of Cohasset were among the Greenbush riders at the Cohasset Greenbush Station on Monday, April 10, who joined the "One Train, One Book" program.

ALL ABOARD GREENBUSH:

One Train, One Book

Staff photos by Tom Gorman

Starting April 10, time-strapped Greenbush commuters were able to join a train-based community of readers to read and discuss "The Race Underground: Boston, New York, and the Incredible Rivalry That Built America's First Subway," by Doug Most.

"All Aboard, Greenbush! One Train, One Book," is an innovative program funded by the Massachusetts Board of Library Commissioners (MLBC), and enthusiastically supported by the MBTA, that will connect daily riders of the Greenbush Commuter Line with their local libraries in Cohasset, Hingham, Scituate, and Weymouth.

This program is a great opportunity for commuters whose long days and busy schedules prevent them from getting to the library. "All Aboard, Greenbush!" brings the library to the train. On the mornings of April 10 and 11, librarians were at each Greenbush line station to meet commuters and distribute books and information about related programming. Librarians were also at the stations for April 10 outbound trains.

Copies of the book were available in print, e-book, and e-audiobook format. Interested readers without library cards were able to get a temporary card right

at the station!

After a 6-week reading period, librarians will board evening outbound trains to facilitate book discussions.

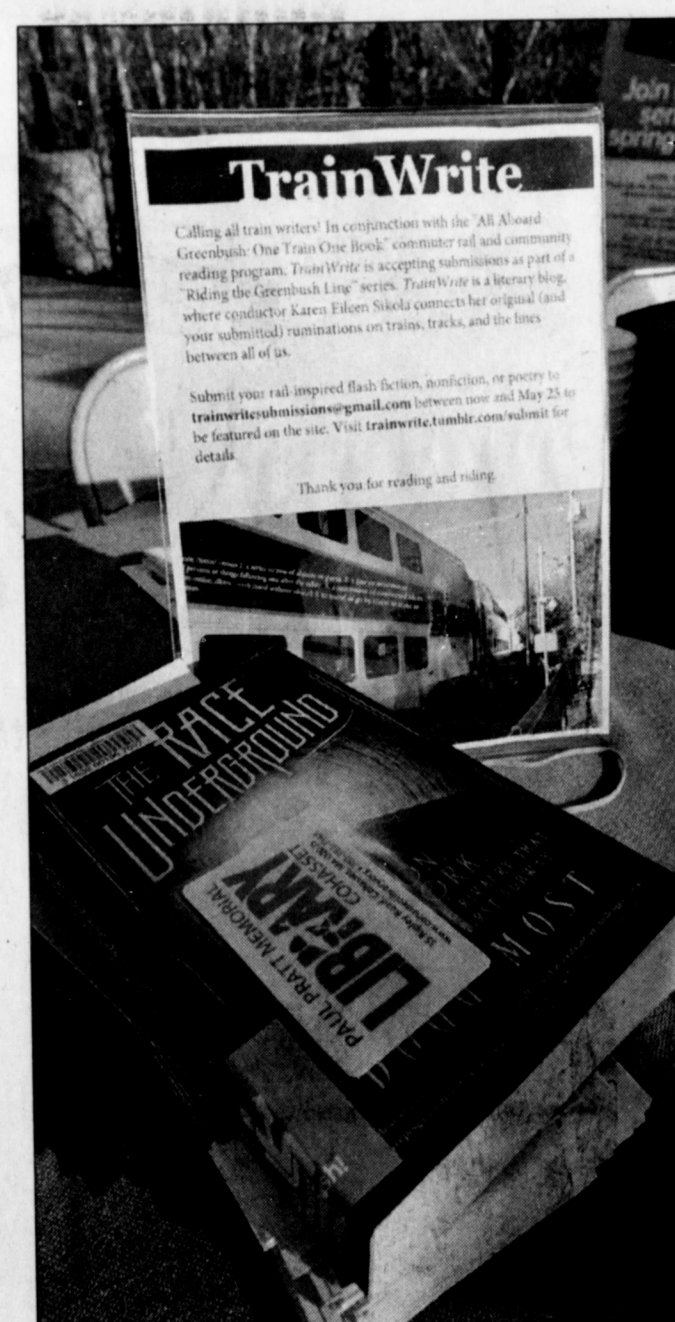
In addition to the onboard book groups, the libraries have organized a series of community events for all age groups that will highlight local rail and subway history, including STEM programming for kids, led by the Children's Museum in Easton, to be held at participating libraries; a theatrical screening of the PBS documentary "The Race Underground"; an exhibit by the Cohasset Historical Society, and tours of the limited-access MBTA Control Operations Center.

The two-month initiative will culminate with a talk by the book's author, Doug Most, at Boston's South Station on May 25 at Noon.

Follow along on Facebook for complete programming information and updates: www.facebook.com/AllAboardGreenbush



Gail Milkiewicz of Scituate chats with Cohasset Library trustee Steve Brown about joining the "One Train, One Book" program at the Cohasset Greenbush Station.



A display at the Cohasset Greenbush Station on Monday, April 10, promotes the "All Aboard Greenbush! One Train, One Book" program where riders will read and discuss "The Race Underground" book with local librarians.



Cohasset Library trustee Sarah Pease greets riders Monday morning at the Cohasset Greenbush Station promoting the "One Train, One Book" program.

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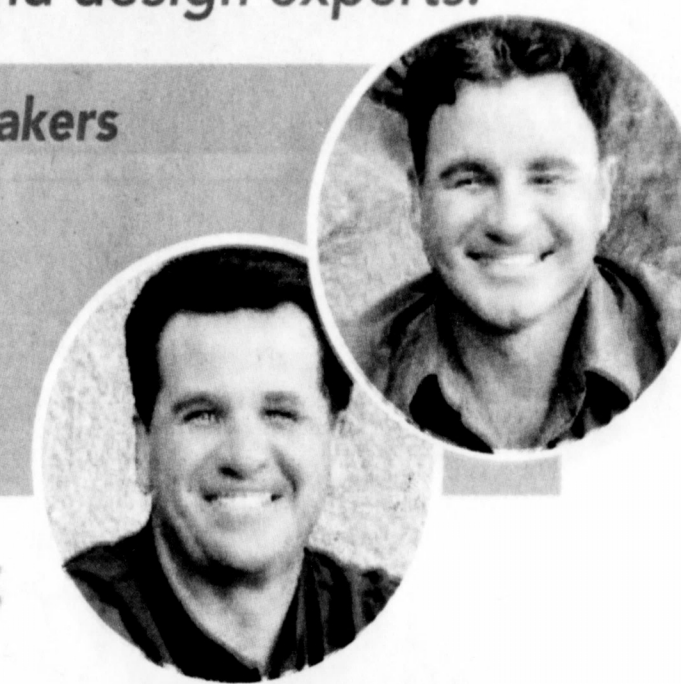
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FOCUS ON HIGHER EDUCATION

ADVERTORIAL

The leadership journey: A woman's odyssey

By Nancy Coleman
Wellesley College

What does leadership mean to you? There are almost as many ways to define leadership as there are leaders. A quick search on Google brings up a mere 784,000,000 pages about leadership. Searches about what it takes to be a good leader or how to develop leadership skills bring up an equally mind-boggling number of results.

We often hear about charismatic leaders, strategic leaders, authentic leaders, and the ubiquitous transformational leader. Leaders are born ... you either have the skills or you don't. No, wait... leadership can be learned? With so many types of leadership, and conflicting views from experts on what they all mean, how do young adults make sense of it all, and how can they cultivate their own leadership approach?

Women have an added challenge in the leadership arena, stemming from what social scientists call the double bind or ambivalent sexism. When women face ambivalent sexism, they sometimes have to choose between being liked but not respected, or being respected but not liked. In many cases, women who adhere to traditional female roles may be liked, but not seen as high achievers. Or, on the opposite end of the spec-



Wellesley College has developed a five-week summer residential women's leadership program to help undergraduate women begin to craft their leadership journeys. COURTESY PHOTO/WELLESLEY COLLEGE

Better support and guidance are needed for young women to support the cultivation of leadership skills that are authentic, true to the individual and supportive of the whole self.



Offered for five weeks over the summer, Wellesley College's summer residential leadership program is built upon a strong liberal arts foundation. Students in the program read and analyze works about gender and diversity, and then learn about women in the work force. COURTESY PHOTO/WELLESLEY COLLEGE

trum, more assertive characteristics can be perceived as objectionable. What is the best way for women to lead to avoid this bias?

In truth, there is no one best way to lead. In today's globally connected, fast-paced world, there's rarely one person at the top making the "leadership decisions." Instead, in successful enterprises, both formal and informal leaders collaborate to drive decisions, change,

innovation and forward progress. In fact, leadership approaches change according to the individual, the industry and the global climate. Our world isn't static, and leadership shouldn't be, either. Leadership is much more than a position, it's a state of mind, and it evolves on its own individual journey from person to person.

Evolving one's own point of view about leadership is a process. We often see young

women stepping up to show their leadership skills without even realizing that what they are doing. Activities that support building community; mentoring or developing another person; helping someone succeed, or offering suggestions to improve a process or the way things get done are just a few examples of informal, but important leadership.

Better support and guidance are needed for young women to support the cultivation of leadership skills that are authentic, true to the individual and supportive of the whole self. At Wellesley College, we are proud of our strong history and heritage of educating women leaders in all industries, and across many countries of the globe. In the spirit of this tradition, we have developed a summer residential women's leadership program, which will help undergraduate women begin to craft their leadership journeys. Offered for five weeks over the summer, the program is built upon a strong liberal arts foundation, first reading and analyzing works about gender and diversity, and then learning about women in the work force. Concurrently, students engage in a variety of self-reflective and experiential activities designed to build confidence and commitment to their own leadership odyssey.

For more information, visit www.wellesley.edu/summer. Nancy Coleman is associate provost and director of Strategic Growth Initiatives at Wellesley College. Her own leadership journey continues to evolve.

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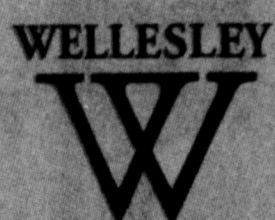
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Cambridge College will be located at 500 Rutherford Ave. in the historic Hood Park in Boston. COURTESY PHOTO/CAMBRIDGE COLLEGE

Cambridge College to open new campus in Boston

Consolidated location expands capacity, increases opportunities and enhances access

CAMBRIDGE - Cambridge College recently announced it will consolidate its two campuses in Cambridge into a new integrated facility to open in Fall 2017.

Located at the historic Hood Park in Boston, the new 108,000-square-foot location offers the opportunity to create a unified campus in a state-of-the-art facility in a location that is easily accessible from communities throughout the greater Boston and surrounding areas.

"For over 45 years our mission has focused on creating access, opportunity

and an environment where adult learners can learn, thrive and succeed," said Susan M. Ifill, chair of the Board of Trustees for Cambridge College. Ifill, an alumna of its Graduate School of Management further stated, "We see an opportunity in this decision to think creatively about how we continue to evolve our programs, services and partnerships to support our mission."

Cambridge College enrolls more than 5,000 students each year across four schools: the School of Undergraduate Studies, School of Management, School of

Psychology and Counseling, and School of Education.

"In exploring options for our graduate programs, which have always been in multiple locations, it became clear that we had a unique opportunity to think strategically about our physical presence. A single campus model will more effectively meet the needs of our current and prospective students. The Hood Park campus will offer a number of benefits for our college," said Deborah Jackson, president of Cambridge College.

Some of the benefits of locating the new campus in this dynamic and emerging

neighborhood include opportunities to utilize the design to accommodate enhanced classrooms, advanced technology, and thoughtfully considered student amenities such as a bookstore, café and ample parking.

"The city of Boston has some of the nation's greatest academic institutions, and we take pride in the educated workforce we have as a result," said Mayor Marty Walsh. "We are excited that Cambridge College has chosen Charlestown for their new Boston campus and we look forward to many years of collaboration ahead."

"We are excited about the next phase of this process which will engage the entire college community in a dialogue to define priorities for the new campus," said Jackson.

Cambridge College is dedicated to providing academically excellent, time-efficient and cost-effective higher education for a diverse population of adult learners for whom these opportunities may have been limited or denied. Founded in 1971, Cambridge College is a private nonprofit institution of higher education accredited by the New England Association of Schools

and Colleges, and all programs are authorized by the Massachusetts Board of Higher Education. Cambridge College offers flexible undergraduate and graduate degree programs across six locations nationwide in Cambridge, Springfield and Lawrence, San Juan, Puerto Rico, and California's Inland Empire region. Its highly diverse student population consists of 68 percent women and 32 percent men, with 63 percent of the school's students pursuing a degree part time on evenings and weekends. To find out more, visit www.cambridgecollege.edu.



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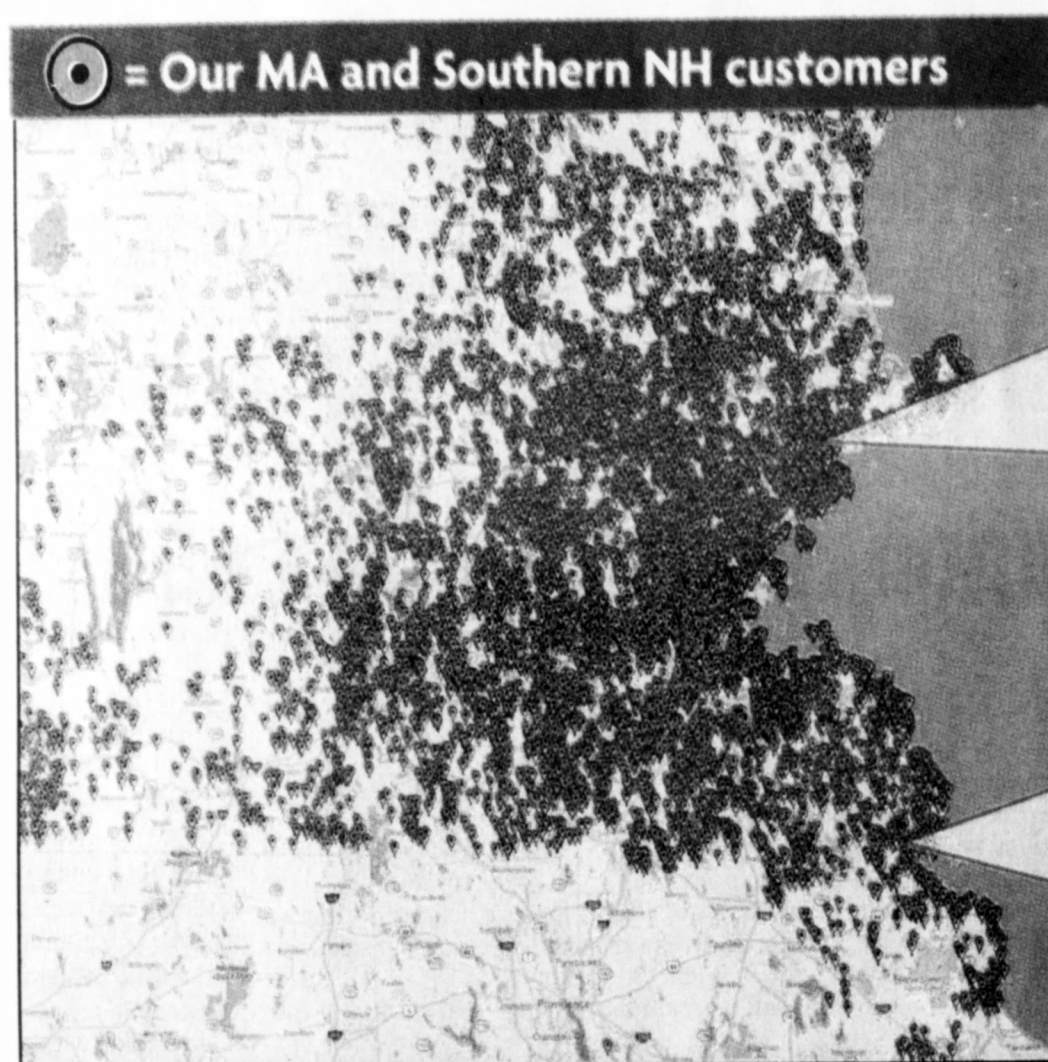
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A P R

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FOOD

TIP OF THE WEEK

Easy ways to revamp
your smoothie

Here are four ingredients that will make your next smoothie your favorite one.

Peanut butter. Once you put a dollop of peanut butter in your smoothie, you'll never go back.

Avocado. Avocados add potassium and fiber, and create a creamy texture and a distinct taste so many love.

Oats. If you end up with a watery smoothie, add some oats to thicken it up.

Chia seeds. Studies from the National Center for Biotechnology Information have shown that chia seeds can naturally boost your energy, making them a perfect addition.

RECIPE HELP

Great cracker combinations

These five cracker combinations offer something for every craving.

The modified BLT. Stack together a slice of cheddar, lettuce and bacon.

Cucumber delight. When entertaining on a hot day, put a slice of cucumber on top of cream cheese.

Tasty and tart. A pickle slice with some ham and goat cheese is perfect.

Fruit-focused. An apple slice, wedge of brie and a few almond slivers create magic.

Sweet and cheesy. Martha Stewart has described how a little honey brings out the salty, nutty flavor of cheese. Drizzle a little on Gruyere or Gorgonzola.

FUN FACTS

Interesting
facts about
eggs

Whether you eat them for breakfast, lunch, dinner or a snack, eggs are a quality source of protein. Did you know a hen can produce an egg every 24-26 hours? Here are four more facts from the American Egg Board:

1. A large egg contains only 70 calories and 5 grams of fat.
2. Egg protein has just the right mix of essential amino acids needed by humans to build tissues. It is second only to mother's milk for human nutrition.
3. An average hen lays 300 to 325 eggs a year.
4. Yolk color depends on the diet of the hen.

NUMBER TO KNOW

Each person eats 43 quarts
of popcorn every year

Americans consume 14 billion quarts of popcorn each year. That's 43 quarts per every person. Here are five more facts from the Popcorn Board:

1. Popcorn kernels can pop up to 3 feet in the air.
2. Air-popped popcorn has 30 calories per cup.
3. Most U.S. popcorn is grown in the Midwest, primarily in Indiana, Nebraska, Ohio, Illinois, Iowa, Kentucky and Missouri.
4. Two tablespoons of kernels make 1 quart of popped popcorn.
5. If you made a trail of popcorn from New York City to Los Angeles, you would need more than 352,028,160 popped kernels.

FLASH IN THE PAN

Hope springs eternal

Seasonal eaters must get creative in early spring



This potato salad is made from ingredients found in March at a winter farmers market. (ARI LEVAUX)

By Ari LeVaux
More Content Now

My hobby is to eat seasonally, and, when possible, locally. Some people do so with an air of piety, as if they are saving the Earth with their immense sacrifice. I do it for fun, and for a sense of satisfaction that's hard to quantify – and for the challenge.

As it happens, now is about as challenging as it gets. The buds may be out and the green shoots are shooting, but the garden has nothing to show for it.

And in root cellars and supermarket produce sections alike, the dregs of last fall's harvest are rapidly dwindling.

Our pioneering, homestead-ing forefathers faced this challenge every year at this time, as did inhabitants of northern climates throughout the globe, from Europe to Siberia.

Eating seasonally out of the grocery store can save you some money if you're savvy – that's a game we can all get behind. And seasonality trumps locality. Citrus, for example, is in season right now, and I'm all over it, even if it doesn't grow where I live.

So if you want to have a little tasty fun that's historically, seasonally and geographically relevant, here are two recipes for dealing with the dregs of last year's northern hemisphere harvest.

Our first recipe is on the authentic side of the spectrum. Until my little (optional) flourishes at the end, it's made entirely of ingredients that could be found in a peasant's larder somewhere in the UK a century ago. I found all of the produce ingredients

in March at the winter farmers market.

The next recipe comes from the Halley VI research station in Antarctica. The scientists who inhabit the base aren't homesteaders or wannabes, but due to long periods of isolation during which they must fend for themselves, they have much in common with the seasonal food snobs.

In February, a boat brings a shipment of food that has to last until Christmas for the 10 or so crew members who've signed on to overwinter at the base. Then it leaves.

That final February shipment consists almost entirely of fresh produce that must be stored and stretched for 10 months. Lettuce and greens wouldn't even survive the journey to the base, much less the winter.

"We stick to hard, dense stuff that lasts a lot longer," John Eager, a former chef on the base, told me. "Potatoes, carrots, onions, squash and turnips ... store incredibly well."

But not forever. Eventually, like all storage provisions, they start to go ... south. Eager says that before this produce turns to shriveled mush, the kitchen staff prepares and freezes it for future meals. He shared this recipe for Butternut Squash Tartlets made with squash that was frozen before it spoiled. The same recipe works in the northern hemisphere, too, as the last of the winter squash is put out for sale, often at a generous discount.

Ari LeVaux writes *Flash in the Pan*, a syndicated weekly food column that's appeared in more than 50 newspapers in 25 states. Ari lives in Montana and New Mexico and can be reached at flash@flashinthepan.net.

Irish Potato Salad

- 1 medium cabbage, cut into 6 or 8 wedges
- 3 large potatoes (or more smaller ones), cut into inch-thick pieces. Peeling optional
- 4 or so slices of bacon, chopped
- 1 cup chicken stock
- 3 cloves garlic, sliced
- 1 large onion, sliced thinly
- Vinegar
- Mayonnaise

Preheat the oven to 375F. While it heats, brown the bacon, and add the onion.

Add the cabbage and potatoes to a baking dish. When bacon is crispy and onions translucent, gently toss them with the potatoes and cabbage, along with the raw garlic slices. Add the stock. Cover with a lid or foil, and bake for one hour.

Remove from oven and cool 15 minutes. Season with salt and pepper. Serve as a side dish, alongside your corned beef, underneath a fried egg or atop a bed of lettuce. It's versatile, and delicious all by itself.

Me, I sprinkle with a little vinegar, mix it with a little mayonnaise, and make Irish Potato Salad. One can also add beans and salsa, for a Mexican version.

Butternut and Feta Tartlets

- 3 Tablespoons olive oil
- 1½ pounds butternut squash, peeled and diced
- ¾ pound puff pastry dough
- 1/3 pound feta cheese
- 1 dried red chile, seeded and chopped finely
- 2 teaspoon dried thyme
- Salt and pepper
- Aged balsamic vinegar

Preheat the oven to 400F. Put squash cubes on a baking dish, toss in 1 T olive oil, and roast for 30 minutes, stirring occasionally until soft. Allow to cool, place in freezer bags, and freeze.

Six to 10 months later – or sooner – roll out the pastry and cut into six equal-sized pieces. Arrange them on a non-stick baking tray and chill. Divide the squash onto the six rectangles. Top with crumbled cheese, thyme and chile flakes. Drizzle the remaining 2 T oil upon the tarts. Bake for 30 minutes at 400F. Serve hot, drizzled with aged balsamic vinegar.

Hunt for old recipe boxes pays tasty dividends



Prudence Hilburn

It is so exciting when my niece Marcy and her husband, Roger, come for a visit. We share an interest in old and unique recipes. It brings a smile when I think of the many years when my husband, Huey, and I visited them in Arkansas. Marcy and I would go to flea markets, yard sales, antique shops or anywhere we thought we could find

cookbooks and old recipe boxes stuffed with handwritten recipes.

Roger and Huey would race to be the one who found the best buys. Our very favorite purchases were old recipe boxes.

Marcy and I would sit for hours going through the recipes and discussing how we thought we could add a creative touch to some of them.

Roger has retired now and is beginning to cook, too. He seems to favor baking and makes some wonderful cakes and breads. On their visit this past week, Roger made the following dessert called Cherry Pudding Cake. It is similar to a dump cake,

but much better than any I have ever tasted.

Roger found this recipe in a great little cookbook simply titled "Hometown Recipes."

It features recipes from small towns across our country.

Roger actually bought the book because the author has the same name as Marcy's great-grandmother, Ella Mae Tucker.

Once he started looking at the recipes, he became even more interested. All I can say is that if all the recipes are as good as the dessert he made, it would be worth keeping an eye out for this cookbook when you go to yard sales and/or flea markets.

Cherry Pudding Cake

- 1 can cherry pie filling
- 1 (20 oz.) can crushed pineapple
- 1 box of white or yellow cake mix
- 2 sticks (1 cup) margarine (Roger uses butter)
- 1 cup chopped pecans
- 1 cup shredded coconut

Preheat oven to 325 degrees. Grease bottom of a 13 x 9 x 2 inch baking pan. Layer pie filling, then pineapple and then dry cake mix. Melt butter and pour over cake mix, then add pecans and coconut on top. Bake for 1 hour and 20 minutes.

Email Prudence Hilburn at prudencehilburn@aol.com.

COHASSET POLICE/FIRE LOG

The following are excerpts from the Cohasset Police/Fire Log, which is public record and available for review.

Monday, April 3

6:49 a.m.: A caller reported a Toyota Corolla at the MBTA Cohasset station on Chief Justice Cushing Highway with a black dog inside. The caller stated the window was open and it looked like the vehicle had been there a while. The vehicle was gone on police arrival.

8:41 a.m.: A drunk teacher was reported at Cohasset Junior/Senior High School on Pond Street. The male party was released to the custody of his wife.

1:19 p.m.: A caller reported seeing a seal basking on the deck on Hull Street and then disappearing. The animal control officer reported the seal was gone.

1:58 p.m.: A walk-in from Nichols Road reported identity theft.

2:16 p.m.: Water was reported in a basement on Nichols Road. The power was cut to the residence, and the wire inspector and National Grid responded.

3:08 p.m.: A resident reported the crosswalk button not working at MBTA Cohasset station on Chief Justice Cushing Highway.

3:35 p.m.: An outside odor of smoke was reported on Jerusalem Road. Personnel reported a slight odor from the area but found nothing.

6:17 p.m.: An inside water leak was reported on Ledge Way. The water was shut down, and the homeowner was advised to call a tech.

6:40 p.m.: A passerby reported the pedestrian lights not working at the MBTA Cohasset station on Chief Justice Cushing Highway.

7:37 p.m.: A garage door alarm was reported at a residence on Walnut Hill Lane. The alarm company confirmed it was accidental.

Tuesday, April 4

6:57 a.m.: A front lobby motion alarm was reported at Pilgrim Bank on South Main Street. Police reported the building was secure.

9:10 a.m.: A walk-in from



TRAFFIC SAFETY TIP OF THE WEEK: Be careful putting objects in the passenger area of your car. In the event of a crash or even a sudden stop, they can become a projectile and cause injuries to you or a passenger. Even smaller objects can cause serious injuries to children. It's always safer to store them in the trunk, in the case of a minivan or SUV, in the well behind the back seat. [COURTESY PHOTO]

Jerusalem Road reported identity theft.

Wednesday, April 5

12:09 a.m.: Carbon monoxide alarms were reported at a new house on Beach Street. No smoke or fire was reported, but the caller couldn't shut the alarms off. Fire personnel reported positive carbon monoxide readings, but no one on scene was symptomatic. The house was ventilated and the heating shut down. The homeowner was advised to call for service.

1:16 a.m.: A carbon monoxide alarm was reported on Jerusalem Road. Personnel reported the activation was due to a faulty detector, and there were no readings in the house.

1:35 a.m.: A suspicious vehicle was reported on North Main Street at Rocky Lane. A party was sleeping in the vehicle, and a parent was contacted to retrieve the vehicle.

5:16 a.m.: A carbon monoxide alarm was reported on Jerusalem Road. The homeowner met fire personnel in the front yard and stated he did not want them to make entry because it was likely due to the faulty detector from earlier.

6:48 a.m.: A two-car motor

vehicle accident was reported near Good Sport on King Street. No airbag deployment or injuries were reported. A wrecker was called for one disabled vehicle.

11:30 a.m.: Police and animal control assisted an animal owner on King Street with a sick and aggressive dog.

11:45 a.m.: Water was reported leaking from the ground on Jerusalem Road, possibly due to a water main break. The Cohasset Water Department also reported dropping pressures. The water department responded and reported 10 homes would be without water while the main was being repaired.

12:07 p.m.: A sprinkler flow alarm was reported at Colonial Way Realty Trust on Stagecoach Way. No smoke or fire was reported. The panel was reset; it had been activated from the water main break on Jerusalem Road.

4:32 p.m.: A walk-in reported identity theft.

7:14 p.m.: A low-hanging wire was reported on Surry Drive. Personnel reported no hazard. Comcast was notified.

Thursday, April 6

10:57 a.m.: A fire alarm was reported at a residence on South Main Street. Fire personnel reported nothing showing. The alarm had been set off by dust from workers on scene.

3:13 p.m.: A general fire alarm was reported at a residence on Sheldon Road. The alarm company reported

painters on scene set off the alarm.

5:51 p.m.: A passerby reported smoke in the area of Grace Drive. Fire personnel reported it was steam from a vent system.

7:27 p.m.: A caller reported the railroad crossing bars at the MBTA rail crossing on King Street kept going up and down and now are staying down. Police reported the issue may be due to the storm, and the MBTA was notified.

9:14 p.m.: A manhole cover was reported sticking up 45 degrees near Curtis Liquors on Chief Justice Cushing Highway. The plate reportedly pops up during heavy rain. The DPW was notified.

Friday, April 7

12:57 a.m.: A suspicious vehicle was reported on Avalon Drive with an open trunk and hazards blinking. Police spoke to the owner, who accidentally left the hazards going and the doors open.

3:53 a.m.: A general fire alarm was reported on Chief Justice Cushing Highway. No smoke or fire was reported.

11:45 a.m.: A motor vehicle crash was reported near Scituate/Cohasset line. Police reported it sounded like it was coming from Scituate. Scituate got a call from the Scituate Gun Club stating it wasn't them.

3:43 p.m.: A motor vehicle crash was reported near Curtis Liquors on Chief Justice Cushing Highway. A female party hit a pole. No airbag deployment or injuries were reported. National Grid was notified for the pole, but it appeared undamaged. Scituate Collision responded for two vehicles.

6:41 p.m.: A caller reported a tan sedan parked at Paul Pratt Library on Ripley Road with a man inside with car using a laptop. Police were unable to locate the vehicle.

Saturday, April 8

9:49 a.m.: A caller requested a well being check on a male party they had been texting who had made suicidal remarks. The caller was in Rhode Island and had been unable to reach any family members. Police responded and reported the party checked out.

7:53 a.m.: A caller reported a female party fell off a bicycle on Jerusalem Lane at Jerusalem Road and was injured.

12:19 p.m.: A tree was reported hanging on a wire on Whitehead Road. Police reported no hazards. Verizon

was notified and stated they usually don't respond until the DPW removes the tree.

1:41 p.m.: Traffic was reportedly backed up at the MBTA rail crossing on King Street because the gates were down and lights flashing. The MBTA was contacted and reported there was an approaching train.

1:45 p.m.: A front door and interior motion alarm was reported at Strecker Eye Center on Chief Justice Cushing Highway. Police reported a patron had opened the door, which was unlocked, and went to the store next door when the alarm was set off. The owner was contacted, and officers secured the building.

1:50 p.m.: An inside odor of gas was reported on Avalon Drive. The caller was calling for their parents and stated the father returned home and fixed the issue. National Grid was notified. Personnel reported there was a problem with the stove and shut gas off to the stove. Management was notified to have the stove repaired.

2:15 p.m.: Two officers checked the area of Chief Justice Cushing Highway after Scituate police reported gunshots on the Scituate/Cohasset line. Police reported it sounded like it was coming from Scituate. Scituate got a call from the Scituate Gun Club stating it wasn't them.

3:43 p.m.: A motor vehicle crash was reported near Curtis Liquors on Chief Justice Cushing Highway. A female party hit a pole. No airbag deployment or injuries were reported. National Grid was notified for the pole, but it appeared undamaged. Scituate Collision responded for two vehicles.

6:41 p.m.: A caller reported a tan sedan parked at Paul Pratt Library on Ripley Road with a man inside with car using a laptop. Police were unable to locate the vehicle.

Sunday, April 9

1:12 a.m.: A caller reported an injured deer in the area of Forest Avenue. Police stated the deer had been put down, and a message was left for the DPW to have the deer removed.

7:53 a.m.: A caller reported that a blue Jeep hit a wall on Jerusalem Road and was going toward Hull. Hull police were notified. Norwell police

reported speaking to the vehicle owner, whose son had the car. Fire personnel reported damage to a cable box on Jerusalem Road.

9:24 a.m.: A walk-in reported fraud involving a Craigslist scam.

12:27 p.m.: A smoke detector issue was reported on Hemlock Way. Fire personnel reported nothing showing and reset the system.

12:28 p.m.: A caller reported she was out walking in Wheelwright Park on North Main Street and encountered a man who made her feel out of place. The man was of Asian descent and had a small dog with him. He reportedly made strange comments to the caller, and his dog was aggressive toward her dog.

12:47 p.m.: A caller reported an outside odor of gas on South Main Street. Fire personnel reported a faint odor by the storm drain and notified National Grid.

3:34 p.m.: A smoke detector activation was reported on Pleasant Street. No smoke or fire was reported, but the system was reset prior to fire personnel arrival.

4:24 p.m.: A caller reported an older golden Lab with injured back legs on Beach Street. While the caller was on the phone, the dog's owner was discovered. The caller stated they could hold onto the dog for a day. A message was left for the Tri-Town Animal Control officer.

6:25 p.m.: A suspicious motor vehicle was reported at the Cohasset Swim Center on Sohler Street. Police reported it was a mother waiting for her son at the batting cages.

10:01 p.m.: An outdoor odor of gas was reported on Beechwood Street at King Street. Personnel reported nothing showing and no odor of gas in the area.

11:31 p.m.: A caller reported hearing a party go into the water at Border Street Bridge on Border Street. There was a motor vehicle in the area, and parties appeared to just have underwear on. The caller's husband went to talk to the them. The parties got into a Jeep and left the area before police arrival.

ON STAGE

Summer Theatre Workshop auditions slated

Cohasset Dramatic Club's (CDC) 2017 Summer Theatre Workshop Program will feature two musical productions including "Once Upon a Mattress" for youth ages 8-13, and "The Wedding Singer" for young adults ages 14-21.

"Once Upon a Mattress" registration for youth ages 8-13 who have completed third grade, will be held on Friday, May 19th from 5 to 7 p.m. at the Cohasset Town Hall Theater, 41 Highland Ave. Program details are available at: cohassetdramaticclub.org. This program is produced in partnership with the Cohasset Recreation Department.

Public performances take place Friday, July 21 at 7 p.m., Saturday, July 22 at 4 p.m. and Sunday, July 23 at 2 p.m.

"The Wedding Singer" auditions for young people ages 14-21 will be held on Tuesday and

Wednesday, May 30 and 31 at 7 p.m. at the Cohasset Town Hall Theater on the common. Registration takes place once auditions and casting are completed.

Audition requirements and details can be found at: cohassetdramaticclub.org. Performances for The Wedding Singer take place on July 27, 28 and 29 at 7:30 p.m. and Sunday, July 31 at 2 p.m.

General Admission tickets are \$15 each and are available, by reservation at 617-922-0280, or at the door one hour prior to each performance. All performances take place at the air-conditioned Cohasset Town Hall Theater. Additional information and links for online registration forms and audition access are available at: cohassetdramaticclub.org, under Youth Summer Theatre Workshops.

For questions: info@cohassetdramaticclub.org

HOLLY HILL

South Shore Quests begin at Holly Hill

Holly Hill Farm is located at 236 Jerusalem Road. For information: 781-383-6565; hollyhillfarm.org.

SOUTH SHORE QUESTS: HIKING HOLLY HILL FARM

April 15 through Nov. 15. Questing is an educational treasure hunt and an outdoor experience that involves following a map and a series of clues to find a hidden box where you sign the guest book, leave your comments and an imprint of your personal stamp (if you have one). South Shore Quests are a great way to enjoy nature by turning a walk into a treasure hunt. Get your exercise while exploring wildlife and plants, learn a bit of geology and/or history in the bargain! Allow one hour to complete the Holly Hill Farm Quest through the farmyards and trails of surrounding woods. Quest books, \$5, and maps of the farm, \$3, are available for purchase in the Friends of Holly Hill Farm Office. Boots are recommended footwear. A full list of other quest locations can be found on southshorequests.org.

APRIL VACATION WEEK — SPRING FARM FUN: From 9 a.m. to noon April 18-20. Holly Hill will soak up the sights and sounds of all that is awakening on the Farm. We will visit the animals, sow seeds, explore the woods and even make compost. You will have a chance to participate in the beginning of a new growing season on our organic farm. The event is for ages 6-10. Cost: \$40 per day for members, \$52 per day for nonmembers. For all three days, \$120 for members, \$156 for nonmembers. Register by calling the farm at 781-383-6565 or emailing Jon Belber: jbelberhollyhill@hotmail.com.

EARLY PLANT SALE: 10 a.m. to 4 p.m. April 22-23. Open to all, Holly Hill Farm's Early Plant Sale will have strong, healthy, organically grown seedlings for sale. Featuring only the crops ready for the cool weather days of April and early May, such as broccoli, kale, leeks, onions, scallions, Swiss chard, lettuce, cauliflower, snow and sugar snap peas, plus Sweet Alyssum and edible Johnny Jump-Up flowers. Seed packets, soil and amendments, too. Farm Manager Jasmin may have some new and unique varieties ready for purchase during the sale. We accept cash, checks or credit/debit.

MIGRATING SONGBIRD WALK WITH SALLY AVERY: 8-10 a.m. May 6. Join locally renowned birding expert and enthusiast Sally Avery for "Spring Birding" in the woods and trails at Holly Hill Farm. Avery has

led numerous tours for Mass Audubon, as well as for the Friends of Holly Hill Farm. She has a local and statewide following who delight in her expertise and program presentation. Bring good walking shoes and keen ears and eyes as we delight in this lovely rite of spring. Free to all, but registration is encouraged. Rain or shine, unless heavy rainfall.

ASPARAGUS FARM TO TABLE DINNER: 6-10 p.m. May 20. Join us for our annual Asparagus Dinner with Chef Maryann Saportto from Holi! Marshfield, who will take advantage of the early season farm offerings to prepare a five-course prix fixe menu. \$125 per person for Friends of Holly Hill Farm members, \$150 per person for nonmembers. Wine and beer pairings are included. Evening includes a tour of the asparagus field to understand how this perennial crop is organically grown and harvested. Proceeds will support educational programs at the Farm and at local schools. Kindly email or call to reserve seating. You may purchase tickets from our website, hollyhillfarm.org.

FALL FARM TO FOOD PANTRY COMMUNITY SERVICE FOR TEENS: The Farm to Food Pantry Program is for teenagers ages 13-18. Please contact us if you wish to complete your community service requirements at Holly Hill Farm while learning valuable growing and harvesting skills to last a lifetime. We will deliver produce to local food pantries come harvest time. Contact Education Director Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com.

SCHOOL FIELD TRIPS: Consider booking your grade level field trips to Holly Hill Farm. Weather permitting, we will book trips beginning in late March. We have guided tours and hands-on experiences for preschool aged children through high school. Contact Jon Belber, education director, at 781-383-6565 or jbelberhollyhill@hotmail.com.

SCHOOL PARTNERSHIPS: Recently, the farm teachers at Holly Hill Farm were at Hingham High School pouring over their 13 compost bins. Many bins needed turning and mixing. As part of their celebration and active learning for green week, the students helped sift finished compost to add to their garden beds in the courtyard, where they also sowed seeds. Soon, the teachers will investigate some vermicompost bins from the Hingham second-grade classrooms in hopes of also finding good vermicompost to help enrich their outdoor gardens and then sow seeds. Spring is upon us.

CONSERVATORY NOTES

ARTS matter

ADVOCACY DAY MAR 28

Paramount Center
559 Washington St, Boston

State House
24 Beacon St, Boston

9AM-3PM

On March 28, more than 600 Massachusetts arts administrators, students, educators and patrons joined together for MASSCreative's Arts Matter Advocacy Day.

Making case for importance of the arts in Massachusetts

By Michael Busack

For many American arts organizations, 2017 is a time of some trepidation and uncertainty. The new administration looks to cut federal arts and culture funding, which supports hundreds of causes across the country.

On March 28, more than 600 Massachusetts arts administrators, students, educators and patrons joined together for MASSCreative's Arts Matter Advocacy Day to support and build awareness for the need for state funding for the arts. The group gathered at Emerson College's Paramount Theater to share storytelling and advocacy skills before marching through the Boston Common to the State House to meet with legislators to advocate for arts issues and funding.

Standing in a theater full of people was simultaneously emotional and empowering. A bit like a family reunion, we were side-by-side with many familiar faces who have been touched by the arts. A lot of us have dedicated our lives and careers to arts organizations and causes. We filled the room with raucous oratory, moving performance, a lot of hugs, and a few tears.

Looking around the Paramount, I was struck by the reality that the arts contribution to our communities is enormous. In a community with a vibrant arts scene, citizens have an accessible way to

communicate with one another, across barriers of culture, race, class, and education level. It's both how we process the complex world around us, and how we project our emotions and ideals to the larger society. The arts reflect societal trends and shapes them.

When you live in a community, such as ours, where the arts are valued, your students have access to stronger and balanced educations.

addition, the industry supports 4.1 million jobs and generates \$22.3 billion in government revenue. In my book, that's a substantial impact on our economy!

Because we see the crucial need for and the incredible impact of the arts every day, talking to our legislators is something we in the arts are familiar with doing. At South Shore Conservatory we see the impact in the student with cerebral palsy who now has channels to communicate better with his family and world around him because of his music therapy. We see it in the student who receives full financial aid to provide access to an arts education that will allow her to attend the college of her dreams and become a future leader in our society. And we see it when we gather together, republicans and democrats, black and white, young and old, gay and straight, to share in the joy of a concert. For that short moment the barriers that divide us are down and we are far more similar than different.

We hope that those who recognize the importance of the arts in our everyday lives, help keep this conversation going. In my view, music and the arts are not a want to have, but a need to have. To learn more about how you can help ensure the arts stay in Massachusetts, visit: mass-creative.org.

Michael Busack is South Shore Conservatory's Senior Director of External Affairs.

SAVE THE DATES

'Legally Blonde Jr.' on the Cohasset stage

Cohasset Youth Theatre (CYT) in its second year of partnering with Cohasset Recreation Department on a spring musical theatre production for teens/young adults, presents "Legally Blonde Jr." with a cast of 32 teens/young adults from around the South Shore.

"Legally Blonde, Jr." follows the transformation of Elle Woods as she tackles stereotypes, snobbery and scandal in pursuit of her

dreams. When Elle's high school boyfriend, Warner, dumps her and heads to Harvard claiming she's not "serious" enough, Elle takes matters into her own hands, cramming for better test scores and crafting a showy personal essay to gain admission to law school.

Elle ultimately finds that books and looks aren't mutually exclusive, as she begins outsmarting her peers, realizing that law

may be her natural calling after all.

Public performances take place Friday, April 28 and Saturday, April 29 at 7:30 p.m. at the Cohasset Town Hall stage.

General Admission tickets are \$15 each and are available at the door one hour prior to each performance. Cash or check are accepted. Additional information is available by contacting: Lisa Pratt lisapratt@gmail.com.

Legal Notices

ZBA 88B BEECH ST. LEGAL NOTICE TOWN OF COHASSET ZONING BOARD OF APPEALS

A public hearing will be held at the Town Hall on Wednesday, May 3, 2017 at 7:45PM to hear and act upon an application for a SPECIAL PERMIT and/or VARIANCE pursuant to Section 8.7.2, 9.11 and 9.7.6 or 5.3.1 and to Section 12.5 and 5.3 and any further relief as the Board deems appropriate. The applicant, Attorney Jeffrey A. DeLisi, on behalf of his clients, Donald P. and Elyse M. Ryan of the Ryan 88B Beach Street Trust, u/d/d dated January 5, 2017, seeks to raze and reconstruct existing dwelling and detached accessory structure at 88B Beech Street. According to the application on file in the Town Clerk's Office, File #17.02.21. This hearing is the result of a postponement of March 14, 2017.

Please note that the advertised times may not match the times on the agenda.

AD#13552600 Cohasset Mariner 4/14, 4/21/17

Looking to Get Fit This Year?



Find a personal trainer.

Check out the Service Directory in Community Classifieds today. From therapists and trainers to landscapers and painters, the service directory is the best service to find local professionals.

communityclassifieds To place an ad call 1-800-624-SELL

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*See website for details. **See printed warranty for complete details.

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- Over 13,000,000 Windows Sold
- Locally Operated
- Licensed, Insured and Lead-Safe Certified
- Industry's Strongest Lifetime Limited Warranty**
- ENERGY STAR® Retail Partner
- Good Housekeeping Seal®
- Leading Edge, High-Performance Products
- Clearly Itemized Guaranteed Low Price

*See website for details. **See printed warranty for complete details.

Window World

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Don't Trade in your Chance to Give.

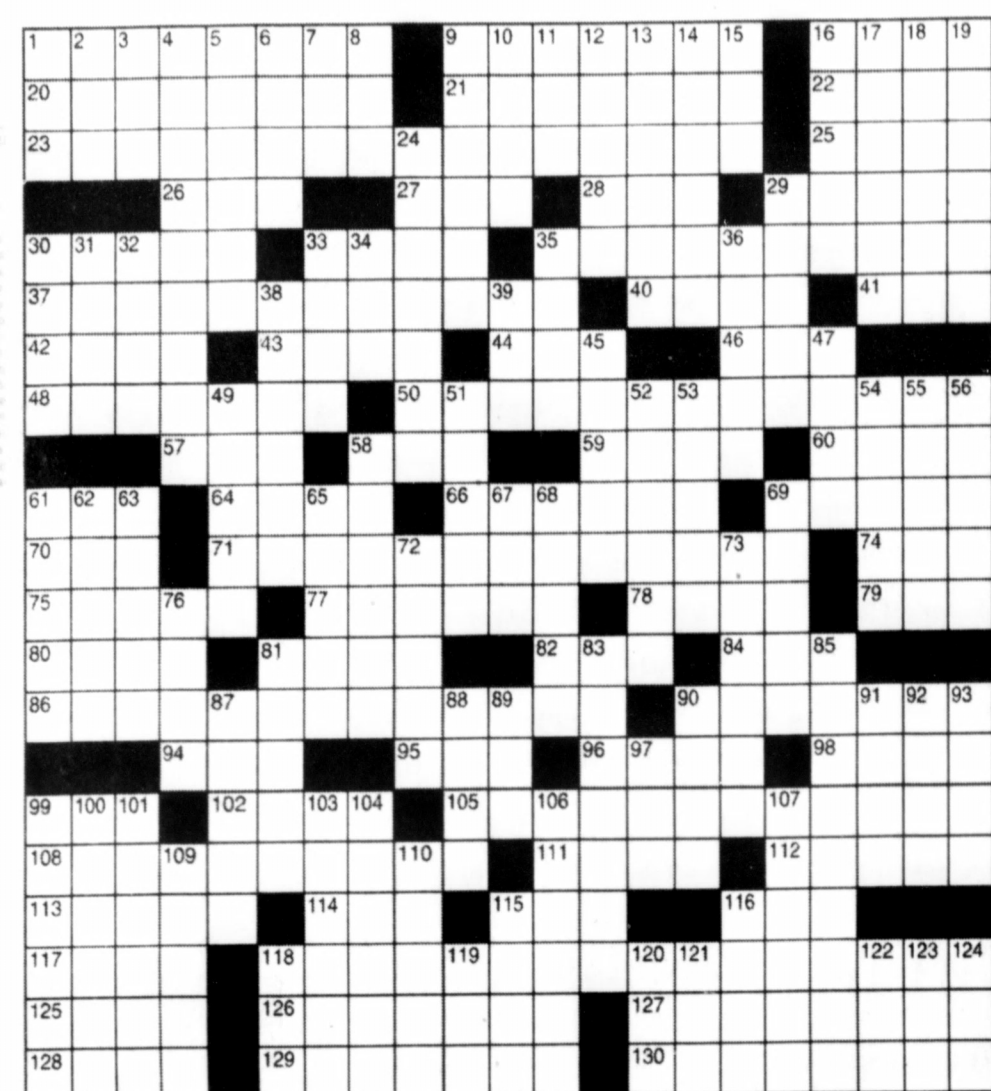
Donate your unwanted vehicle to Special Olympics Massachusetts.

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1-800-590-1600 | www.RecycleforGold.org

PUZZLES

Crossword • SPLITTING THE LAND



ACROSS

1 Bullfight
9 Taft or Taft
16 Artistic work
20 Natural balm
21 Pundit
22 One of four on a diamond
23 Lightning rod
24 One paying dues: Abbr.
25 Photo, e.g.
26 Parity
27 Chant
28 One paying dues: Abbr.
29 Photo, e.g.
30 Pop or jazz
31 Like much deep-dish pizza
32 Roadwork marker
33 Throat with force
35 Biblical
37 Like much deep-dish pizza
38 Roadwork marker
39 Name a price
40 Arctic slab
41 Pretty picture
42 Roadwork marker
43 Moles of "Rapa Nui"
44 Name a price
46 Shaming cluck
48 Gleeful laugh

50 Remotely
57 Old TV's
58 Zee
59 City just west of Sparks
60 Former coin of Italy
61 The norm
64 Orem's place
66 — Marcus (high-end retailer)
69 Male and female
70 Org. for cavity fixers
71 Korea, e.g.
73 Like much deep-dish pizza
74 Horace work
75 Numbers on clothing tags
77 Apprehend
78 Sub in a deli
79 Melon "yes"
80 First-time driver, often
81 SI mass unit
82 Apt., e.g.
84 Market works
86 Old Broke
87 Shields sitcom
90 "Good gonn", kid!

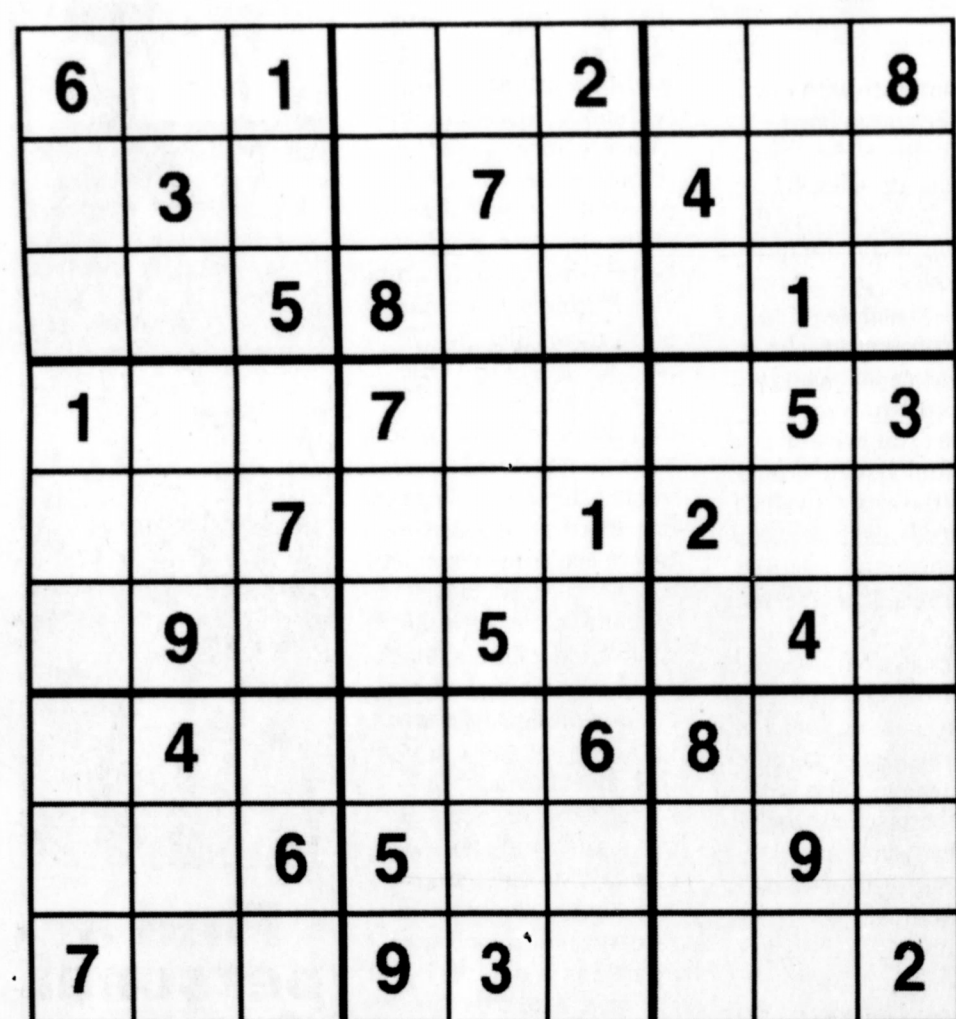
94 Egg opener?
95 R-V link
96 With 8-Down and 113-Across, big Baja resort
98 City east of Wichita
99 Peculiar
102 AFB truant
105 Earthworm
108 Verdant spot in an urban area
111 Hits hard
112 An inert gas
113 See 96-Across
114 Archaic verb
115 Stifle legally (or any of eight lands)
116 Back-to-sch.
117 Kuwaili VIP in this
118 Social networks or video games
125 Uncouthness
126 Virgin Mary's mother: Abbr.
127 Groups of spreadsheet figures
128 Went hastily
129 Kitchen scours
130 Kind of

2 Cry at 1-Across
3 Actor Paillo
4 Ones crying
5 Daughter of Donald Trump
6 Test version
7 Onassis' nickname
8 See 96-Across
9 In a kind way
10 Investments for later yrs.
11 Hoopster
12 Leo Delibes
13 Covered with foliage
14 Creature
15 Dude
16 First lady
17 — party (sleepover)
18 Applications
19 Tennis great
20 Williams
24 Beel up
28 That is, to
30 Livy's 1,300
31 "This looks very bad"
32 Relating to China: Prefix
33 Wash (down)

34 Uncle Sam's land
35 Rural ascent to a lady
36 "That's a lie"
38 Italian ice creams
39 China's — tzu
45 Merited fate
47 Frilly veggie
48 Sounds upon impact
51 Zellweger of the screen
52 Video game losses
53 Navel variety
54 Watergate
55 Belief
56 Having rapid rotation
61 Histories
62 "Goodbye"
63 Tore down
67 Pub
68 IV part
69 Sty noise
72 Smelly residue
73 One elocuting
76 Within: Prefix
81 Is sure about
85 Spellbind

85 Like Keelung residents
87 Dole riding Buttermilk
88 — Reader (quarterly digest)
89 Anna of fashion
90 Basics
91 Audacious
92 Roll topping
93 Knitter's ball
97 It spits out moola
99 Leaning sorts
100 Solist, as business
101 Opt
103 Receptive regarding
104 Café lures
109 Dog —
110 Cul-rare
115 Wedding ring
116 Prefix with capital
118 Mag. edition
119 Virasid material
120 Cruel Amin
121 Atlas vehicle
122 Wildcat's lair
123 "FWIW" part
124 Enzyme ending

Sudoku



Level: Moderate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Magic Maze • DOCUMENTS

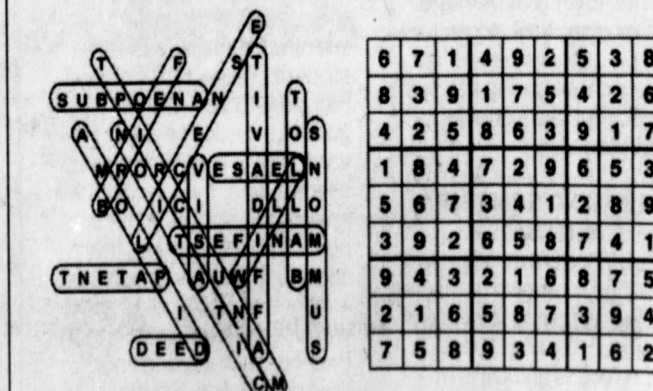
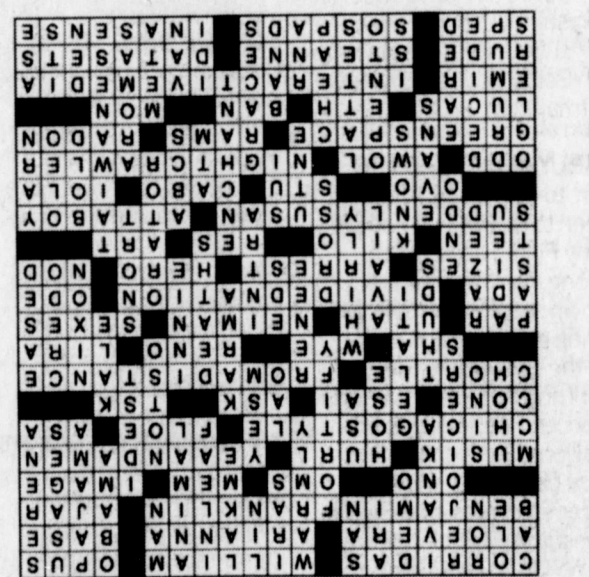
P R O L J G D A X V E S P N K
I F T C A X F V S S T Q O L J
S U B P O E N A N H I E T C A
X A T N I V T E R P V N O S L
J H M R O R C V E S A E L N F
D B B O O I C I Y X D L L O V
T R P O L P T S E F I N A M M
T N E T A P S A U W F K B M I
G E D B Z X I S T N F W U U T
R Q O N D E E D A I A L J S I
G F D C A Y X W V P C M T S R

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Affidavit	Deed	Manifest	Summons
Ballot	Diploma	Manuscript	Visa
Brief	Lease	Patent	Will
Citation	License	Subpoena	

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SOLUTIONS



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HOROSCOPE

Salome's Stars

ARIES (March 21 to April 19) The Lamb loves to be surrounded by flocks of admirers. But be careful that someone doesn't take his or her admiration too far. Use your persuasive skills to let him or her down easily.
TAURUS (April 20 to May 20) This is a good time to begin setting far-reaching goals and connecting with new contacts. Aspects also favor strengthening old relationships — personal and/or professional.
GEMINI (May 21 to June 20) A personal disappointment should be viewed as a valuable learning experience. Go over what went wrong and see where a change in tactics might have led to a more positive outcome.
CANCER (June 21 to July 22) Don't leave projects unfinished or personal obligations unresolved, or you might find yourself tripping over all those loose ends later on. A relative has important news.
LEO (July 23 to August 22) Expect a challenge to the usual way you do

things. Although you might prefer the tried-and-true, once you take a good look at this new idea, you might feel more receptive to it.
VIRGO (August 23 to September 22) Much work has yet to be done to polish a still-rough idea into something with significant potential. Expect to encounter some initial rejection, but stay with it nonetheless.
LIBRA (September 23 to October 22) There still might be some communication problems in the workplace, but they should be resolved soon. Meanwhile, that "tip" from a friend should be checked out.
SCORPIO (October 23 to November 21) A new relationship appears to need more from you than you might be willing to give right now. Best advice: Resist making promises you might not be able to keep.
SAGITTARIUS (November 22 to December 21) That restless feeling encourages you to gallop off into a new venture. But remember to keep hold of

the reins so you can switch paths when necessary.
CAPRICORN (December 22 to January 19) A demanding work schedule keeps the high-spirited Goat from kicking up his or her heels. But playtime beckons by the week's end. Have fun. You earned it.
AQUARIUS (January 20 to February 18) You're beginning to come out from under those heavy responsibilities you took on. Use this freed-up time to enjoy some much-deserved fun with people close to you.
PISCES (February 19 to March 20) Before you get swept away by a tidal wave of conflicting priorities, take time to come up for air, and reassess the situation. You might be surprised by what you'll find.
BORN THIS WEEK: Your leadership qualities are enhanced by a practical sense of purpose that keeps you focused on your goals.

CALENDAR

HOW TO SUBMIT

Event information can be input online by following the directions at the bottom of this page, sent by email to scalendar@wickedlocal.com or sent by fax to 781-837-4543. Listings must be submitted at least two weeks prior to the event. Photos should be a jpeg with a resolution of at least 200 dpi and no smaller than 3x5 inches in size. For more information call 508-591-6623.



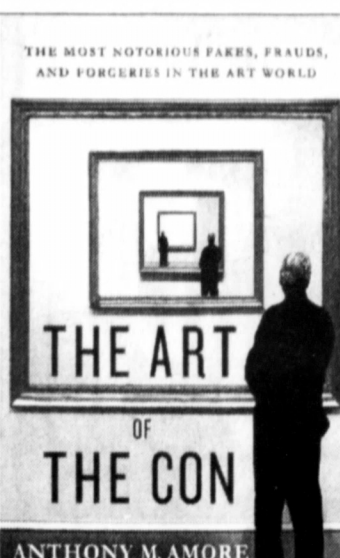
Mystical Misfits to perform at Coffeehouse off the Square April 15

WHEN: 8 p.m., Saturday, April 15
WHAT: Mystical Misfits to perform at Coffeehouse off the Square in Hingham
INFO: Mystical Misfits at Coffeehouse off the Square, Old Ship Parish House, 107 Main St., Hingham. Open mic 8-8:30 p.m., followed by concert by the band: Mark Pelletier on lead vocal.

Ari Reuman on drums and South Shore natives Kyle Stephens and Bob Hawes on bass and lead guitar. Admission \$15 at the door and desserts and beverages are \$1. Volunteers (free admission) are always welcome. For information: 781-749-1767, www.oldschiphurch.org/coffeehouse-off-the-square.html.

Anthony Amore to give author talk at Hingham Library

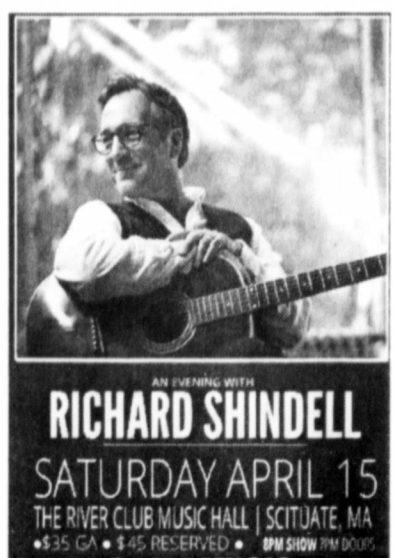
WHEN: 3 p.m., Saturday, April 15
WHAT: Author talk by Anthony Amore at Hingham Public Library
INFO: Author Anthony Amore to visit Hingham Public Library, 66 Leavitt St., Hingham. Amore will talk about his book, "The Art of the Con: The Most Notorious Fakes, Frauds and Forgeries in the Art World."



Amore is the director of security and chief investigator at the Isabella Stewart Gardner Museum, where he is charged with the ongoing efforts to recover 13 works of art stolen from the museum March 18, 1990. For information: 781-741-1405, www.hinghamlibrary.org.

Richard Shindell to play at River Club Music Hall

WHEN: 8 p.m., Saturday, April 15
WHAT: Richard Shindell to perform at River Club Music Hall in Scituate
INFO: Richard Shindell, River Club Music Hall, 78 Border St., Scituate. An expatriate New Yorker now living in Argentina, Shindell is currently on tour



in support of "Tomorrow You're Going," a collection of cover songs under the name of The Pine Hill Project with Lucy Kaplan-Sky and produced by Larry Campbell. Tickets \$35/\$45. For information: 339-236-6786, theriverclubmusicall.com.

CALENDAR

Send your event information by email to scalendar@wickedlocal.com. Listings information must be submitted at least two weeks prior to the event. Please include the time, date, location, street address and town of the event. If possible, provide a contact phone number and website.

Friday, April 14

Art exhibit: through May 5, Ventress Memorial Library, 15 Library Plaza, Marshfield. North River Arts Society presents a series of 24 photographs by Jim Curran entitled, "Exploring the Outdoors." Hours are 9 a.m. to 8 p.m. Monday-Thursday and 9 a.m. to 4 p.m. Friday and Saturday.

Books & Bubbles: 11:30 a.m., Norwell Public Library, 64 South St., Norwell. Led by the children's librarian, featuring nursery rhymes, songs, bounces, and bubbles. The program is geared to toddlers, but older and younger siblings (including babies) are welcome. For information: 781-659-2015, norwellpubliclibrary.org.

Good Friday Walk: 7:20 a.m., starting at Plymouth River School in Hingham. Walk anywhere from 2.5 miles to 15 miles. For sponsor forms, contact Dorothy at Sharing Inc. at 781-843-1676. For information: www.WalkingOnGoodFriday.org.

Groove Doctors: 8 p.m., Next Page Cafe, 550 Broad St., Weymouth. For information: 781-340-1300, thenextpagecafe.com.

Hazardous waste collection: 9 a.m. to 1 p.m., presented by South Shore Recycling Cooperative, April 15, Plymouth DPW, April 29, Hanover Transfer Station; May 13, Kingston Highway Dept. June 10, Hingham/Plymouth River School. June 17, Scituate Highway Dept. For details, including acceptable materials go to ssrecop.info, go to your Town Hall for a flyer, or call 781-329-8318.

Marshfield Winter Farmers' Market: 10 a.m. to 2 p.m., third Saturday, through May, Marshfield Fairgrounds, 140 Main St., Marshfield. Indoors/heated under the grandstands. 30+ vendors of all local produce, eggs/dairy/meats, hot/cold prepared foods, bread/baked goods, home goods, and select artisans. Admission and parking are free, live music. Grounds are stroller and wheelchair friendly. SNAP/EBT accepted with

Author Anthony Amore: 3 p.m., Hingham Public Library, 66 Leavitt St., Hingham. Amore will talk about his book, "The Art of the Con: The Most Notorious Fakes, Frauds and Forgeries in the Art World." Amore is the director of security and chief investigator at the Isabella Stewart Gardner Museum, where he is charged with the ongoing efforts to recover 13 works of art stolen from the museum March 18, 1990. For information: 781-741-1405, www.hinghamlibrary.org.

Scituate Arts Association Art Matters Book Club: 1:30 p.m., 17 Briarwood Lane, Scituate. Participants will explore one of the 20th century's most beloved and renowned artists, Georgia

matching (buy \$20 get another \$20 produce/eggs free). For information: 781-635-0889, www.marshfieldfarmersmarket.com.

Spring walk: 10-11:30 a.m., Wheelwright Park, 202 North Main St., Cohasset. Led by guide Steve Ivas, sponsored by the Hingham Land Conservation Trust. Dress for the weather, wear appropriate walking shoes and take water. Some may want to take a walking stick. For information: www.hinghamlandtrust.org.

Seed Starting Workshop: noon to 4 p.m., Colchester Neighborhood Farm greenhouse, 90 Brook St., Plympton. Learn how to plant vegetable seeds so you get the best results this summer. Organic seeds for sale on site or take your own seeds from home. Workshop cost \$10 which includes organic soil and a flat with 48 cells. For information: shayashi@newenglandvillage.org.

Mad Hatter's Tea Party: 1:30 p.m., Ventress Memorial Library, 15 Library Plaza, Marshfield. Crazy hats are highly encouraged for the Crazy Hat Contest. After enjoying some riddles, tea, and crazy hats, participants will watch the 2010 film adaptation of the novel, "Alice in Wonderland" directed by Tim Burton. Free event. Refreshments provided by the library. For information: 781-834-5535, www.ventresslibrary.org.

Genealogy meeting: 1:30 p.m., John Curtis Free Library, 534 Hanover St., Hanover. April meeting of the South Shore Genealogical Society and the Plymouth County Genealogical Society. The topic of the presentation will be "Forest Hills Cemetery, a Special Place." The speaker is Anthony Sammarco, a noted historian and author of over 60 books on the history and development of Boston. The public is invited to attend this meeting and presentation at no cost.

Abington Garden Club meeting: 1 p.m., Parish Hall of the United Church of Christ, 10 Bedford St., Abington. The film "Life Story of the Black Swallow Butterfly" will be shown and discussed by Kim Smith, garden designer, photographer and filmmaker. In collaboration with Architect Chris Musko from Cambridge Seven Associates, designed the butterfly garden for the award-winning Gloucester Harbor Walk. Luncheon will be served at noon by Shirley Hill and her staff. The public is welcome.

Carole's Comedy Corner: 9 p.m., 3065 Cranberry Highway, East Wareham. Impresario Carole Nelson Salerno, MC Chris Tabb, music by DJ Distracted. Comedians Dave Di Lorenzo, Jerry Caruso and surprise guest spot. Admission for 18+ is \$15. Doors open at 8 p.m. and the show starts at 9 p.m. Beer and wine cash bar will be available for those who are 21+. Soft drinks and snacks are also available. For information: 508-591-3065.

Monday, April 17

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O'Keefe, in "O'Keefe: The Life of an American Legend," a biography by Jeffrey Hogrefe. For those interested in attending, call 781-545-2816.

Divine Mercy Novena: 3 p.m., April 17-21, Chapel of St. Francis Xavier, 236 Pleasant St., South Weymouth. The Regional 2017 Divine Mercy Novena will be prayed Monday-Friday, April 17-21. All are welcome. For information: 781-337-6010.

NAMI caregivers support group: 6:30-7:30 p.m., Vintner's office, 5 Fennell Drive, Weymouth. Presented by National Alliance on Mental Illness, a caregivers support group for those who have loved ones living with mental illness. Facilitators guide the group offering advice and support. Group meets the first and third Monday each month (except legal holidays - meet on Tuesday following holiday). For information: namisouthshore@gmail.com.

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April Vacation Adventures: 9 a.m. to 3 p.m., April 18-21, North River Wildlife Sanctuary, 2000 Main St., Marshfield. Scavenger hunting, seed planting, kite making, bottle rocket launching, and even ice cream making. For kids in grades 1-5, \$75/\$60 member child per day (sign up for any or all days). Field trip included April 19 and 20. Preregister. For information: 781-837-9400, www.massaudubon.org/southshore.

April Vacation Rock Camp: 10 a.m. to 4 p.m., April 18-21, Ellison Center, 64 Saint George St., Duxbury. South Shore Conservatory invites middle and high school singers, guitarists, bassists, keyboardists, drummers and songwriters to jam with friends and learn music with workshops, ensembles, master classes and daily performances. Friends and family are invited to a final performance at the end of the week. For information: 781-934-2731, ext. 11, www.sscmusic.org.

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